

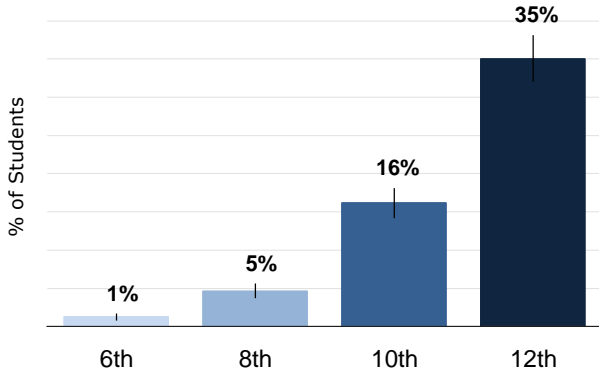


# Youth Alcohol Use for Lake Washington School District in 2016

## Are OUR youth using alcohol?

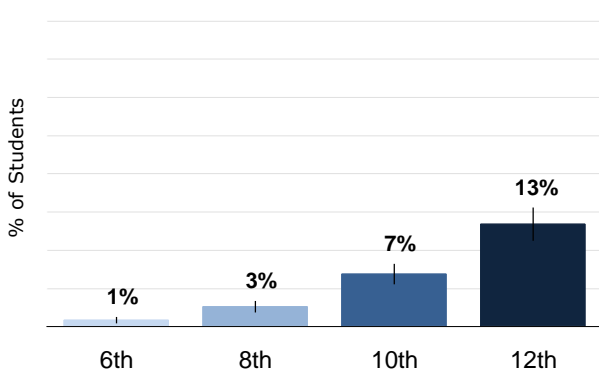
### Current Drinking

Students who report drinking at least once in the past month



### Experimental Drinking

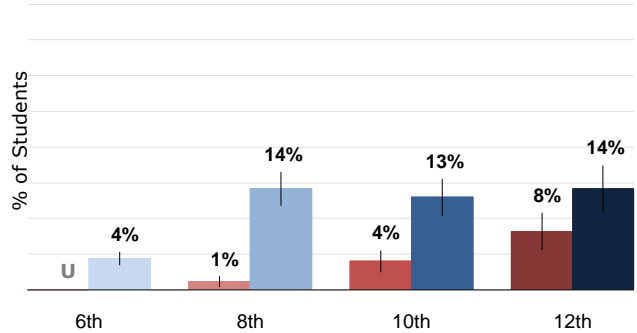
Students who report drinking on 1-2 days in the past month, but no binge drinking



### In a Vehicle

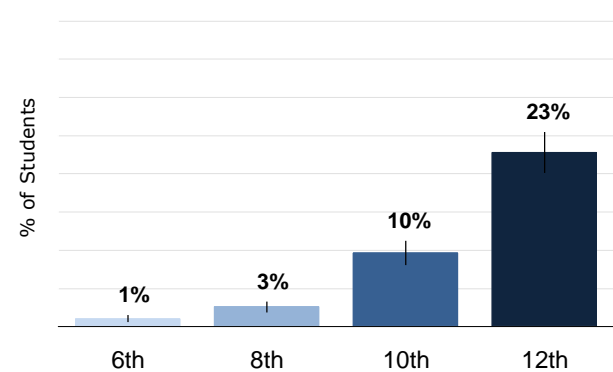
Students who report drinking and driving OR riding with a driver who had been drinking

■ Drove after drinking ■ Rode with drinking driver



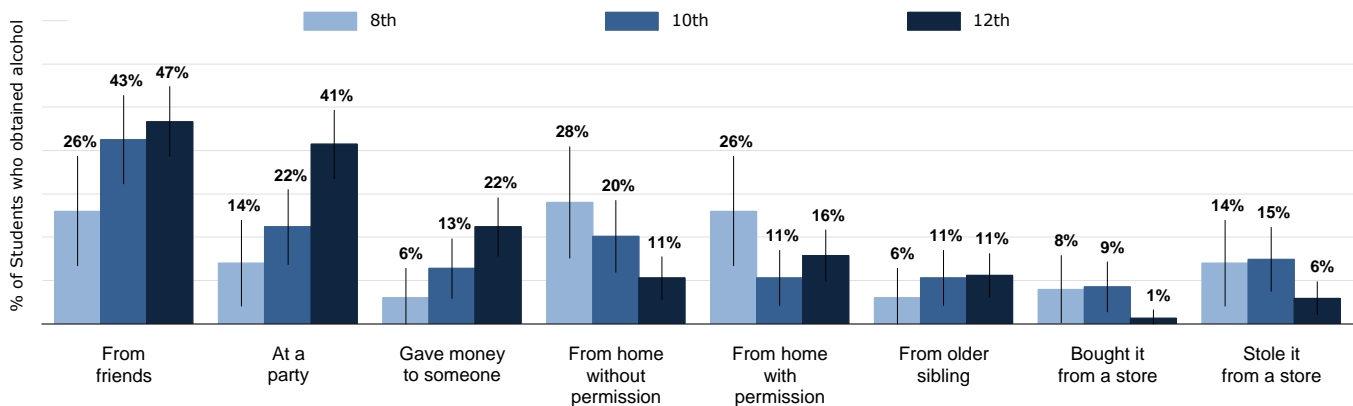
### Problem or Heavy Drinking

Students who report drinking 3 or more days in the past month and/or one or more binge drinking episodes\*



\*Binge drinking is drinking 5 or more drinks in a row in the past two weeks.

