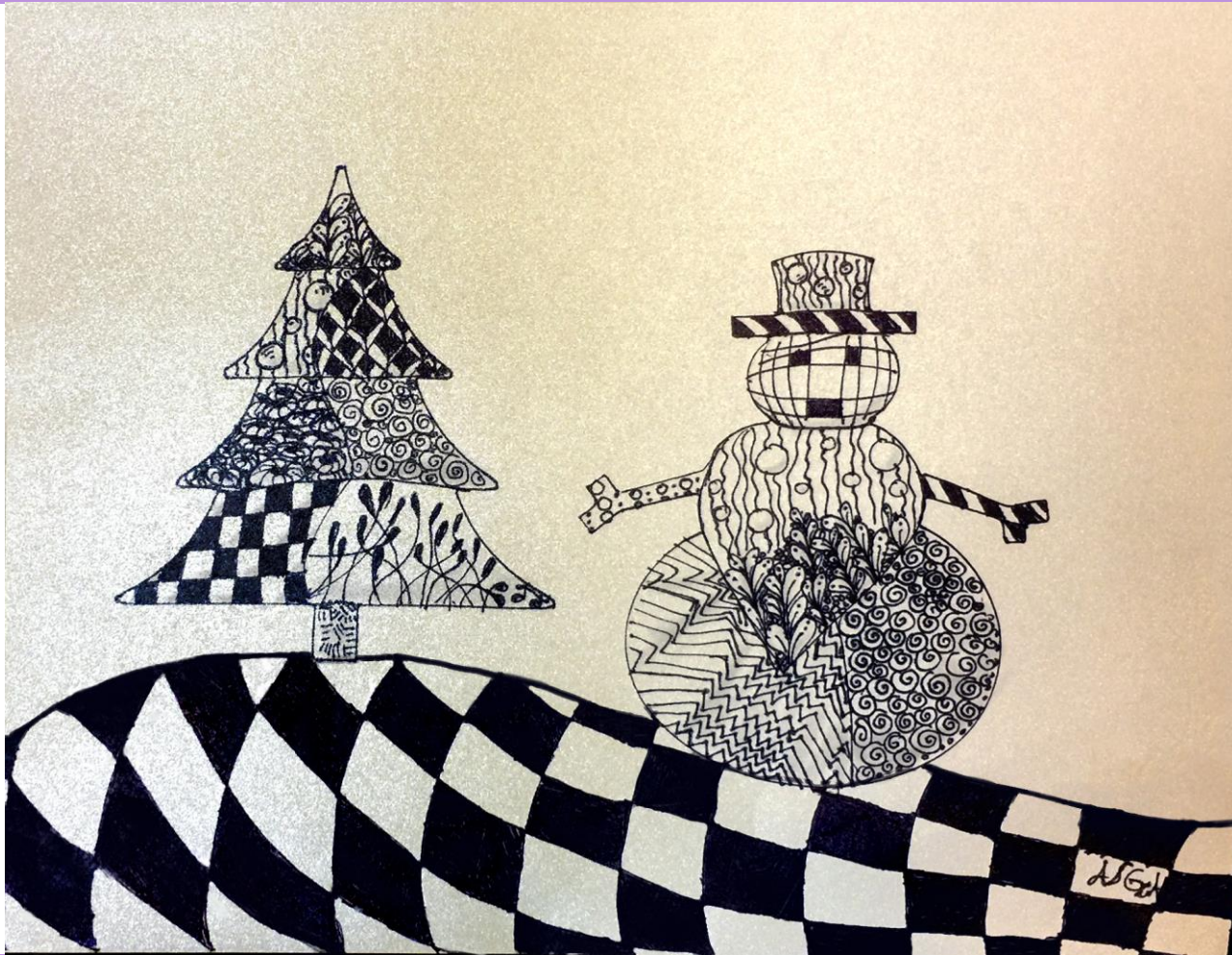


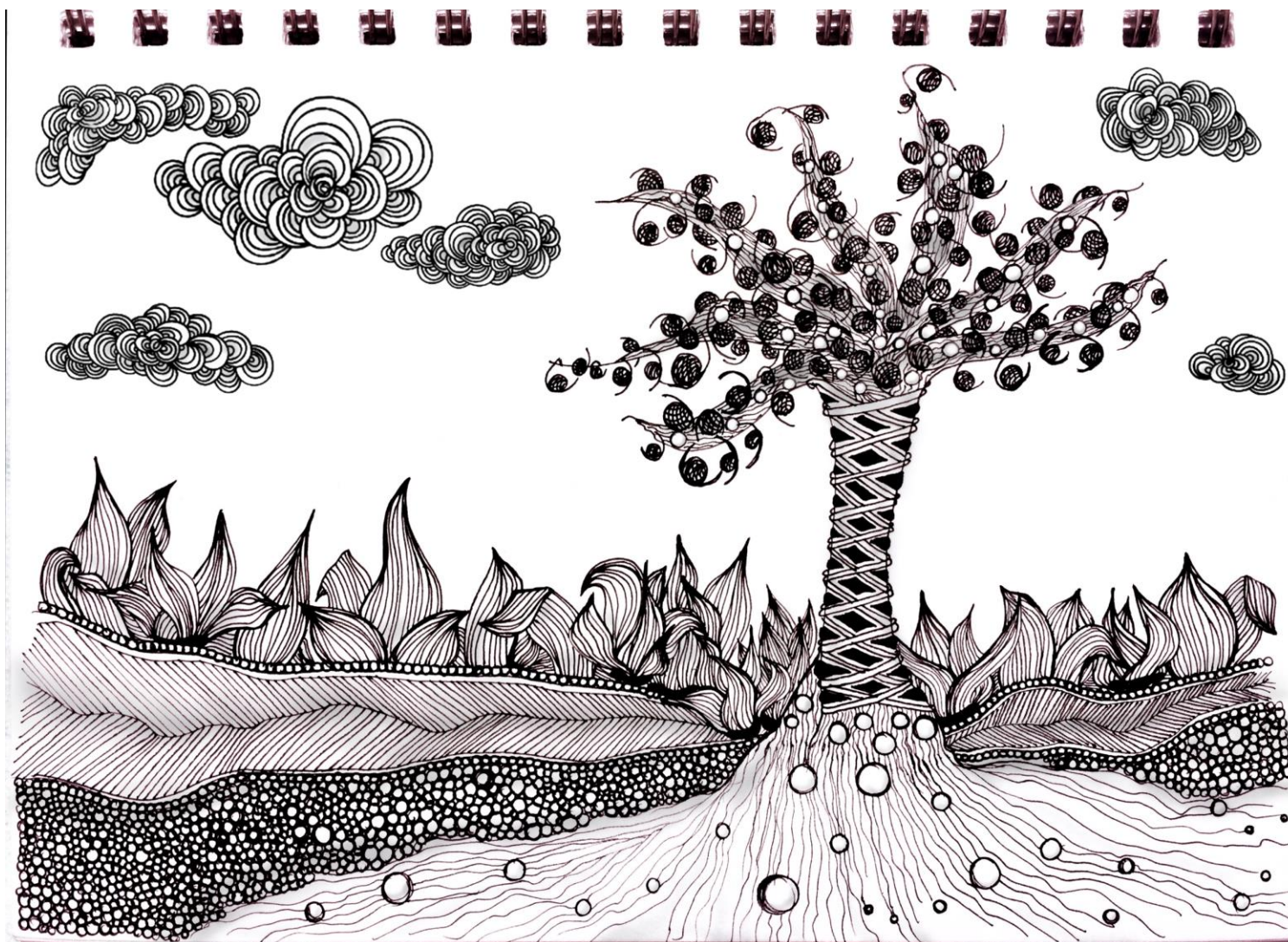
# Grade 5 – Zentangle Winter Scene



Line

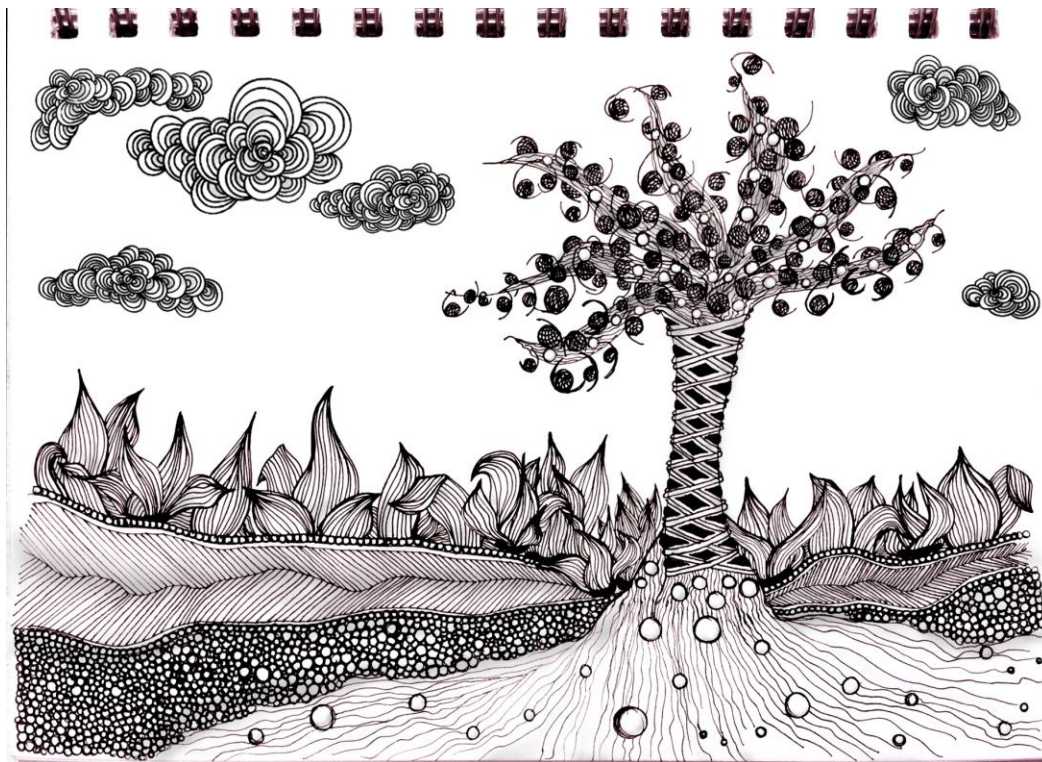


# What do you see?



Above and Below, 2017, Audrey Guidi

# Artistic Focus: Line



Above and Below, 2017, Audrey Guidi

**LINE** is the one-dimensional path of a dot through space used by artists to control the viewer's eye movement; a thin mark made by a pencil, pen, or brush.

## Today's objective:

1. To make many straight and curvy lines that together create a variety of patterns.
2. To create a fun wintry scene.

## WA State Visual Arts Standard

Identify how art is used to inform or change beliefs, values, or behaviors as an individual or society. (VA: Cn11.1.5)



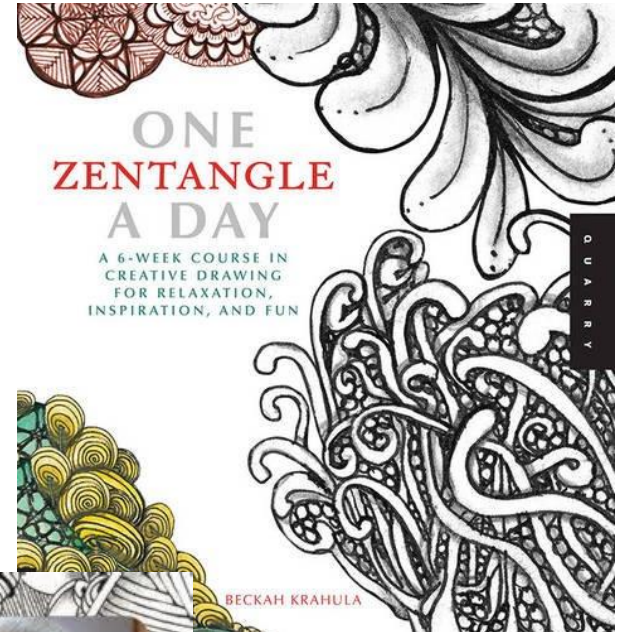
# What is Zentangle?

The Zentangle system:

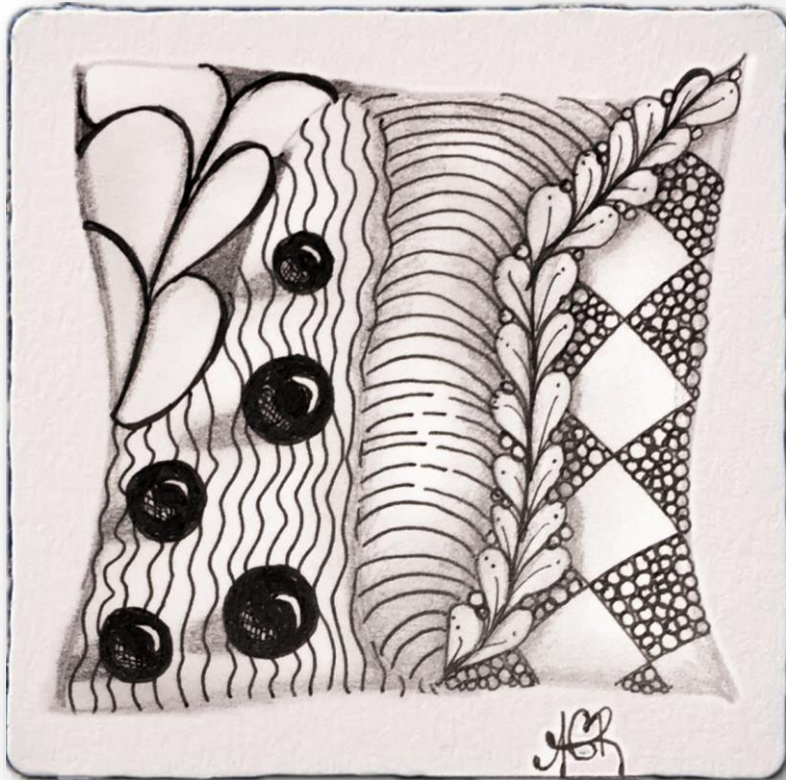
- Designed by Rick Roberts (concept) and Maria Thomas (artist) who live in Massachusetts
- Created as a means of merging meditation or relaxation with art
