

Fifth Grade | Adopted Sexual Health Outcomes (Draft)

Topic 1: Anatomy and Physiology

- Understand functions of reproductive systems. (H1.Se1.5)

Topic 2: Growth and Development

- Identify ways to manage physical, social, and emotional changes that occur during puberty. (H7.Se2.5)
- Describe how puberty and physical development can vary considerably. (H1.Se2.5)

Topic 3: Reproduction

- Recognize puberty prepares the body for reproduction. (H1.Se3.5)

Topic 4: HIV Prevention

- Define human immunodeficiency virus (HIV). (H1.Se4.5a)
- Identify methods of transmission and prevention of HIV. (H1.Se4.5b)

Topic 5: Self-Identity

- Describe how media, society, and culture can influence ideas regarding gender roles, identity, and expression. (H2.Se5.5a)
- Promote ways to show respect for all people. (H8.Se5.5)
- Identify trusted adults to ask questions about gender identity and sexual orientation. (H2.Se5.5b)

Topic 6: Healthy Relationships

- Differentiate between healthy and unhealthy relationships. (H1.Se6.5a)
- Explain importance of using social media safely, legally, and respectfully. (H1.Se6.5b)

Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

Standard 2: Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

Standard 8: Students will demonstrate the ability to advocate for personal, family, and community health.

Health education teachers should provide a variety of age-appropriate and grade-level opportunities for students to demonstrate skill development and competency. They should not, however, use the standards to compare students. The standards and outcomes consider differences in cultural norms and access to resources outside of school and include alternative activities to engage students. Health education teachers may modify terminology when implementing the standards to ensure that students understand the concepts. The Health Education Glossary contains definitions for many of the terms used in the standards and outcomes.