## Where Do Youth Get Alcohol?



The percentages in this chart are based on all students who reported getting alcohol in the past 30 days, regardless of whether they reported drinking in the past 30 days. Students could select multiple sources.

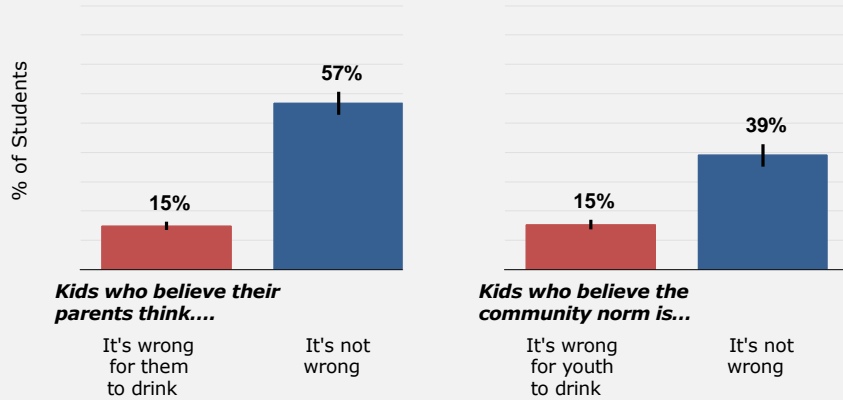
The data in these charts are based on the Healthy Youth Survey conducted in fall 2016. In Lake Washington School District, 2,063 6th graders, 1,835 8th graders, 1,443 10th graders and 975 12th graders completed the survey.

For more results from the 2016 Healthy Youth Survey, please visit [www.AskHYS.net](http://www.AskHYS.net)

# Parents and communities have influence!

**Kids are less likely to drink if they believe their parents or their communities disapprove of youth drinking.**

**Percent of 10th Graders who Drink Alcohol (Statewide)**

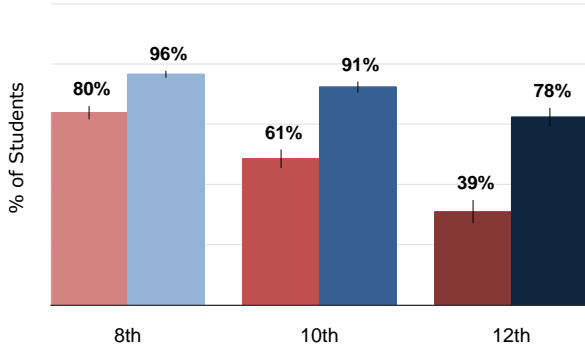


**What does this chart say?**

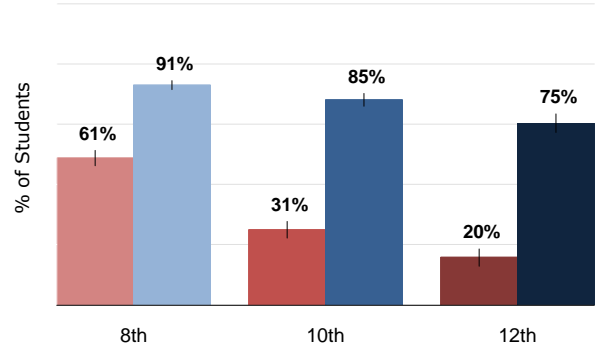
- Only 15% of kids drink alcohol if their parent's think it's wrong, while 57% drink if their parents don't think it's wrong
- 15% of kids drink alcohol if their community thinks it's wrong, while 39% drink if their community doesn't think it's wrong.

## Kids in Lake Washington School District reported that they believe...

■ Parents would catch me if I had been drinking  
■ Parents think youth drinking is wrong



■ Police would catch me if I had been drinking  
■ Community norm is that youth drinking is wrong



## Take action to reduce youth alcohol use!

**Community Members - help reduce youth drinking by making it difficult for them to get alcohol.**

The percent of Lake Washington School District kids who think that it would be easy to get alcohol increases as they get older, from 12% in 6th Grade to 66% in 12th Grade.

**Parents - talk to your kids about the dangers of drinking alcohol.**

The percent of Lake Washington School District kids who said their parents **didn't** talk to them about the dangers of alcohol increases as they get older, from 25% in 8th Grade to 38% in 12th Grade.

**Start the conversation**

**Continue the conversation**

Visit us at: [www.StartTalkingNow.org](http://www.StartTalkingNow.org)