- Each “tangle” pattern has a name

Possible benefits and uses of the Zentangle system:

- Relaxation
- Inspiration
- Relieve stress
- Increase attention span
- Improve eye/hand coordination
- Create beautiful works of art



# Artwork



Zentangle Tile, 2016, Audrey Guidi



Zentangle Tile, 2013, Maxine Pippin



# Artwork



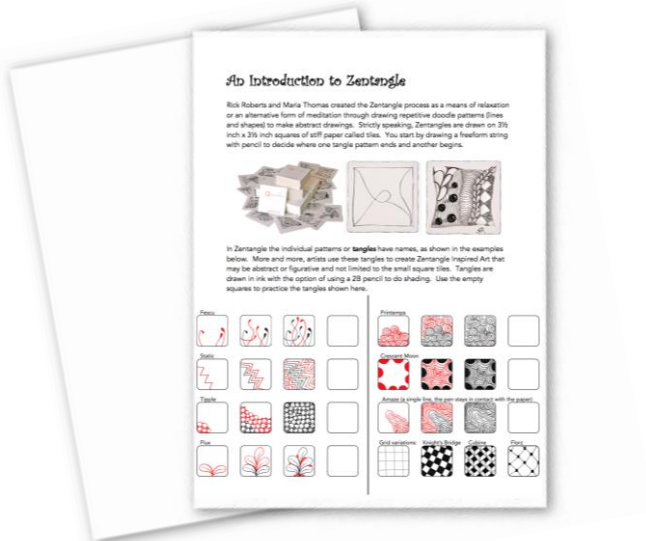
TARDIS Blues, 2017, Audrey Guidi



Festive, 2016, Audrey Guidi

# Materials

Tangle practice sheet and blank paper,  
preferably cardstock or tagboard



Stencils, if desired



Pencil, to be used only for tracing  
hand and drawing string



Ultra Fine Point Sharpie



(Optional) Fine Sharpie, only for retracing the  
outer outline of the hand once all tangles are  
completed inside the hand shape

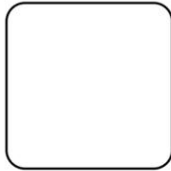




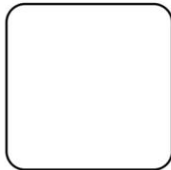
# Tangle Practice

- Try some tangle designs in the empty square on your practice sheet.
- The red lines show you where to start and how to move to the next step.

