

Fourth Grade | Adopted Sexual Health Outcomes (Draft)

Topic 1: Anatomy and Physiology

- Label medically accurate names for body parts. (H1.Se1.4)

Topic 2: Growth and Development

- Understand physical, social, and emotional changes occur during puberty. (H1.Se2.4a)
- Recognize puberty and physical development can vary considerably. (H1.Se2.4b)

Topic 3: Reproduction

No outcomes adopted at this grade level

Topic 4: HIV Prevention

No outcomes adopted at this grade level

Topic 5: Self-Identity

- Identify how friends can influence ideas regarding gender roles, identity, and expressions. (H2.Se5.4)
- Demonstrate ways to show respect for all people. (H4.Se5.4)

Topic 6: Healthy Relationships

- Describe characteristics of healthy friendships and other relationships. (H1.Se6.4)
- Explain importance of communicating with trusted adults about relationships. (H2.Se6.4a)
- Understand ways family, friends, and peers can have a positive or negative influence on relationships. (H2.Se6.4b)

Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

Standard 2: Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

Health education teachers should provide a variety of age-appropriate and grade-level opportunities for students to demonstrate skill development and competency. They should not, however, use the standards to compare students. The standards and outcomes consider differences in cultural norms and access to resources outside of school and include alternative activities to engage students. Health education teachers may modify terminology when implementing the standards to ensure that students understand the concepts. The Health Education Glossary contains definitions for many of the terms used in the standards and outcomes.

