



Superintendent's Report: Health Services

Presentation Outline

- Health Services in Lake Washington
- Responsibilities of a School Nurse
 - ▣ Individual Health Plan Support
 - ▣ Diabetic Support
 - ▣ Vision and Hearing Screening
 - ▣ Community and Family Resource

Health Services in LWSD

Committed to the health and wellness of our students

- Lake Washington School District is committed to the health and wellness of our students. Each school has a registered nurse available to provide a range of services. At the beginning of each year nurses collect student health information to plan for needs during the school day.

School Nurses

Lake Washington School District (LWSD) nurses practice professional nursing and provide school health services designed to:

- Promote health and safety
- Intervene with actual and potential problems
- Provide education and case management services
- Actively collaborate with students, families, communities, school staff and district employees

Health Services Department

- Health Services Specialist Supervisor
- 20 School Nurses/Health Services Specialist



Responsibilities of School Nurses

- Individual Health Plan Support
 - Diabetic Support
- Vision and Hearing Screening
- Staff and Family Support
- Community Connections

Individual Health Plan (IHP) Support

- An IHP is a plan that considers how to deal with what might happen with a student medically while the student is in school.
- It is designed to address medical issues and is a formal agreement that outlines the student's needs and a plan for addressing those needs.
- Parents or caregivers, the student, the student's health care provider, and a multidisciplinary team of school staff work together to develop the IHP. An IHP serves both the student and the school.

Diabetic Support

Policy JHC-R

- ▣ The district health service specialist appointed to each building shall be assigned to:
 - Consult and coordinate with the parents and health care providers of students with diabetes
 - Train and supervise the appropriate staff in the general care of students with diabetes

- ▣ The district shall develop and follow an individual health plan for each student with diabetes. Each individual health care plan shall include an individual emergency plan element. The health plans shall be updated annually, and more frequently as needed.

Students Receiving Support

- ▣ Elementary: 21
- ▣ Secondary: 49
 - Students with Continuous Glucose Monitors (CGMs): 22
 - Students with Parent Designated Adult (PDA): 4
 - Classified Diabetic Support: 20

Vision and Hearing Screening

- Vision and Hearing Screening is an annual state requirement for grades K, 1, 2, 3, 5, and 7
 - ▣ This year, we are implementing a new vision screening device, the PlusOptix device, which gathers data for both far and near-sighted vision screening as required by law
 - The equipment is faster and more accurate and has resulted in a nearly 30% increase in referrals
 - ▣ Hearing screenings are conducted with a calibrated audiometer.
- Parent volunteers (10-20 per school) are needed to complete screening procedures
- Multiple school nurses (3-4 per school) are needed to complete screening procedures
- Screening is completed between September and December
 - ▣ All students in a school are screened in one day

Staff Support

- Nurses provide required staff training
 - ▣ Health information and confidentiality
 - ▣ Blood-borne pathogens
 - ▣ Automated external defibrillator locations
 - ▣ Health room services
 - ▣ Life threatening conditions



Community Connections

- Liaison with Healthcare Agencies
 - ▣ Washington and King County Department of Health
 - ▣ Center for Disease Control