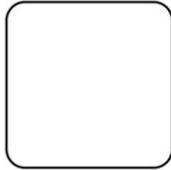
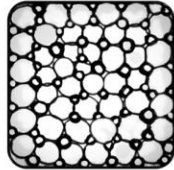
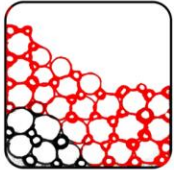
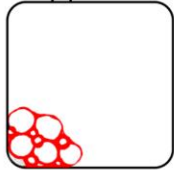
Fescu



Static



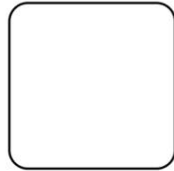
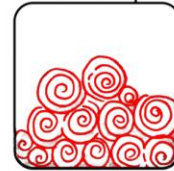
Tipple



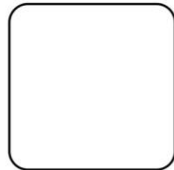
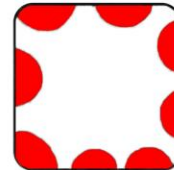
Flux



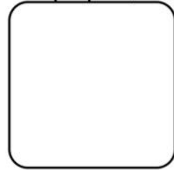
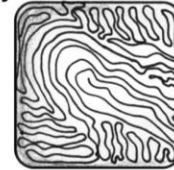
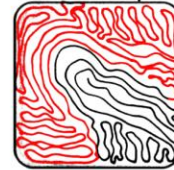
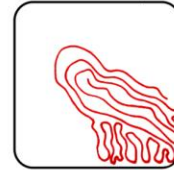
Printemps



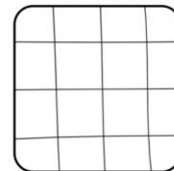
Crescent Moon



Amaze (a single line, the pen stays in contact with the paper)



Grid variations:



