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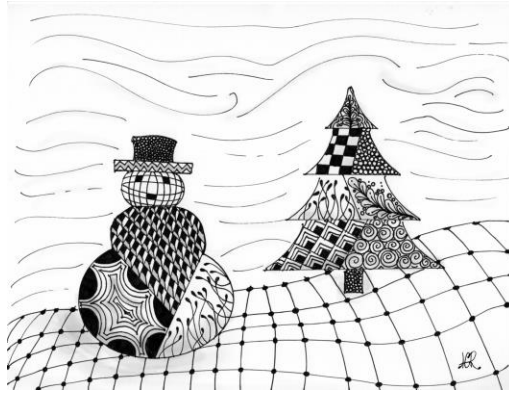
# 5<sup>th</sup> Grade LWSD Art Docent Project: Zentangle Winter Scene

## Element of Art: Line

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**Objective:** to create a whimsical collection of patterns made by different types of **lines** using the Zentangle system and to learn that practicing art can also be about relaxing and enjoying the process

**Artistic Influence:** the Zentangle system created by Rick Roberts and Maria Thomas



### Elements of Art:

Line

### Materials:

- **A regular graphite pencil from the students' desk** (for tracing the hand and drawing the initial "string")
- **Black Ultra Fine Point Sharpie** (at least one per student, fine Sharpies are too thick for the pattern detail)
- **Light colored tagboard or cardstock, 8.5"x 11" or smaller** (thick paper to avoid messy Sharpie bleed-through)
- **Photocopy of the Introduction to Zentangle practice sheet**
- **2B graphic pencil**
- **Black Fine Sharpie** (this is optional, to be used only if students want a thick outline on the outside of the hand to cover stray lines – adults can help with this step if the students want)

### Instructions and notes:

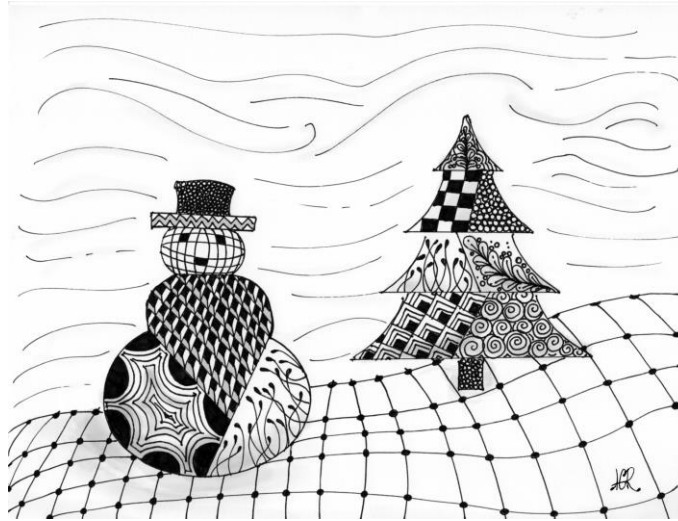
1. Ahead of teaching, print enough copies of the "Introduction to Zentangle Practice Sheet" (page 3 in this document) for each student to have one.
2. You may want to make some snowman or evergreen tree stencils for those students who do not feel comfortable drawing their own outlines freehand. The stencils here were cut on a die cut machine.
3. Present the PowerPoint slide deck pausing on slide 8 to read more about Zentangle on the practice sheet and then have students practice drawing the tangles in the empty squares on their practice sheet.
4. Note that each individual doodle pattern is called a "tangle" in the Zentangle system.
5. After showing students the step-by-step slides, pause on slide 29 to leave the example "tangles" projected on the screen as students work on their hand drawings.
6. Most of the drawing is to be done with the ultra fine Sharpies; only the shading is to be done with 2B drawing pencils if time allows at the end.
7. Make sure that all of the Sharpies are tightly closed when the students finish.
8. Invite students to share their art and talk about the process, if time allows.
9. Distribute parent information page for students to take home, and print an extra page to post on your bulletin board with the finished art. See following page.
10. Please complete the brief [LWSD Art Docent Program Feedback Survey](#) for this lesson.
11. Thank you for supporting our elementary students' visual arts education.

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## LWSD Art Docent Project: Zentangle Winter Scene

The goal of this 5<sup>th</sup> grade lesson was to use a variety of different **lines** to create a scene and experience how art can be about relaxation and enjoying the process.

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### WA State Visual Arts Standard

Identify how art is used to inform or change beliefs, values, or behaviors as an individual or society. (VA: Cn11.1.5)

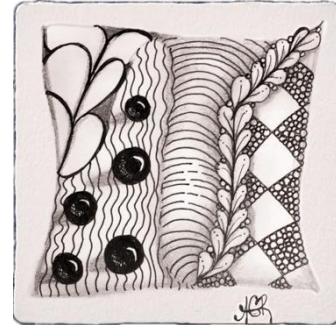
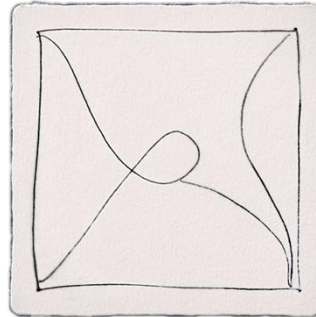
In this art lesson taught by volunteer art docents, students learned that **line** is the one-dimensional path of a dot through space used by artists to control the viewer's eye movement; a thin mark made by a pencil, pen, or brush. They used Sharpie markers and pencils to make Zentangle patterns to create a winter scene, creating a patchwork of doodle patterns called "tangles" of contrasting **values**.

Our inspiration for this project was the Zentangle system designed by Rick Roberts and Maria Thomas. Zentangle is a form of organized and thoughtful doodling that can be used as a tool for relaxation and artistic inspiration. Many great artists doodle before settling into the work of creating more traditional or serious art. It is also fun!

The development of this Lake Washington School District art docent lesson was made possible by a grant from the Lake Washington Schools Foundation.

# An Introduction to Zentangle: Practice sheet

Rick Roberts and Maria Thomas created the Zentangle process as a means of relaxation or an alternative form of meditation through drawing repetitive doodle patterns (lines and shapes) to make abstract drawings. Strictly speaking, Zentangles are drawn on 3½ inch x 3½ inch squares of stiff paper called tiles. You start by drawing a freeform string with pencil to decide where one tangle pattern ends and another begins.



In Zentangle the individual patterns or **tangles** have names, as shown in the examples below. More and more, artists use these tangles to create Zentangle Inspired Art that may be abstract or figurative and not limited to the small square tiles. Tangles are drawn in ink with the option of using a 2B pencil to do shading. Use the empty squares to practice the tangles shown here.

