

# 2018-19 SCHOOL START TIMES

# Focus

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- Why Start and Dismissal Times Are Changing
- 2018-19 Start and Dismissal Time Adjustments for Students
- Processes and Timelines for communicating with parents

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## Why Start and Dismissal Times Are Changing

# Our Mission

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Each student  
will graduate  
prepared to  
lead a rewarding  
responsible life  
as a contributing  
member of our  
community and  
greater society



# Our Vision

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## Every Student Future Ready:

- *Prepared for College*
- *Prepared for the Global Workplace*
- *Prepared for Personal Success*



# Background

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- Starting with the Class of 2019, students are required to graduate with 24 credits
- In 2015, we formed a Task Force consisting of staff and parents to:
  - ▣ Study, analyze, and make recommendations to expand options for students to meet the 24 credits required for graduation
  - ▣ Analyze school schedule and start time implications
- In April 2017, the Task Force recommended adding time to the high school student day to create a seven-period schedule

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# Why a 7-period day?

- Why is it needed and what are the benefits?

# Bringing Back Opportunities for Students

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<b>Class of 2015</b>	<b>Class of 2016 – Class of 2018</b>	<b>Class of 2019 and Beyond</b>
<ul style="list-style-type: none"><li>• Credits required = 22</li><li>• Credit opportunities = 24</li><li>• Elective opportunities = 6</li><li>• Opportunities for = 2 additional exploration, acceleration, or remediation</li></ul> <p><b>8 total spots</b> for electives and opportunities for exploration, acceleration, or remediation</p>	<ul style="list-style-type: none"><li>• Credits required = 22</li><li>• Credit opportunities = 24</li><li>• Elective opportunities = 4</li><li>• Opportunities for = 2 additional exploration, acceleration, or remediation</li></ul> <p><b>6 total spots</b> for electives and opportunities for exploration, acceleration, or remediation</p>	<ul style="list-style-type: none"><li>• Credits required = 24</li><li>• Credit opportunities = 24</li><li>• Elective opportunities = 4</li><li>• Opportunities for = 0 additional exploration, acceleration, or remediation</li></ul> <p><b>4 total spots</b> for electives and <b>0 opportunities</b> for exploration, acceleration, or remediation</p>

# Bringing Back Opportunities for Students

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<b>Class of 2015</b>	<b>Class of 2016 – Class of 2018</b>	<b>Class of 2019 and Beyond: 7 period day</b>
<ul style="list-style-type: none"><li>• Credits required = 22</li><li>• Credit opportunities = 24</li><li>• Elective opportunities = 6</li><li>• Opportunities for = 2 additional exploration, acceleration, or remediation</li></ul> <p><b>8 total spots</b> for electives and opportunities for exploration, acceleration, or remediation</p>	<ul style="list-style-type: none"><li>• Credits required = 22</li><li>• Credit opportunities = 24</li><li>• Elective opportunities = 4</li><li>• Opportunities for = 2 additional exploration, acceleration, or remediation</li></ul> <p><b>6 total spots</b> for electives and opportunities for exploration, acceleration, or remediation</p>	<ul style="list-style-type: none"><li>• Credits required = 24</li><li>• Credit opportunities = 28</li><li>• Elective opportunities = 4</li><li>• Opportunities for = 4 additional exploration, acceleration, or remediation</li></ul> <p><b>8 total spots</b> for electives and opportunities for exploration, acceleration, or remediation</p>

# Why are we implementing a 7-period high school day?

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- With the increase in state graduation requirements, over the past four years, elective opportunities and available space in student schedules for exploration, acceleration and remediation have decreased significantly for students
- By moving to a 7-period day, we return these important opportunities for our high school students

# How is implementing a 7-period day connected to school start and dismissal time adjustments?

- To effectively implement a 7-period day, the high school day must become longer.
  - 20 minutes is being added to the student day at the high school level
  - The 20 minutes is being added to the end of the high school day vs. starting schools even earlier for high school students given research on adolescent sleep patterns and needs
- Therefore, High school start times will remain the same in 2018-19 and high schools will dismiss 20 minutes later
- The addition of time at the high school level results in needed adjustments to the start and dismissal times of elementary and middle schools due to our tiered transportation system

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## 2018-19 Start and Dismissal Time Adjustments for Students

# Preparing for the Changes

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- We acknowledge any change has an impact to families' current schedules
- We want to ensure families have ample time to plan for the change
- This change does not take effect until the start of next school year

# Student Start & Dismissal Ranges

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Level	2017-18	2018-19
Elementary start	8:30 a.m. – 9:00 a.m.	8:50 a.m. – 9:20 a.m.
Elementary dismiss	3:00 p.m. – 3:30 p.m.	3:20 p.m. – 3:50 p.m.
Middle School start	7:40 a.m. – 8:15 a.m.	7:50 a.m. – 8:35 a.m.
Middle School dismiss	2:10 p.m. – 2:45 p.m.	2:20 p.m. – 3:05 p.m.
High School start	7:30 a.m. – 7:50 a.m.	7:30 a.m. – 7:50 a.m.
High School dismiss	2:00 p.m. – 2:20 p.m.	2:20 p.m. – 2:40 p.m.

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## Process and Timeline for communicating school specific adjustments with families

# Friday, March 9

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- Families will receive a school messenger message from their school's principal with school-specific start and end times for 2018-19
  - Links to webpages
  - Information on School Start Time Advisory

# Will there be further adjustments to school start and dismissal times in the future?

- The School Start Time Advisory will continue their work in 2018-19 to study the impacts of potentially changing high school start times to later in future years
- The Advisory includes staff and parents from elementary, middle and high school levels
- They will make a recommendation for further adjustments to school start and dismissal times. Further changes in the 2019-2020 school year may or not occur, depending on their recommendation
- There will continue to be ample opportunity for families to provide input throughout the process
- Any changes to the high school start and end times result in adjustments to middle and elementary start and end times due to transportation

# Additional Communication

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- March 6/7: Connections newsletter item
- March 9: Webpage update (with all schools)
- March 12: Press Release