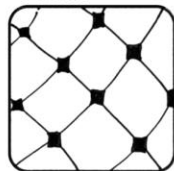
Knight's Bridge



Cubine

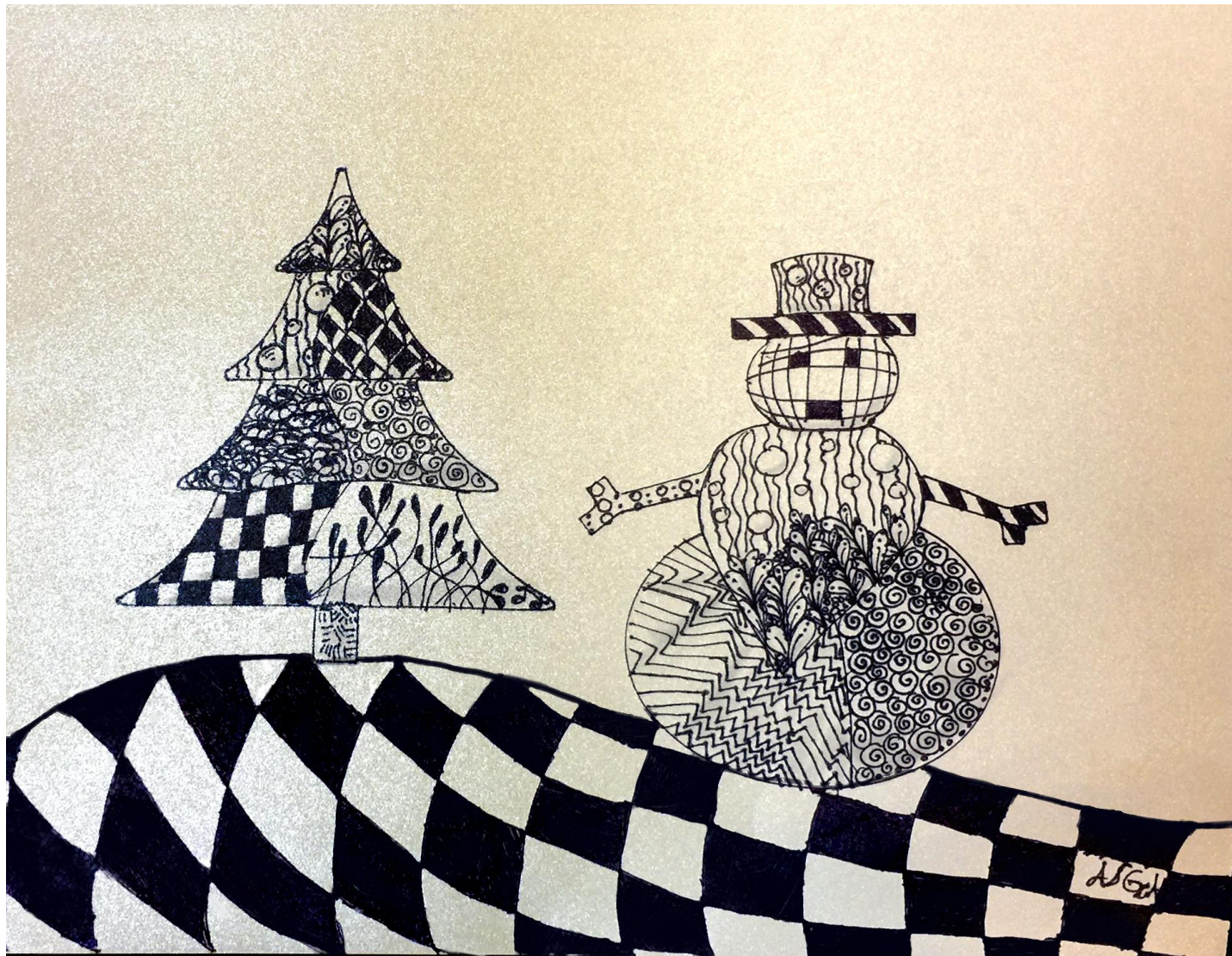


Floriz



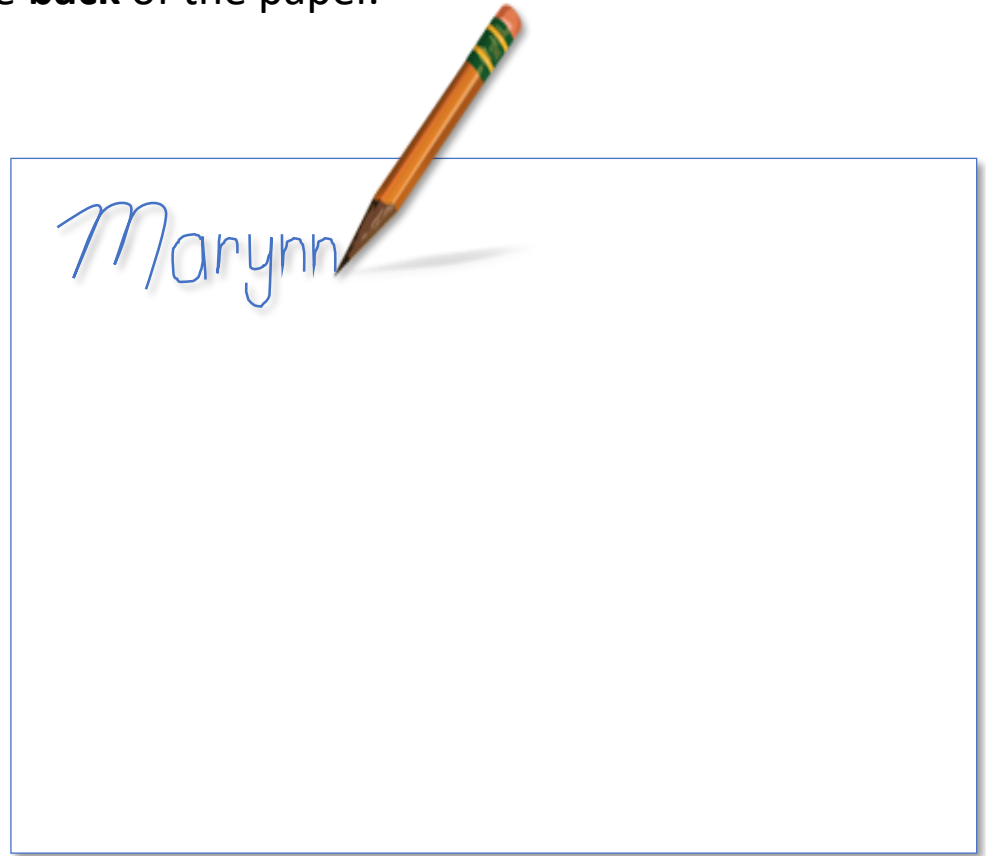


# Example of Today's Project



# Before You Begin

1. Write your **name** in pencil on the **back** of the paper.
2. Flip your paper over.
3. **Roll up your sleeves!**

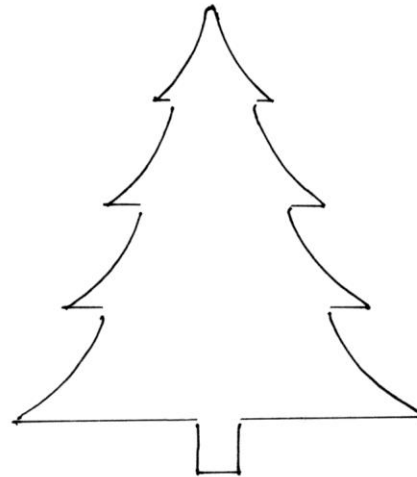
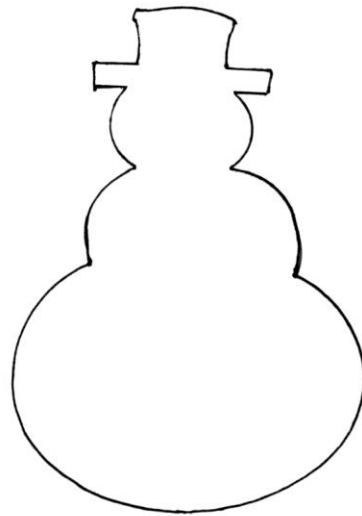




# Step 1

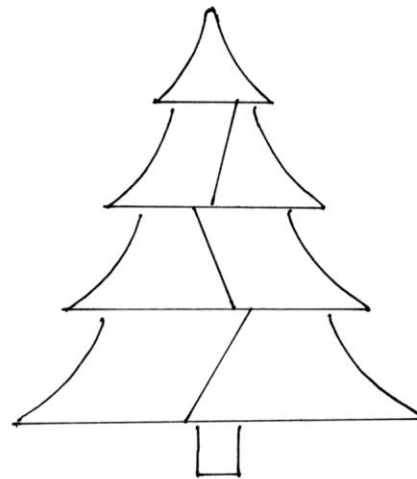
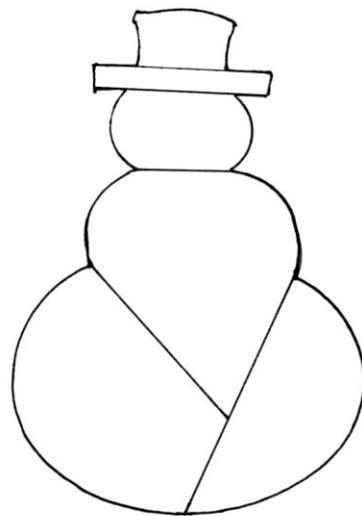
- Use a pencil from your desk to draw a snowman and a tree.

Note: You may use stencils to trace your shapes if you feel more comfortable.



## Step 2

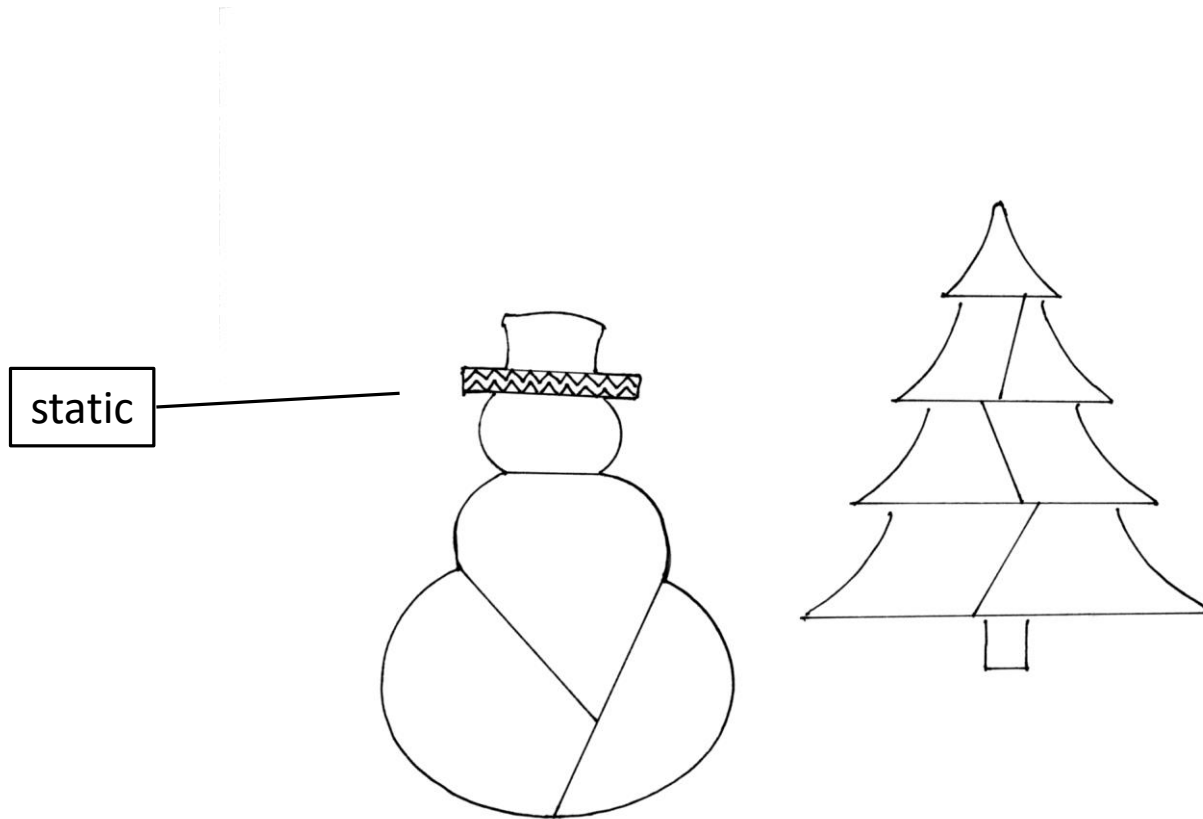
- Use that same pencil to draw a “string” dividing the space inside the shapes into 5 to 8 segments per shape.
- The strings don’t need to be perfect, so avoid using an eraser.





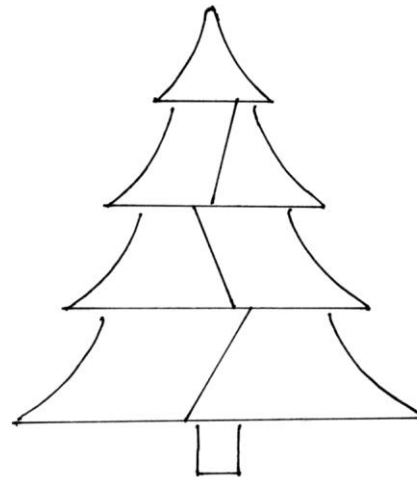
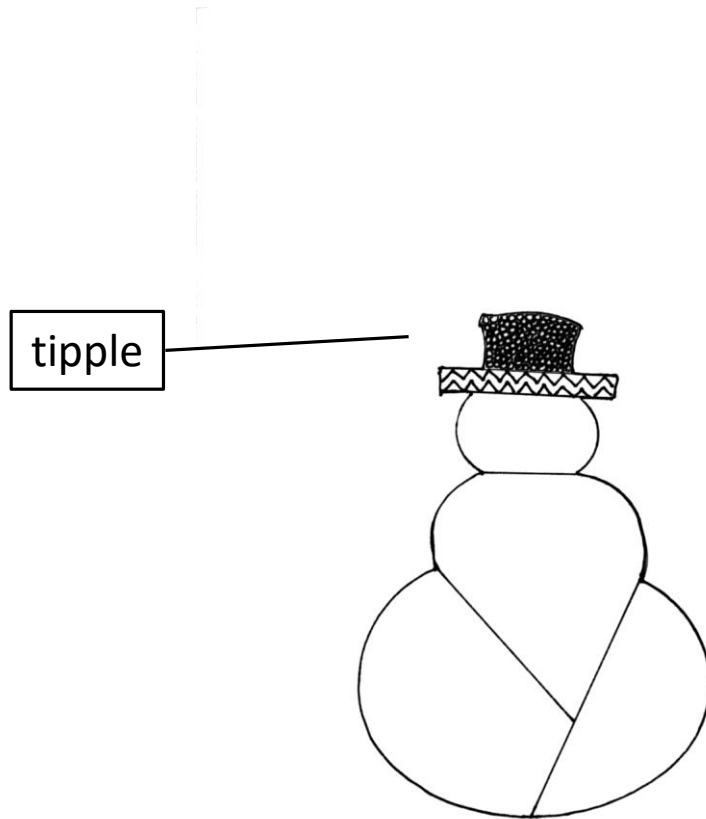
# Step 3

- Now put your pencil away and choose a “tangle” from your practice sheet.
- Use your Ultra Fine Point Sharpie to fill in a section.
- Relax, concentrate, and enjoy the process. Perfection is not the goal.



# Step 4

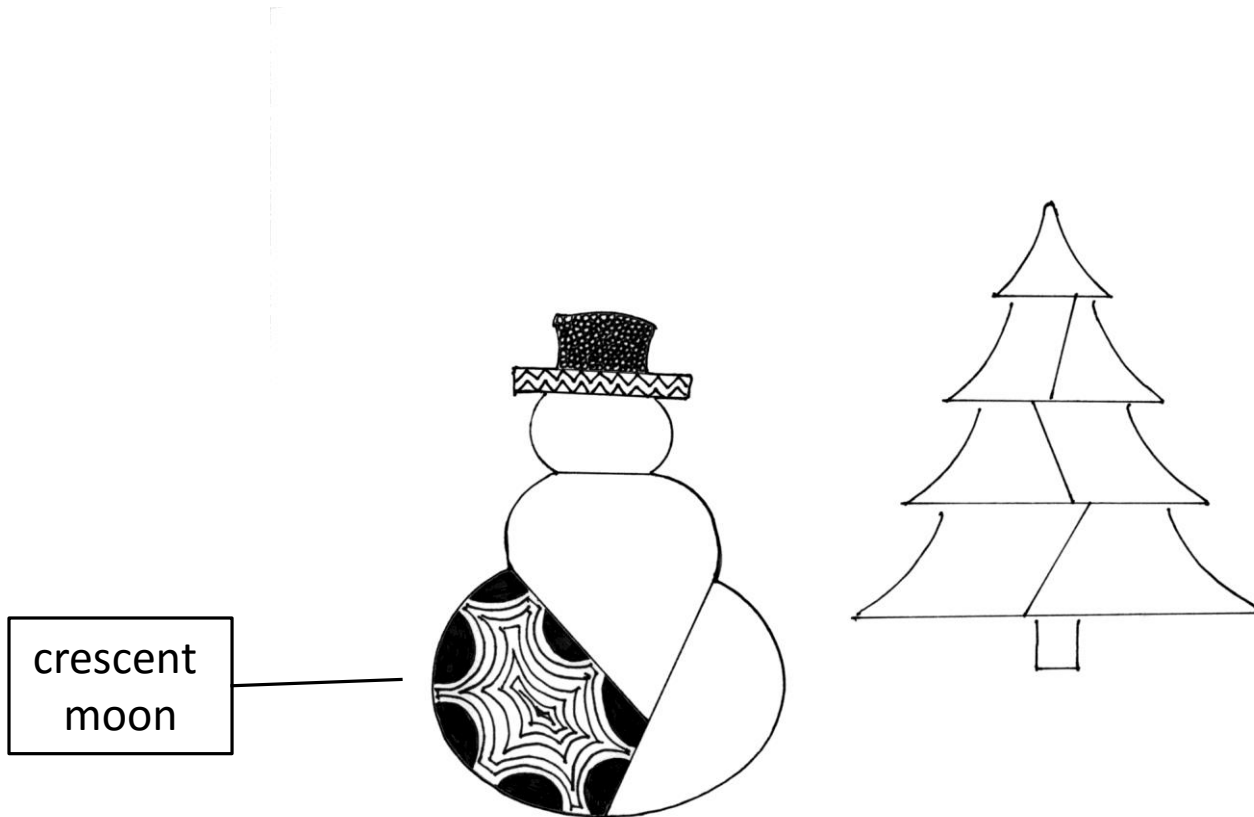
- Now choose a different “tangle” from your practice sheet.
- Use your Ultra Fine Point Sharpie to fill in another section.





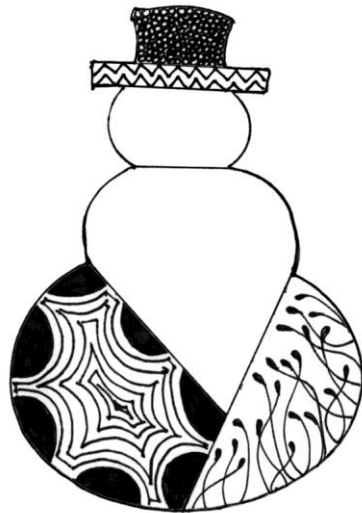
# Step 5

- Relax and concentrate on making your **lines**.
- Enjoy the fact that you're being asked to doodle!

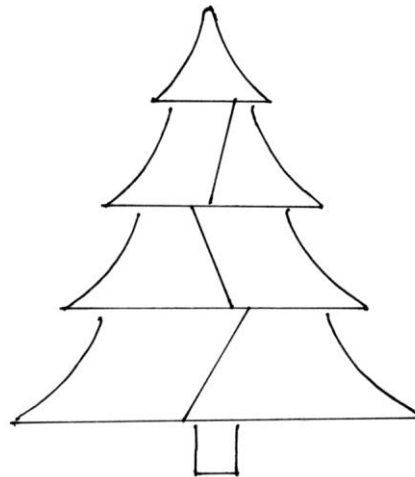


# Step 6

- Think about the **lines** that you are using to create your patterns.
- Are they round, straight, curvy?
- Try to place a “tangle” with straight lines next to a tangle with curvy lines.

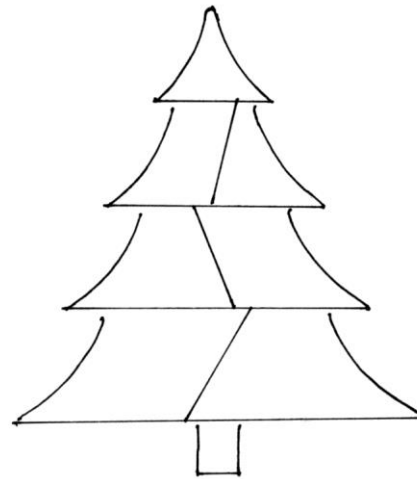
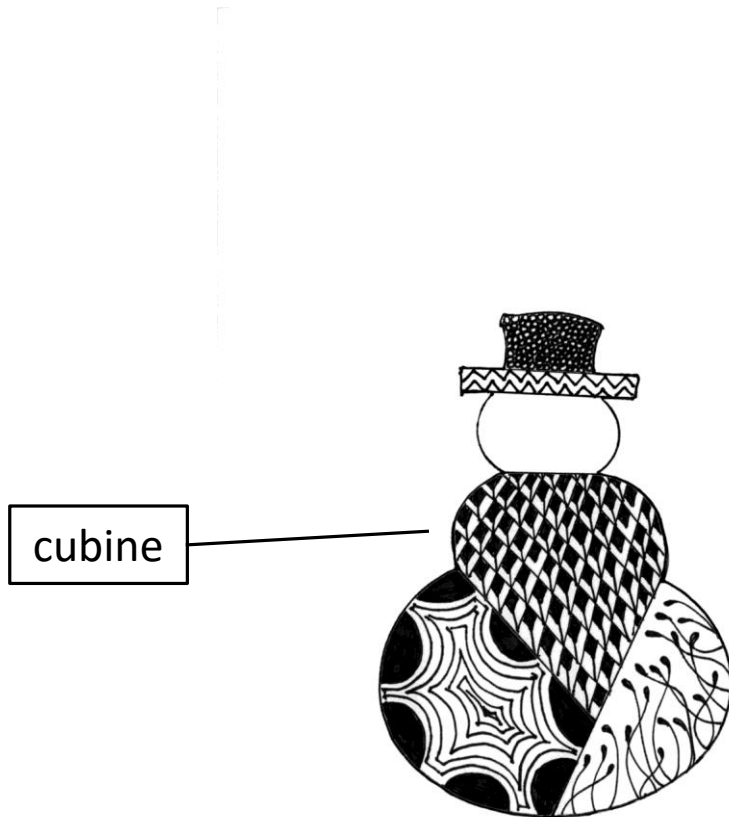


fescue



# Step 7

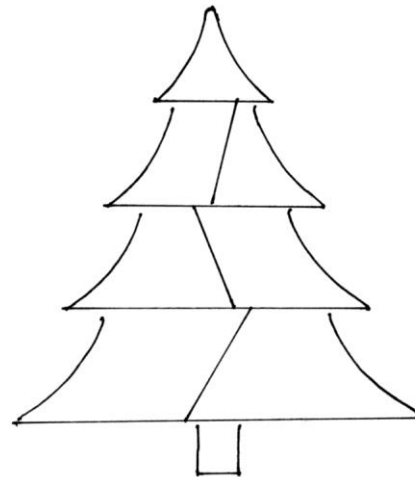
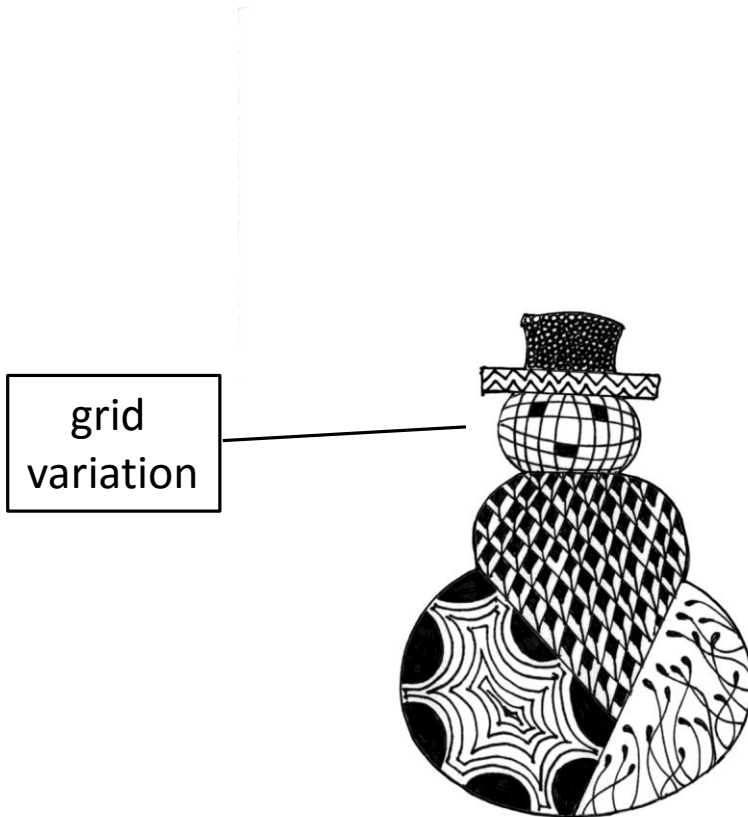
- Choose another section and use your Ultra Fine Point Sharpie to fill it in.
- Remember: relax and concentrate. No stress. Perfection is not the goal.
- It is hard to notice small mistakes once your page is full of different patterns.





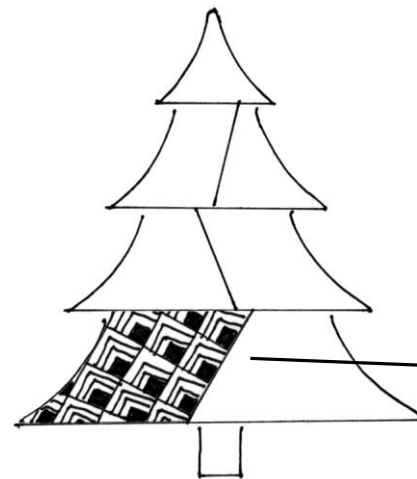
# Step 8

- Choose another section and use your Ultra Fine Point Sharpie to fill it in.
- You might have completed one of your shapes by now, or you might be close.



# Step 9

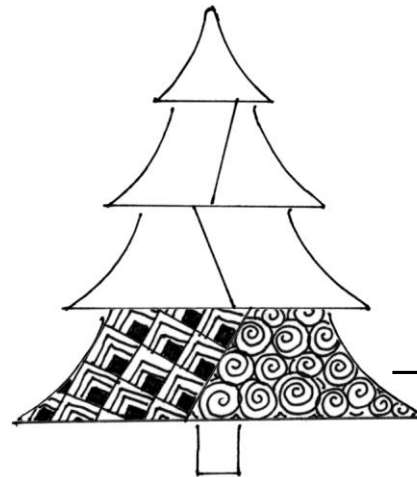
- Choose another section and use your Ultra Fine Point Sharpie to fill it in.
- Remember: relax and concentrate.



flukes

# Step 10

- Keep going; you're on a roll!
- Choose another section and use your Ultra Fine Point Sharpie to fill it in.
- Remember: relax, concentrate, and enjoy the process.

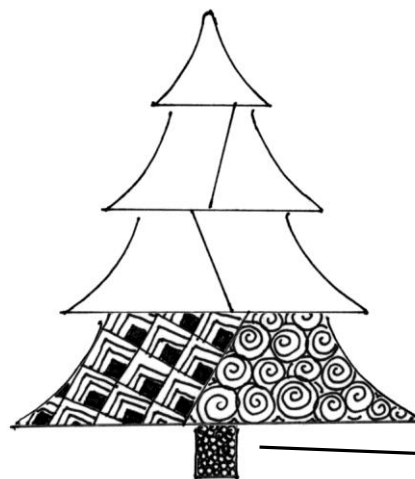
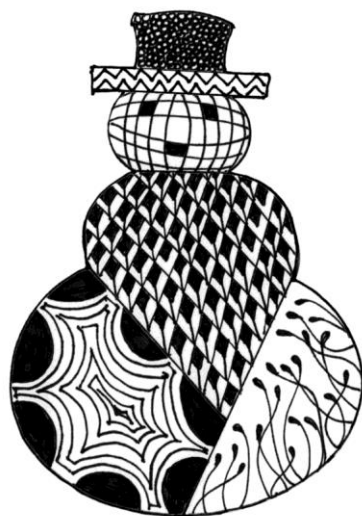


printemps



# Step 11

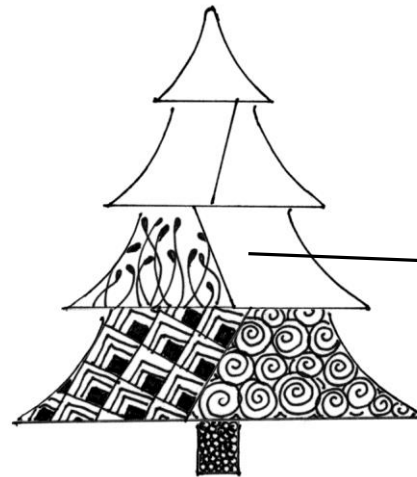
- Choose another section and use your Ultra Fine Point Sharpie to fill it in.
- Feel free to repeat a pattern you have already used.



tipple

# Step 12

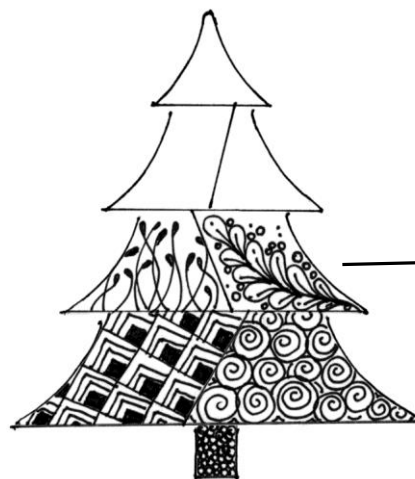
- I really like “Fescue,” so I’m going to repeat it now.
- Enjoy those squiggles.



fescue

# Step 13

- “Flux” is a fun, organic pattern that looks like leaves. It works well in the tree.
- Remember: relax, concentrate, and enjoy.

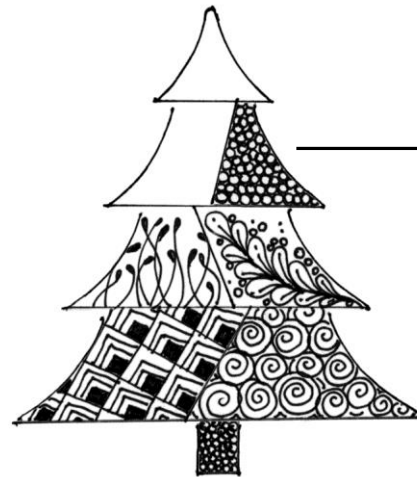
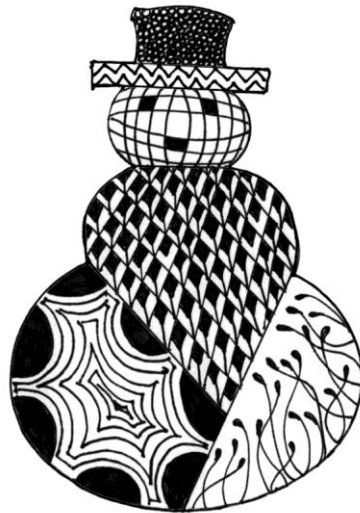


flux



# Step 14

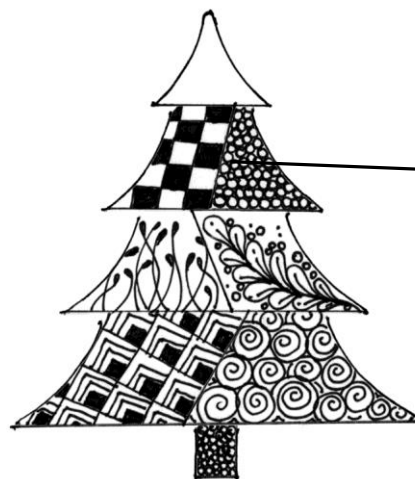
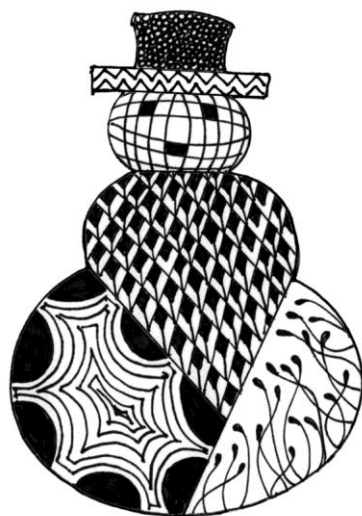
- “Tipple” is going in for the third time.



tipple

# Step 15

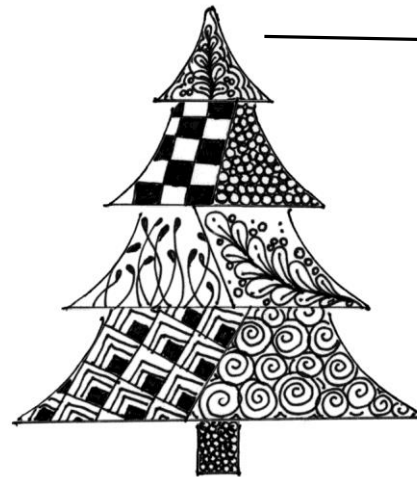
- Time for some contrast from round **lines** to straight **lines**.
- “Knight’s bridge” uses straight **lines** to create a geometric pattern like a chess or checker board.



knight's  
bridge

# Step 16

- The treetop has a variation of “flux.”
- Remember: relax, concentrate, and take your time.

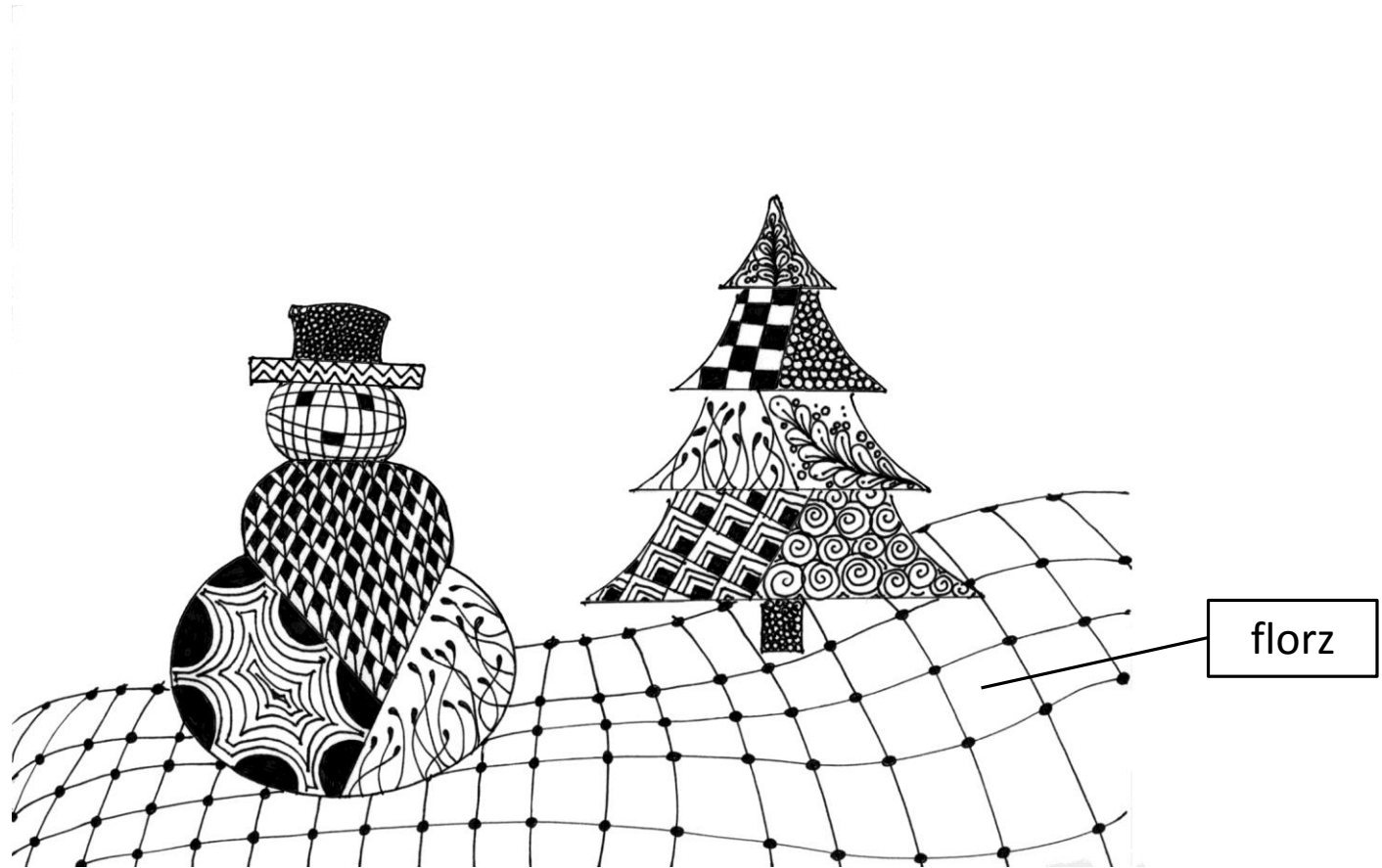


flux  
variation



# Step 17

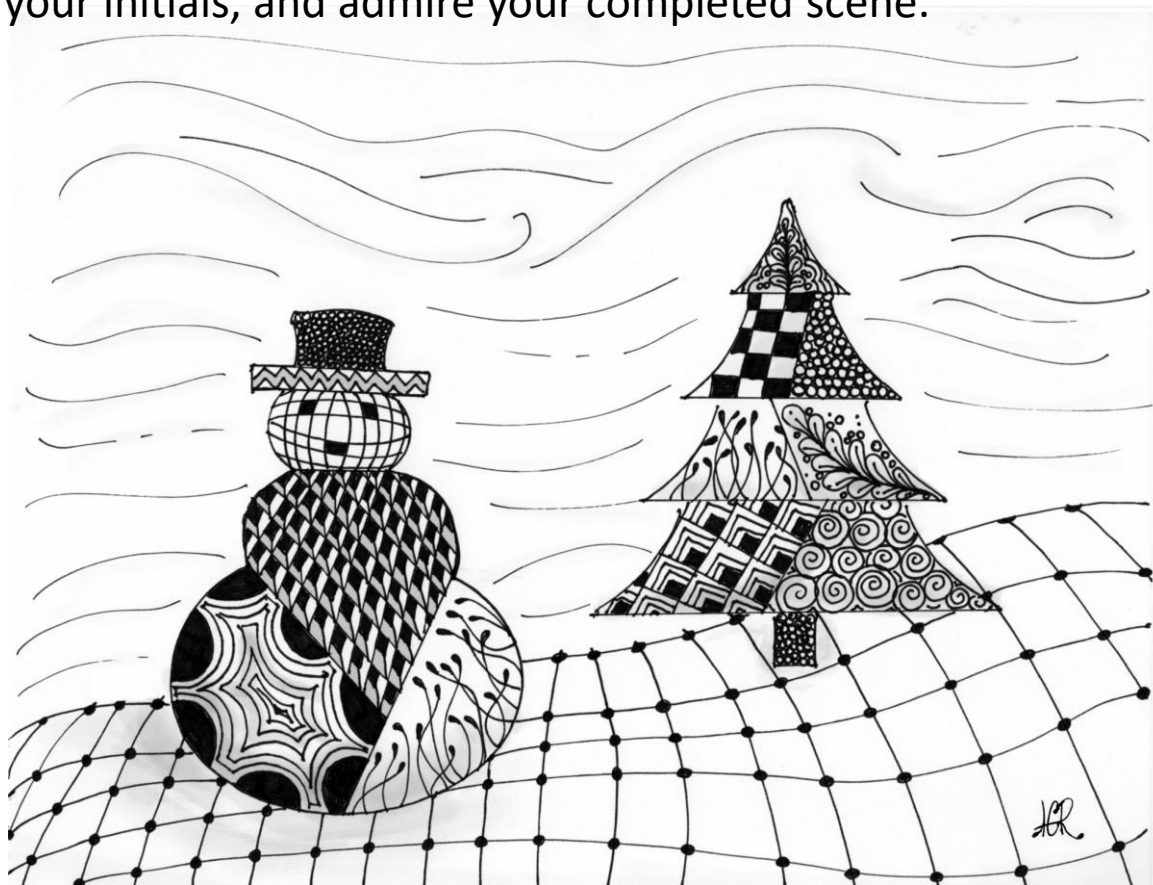
- Now that the shapes are completely filled, admire your work. This is considered an important step in Zentangle.
- Decide if you want them floating in space or grounded in a scene.
- A grid variation like “florz” works well for large spaces like a field or hill.



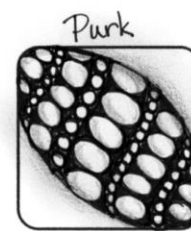
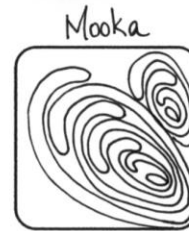
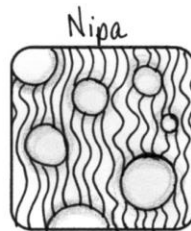
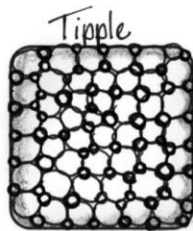
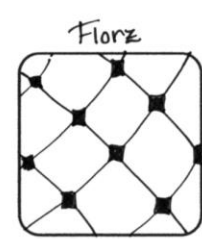
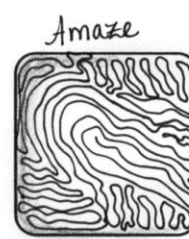
# Step 18

Now it is time for finishing touches.

- Use a 2B drawing pencil to add shading here and there.
- 2B pencils are softer than your usual school pencil; use gentle pressure when shading, and use your fingers to smudge the marks.
- Sign with your initials, and admire your completed scene.



# Example Tangles for Inspiration



HR

# Reflection

- Look at all of the different effects your **lines** created in your drawing. Which **lines** do you find most interesting?
- If you used a 2B pencil to shade your tangles, did you notice how it affected the **lines** in the pattern?
- What was your favorite part of our project today?
- Would anyone like to share their art?





# Credits

1. About Zentangle <https://www.zentangle.com/zentangle-method>
2. Book pictured in presentation One Zentangle a Day: A 6-Week Course In Creative Drawing for Relaxation, Inspiration, and Fun by Beckah Krahula
3. Original LWSD sample art, used with permission.
4. Zentangles created by local artists Maxine Pippin and Audrey Guidi, used with permission.



The development of this Lake Washington School District art docent lesson was made possible by a grant from the Lake Washington Schools Foundation.

