

Weekly Bulletin

October 8-12, 2018



DAILY SCHEDULE:

Mon / Tue/ Fri

1st:	7:50—8:40
2nd:	8:45—9:35
3rd:	9:40—10:30
4th:	10:35—11:35
A Lunch:	11:25-11:55
5th A:	12:00—12:50
5th B:	11:30—12:20
B Lunch:	12:20-12:50
6th:	12:55—1:45
7th:	1:50—2:40

Wednesday

2nd:	7:50—9:10
ACT:	9:15—9:55
4th:	10:00—11:20
6th:	11:25-12:45
Lunch:	12:45—1:10

Thursday

1st:	7:50—9:10
3rd:	9:15-10:35
Homeroom	10:35-11:20
A Lunch:	11:20—11:50
5th A:	11:55—1:15
5th B:	11:25—12:45
B Lunch:	12:45 - 1:15
7th:	1:20—2:40

Wednesday, October 10th

Sophomores (also Juniors/ Seniors who signed up to take the PSAT test) - Check on the outside of P197 to see your assigned testing classrooms.

Freshman: Go to the Field House

Juniors/Seniors: you will report to the library or various classrooms, depending on what you signed up for.

Friday, October 12th

1	7:50-8:35
2	8:40-9:25
3	9:30-10:15
4	10:20-11:05
A lunch:	11:05-11:35
5B	11:40-12:25
5A:	11:10-11:55
B lunch:	11:55-12:25
6	12:30-1:10
7	1:15-1:55
Assembly:	2:00-2:40

Show your school spirit with DRESS UP DAYS!

- Monday:** Comfy day – get out those sweats!
Tuesday: Meme day – dress up as your favorite Vine!
Wednesday: Jersey day- Sport gear from your favorite team!
Thursday: All school twin day – everyone wears white shirts & blue jeans!
Friday: PINK DAY – dress in pink from head to toe!



- Attention all 2019 Seniors:** *Jostens* will be here for in-school order days, on *Thurs-Fri, October 11th-12th* during lunches in the Commons.
- 10th & 12th grade students:** You will complete the Healthy Youth Survey in Homeroom on October 18th.
- Parents, if your students are not in compliance with all Immunization requirements** they will be receiving a letter next Monday. Nov. 5, 2018 will be exclusion day - students will be sent home if they are not up to date with all required vaccinations by then. Please send in all Immunization records as soon as possible.
- We are **closing the stadium during lunches** due to litter and other behaviors.

Thursday October 11th is Picture Re-Take Day!

If you purchased pictures and want to have your photograph re-done or if you missed having your picture taken the first two days of school listen for your last name grouping to be called over the intercom to go to the Field House for pictures.

For Running Start/WANIC students who need pictures – Yuen Luis will only be here in the morning and this is the last call for photographs to be taken this year. They will be set up and ready to go by 7:30am and will probably be finished by 10-10:30am.

If you have any questions regarding pictures please see Mrs. Hamilton in the Attendance Office.



Menu

- Monday:**
1. Mongolian Grill—Beef Dippers
 2. Pho
- Tuesday:**
1. Gyro w/Marinated Vegetable Salad
 2. Curry Rice Bowl w/Chicken
- Wednesday:**
1. Made to order Omelets
- Thursday:**
1. Popcorn Chicken w/potatoes & gravy
 2. Pulled Pork Sandwich & BBQ Beans
- Friday:**
1. Pasta Bar w/Meatballs
 2. Cheese filled Lasagna Roll

“Everyday Choices” are also available



Important Dates:

October:

- | | |
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| 10 | PSAT |
| 11 | Picture retakes |
| 12 | Homecoming Assembly |
| 13 | Homecoming Dance |
| 16 | College Fair |
| 19 | No School – LEAP |



November:

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| 12 | No School—Veteran’s Day Observed |
| 15 | Winter Sports begin |
| TBD | Fall SBA/ELA & Math Make-up |
| 21 | Half day—11am dismissal |
| 22-23 | No School—Thanksgiving Break |



CAREER COLLEGE CENTER and COUNSELING:

- A light list of college visits planned for this week: **Tues:** U of Washington Bothell 8:45am and University of Alabama 10:35am; **Fri:** Boise State 8:45am. NOTE: -The visits from Pomona and Vanderbilt will not take place due to the late afternoon pep assembly on Friday.
- If you are planning on attending this year's **Construction Day field trip**, permission slips need to be turned in AS SOON AS POSSIBLE as the bus will be filled on a *first come first served* basis.
- This year we are partnering with CIEE to offer **\$25,000 in scholarship** money for Freshmen, Sophomores, and Juniors to study abroad for a month in July. Programs are offered in a variety of countries including Argentina, Peru, Mexico, Dominican Republic, France, Spain, Japan, China, Morocco, Tanzania, Costa Rica, Russia, and more! Interested?! Information session October 18. Sign up for information session in CCC or outside Mrs. Vasquez room (Room 160). Parent info night is October 23. For more information, see Profe Vasquez in Room 160, or email tvasquez@lwsd.org **Applications are due by November 30** <https://www.ciee.org/go-abroad/high-school-study-abroad>
- **The fall 2018 College Fair** will be coming up on Tuesday, Oct. 16th at Lake Washington High School. Here is your first chance of the year to come and meet representatives from over 50 colleges of merit. There will also be apprenticeship representatives as well as from the military on hand for the event. A college admissions session begins at 5:45 followed at 6:30 by the College Fair which shall run until 8 pm. *This event is free of charge.*
- **Work based learning packets** are now available in the CRC for those currently have jobs outside of school. If you are employed, stop by and see Ms. Phillips in the CCC to see if you qualify for the program.
- **College & Career Fair** on Tuesday, October 16, 5:45-8:30pm at LWHS Gym. We have admissions reps coming to talk with students and families about the application process and how to navigate the fair from 5:45-6:30. Students will then be able to talk with representatives from over 60 college, military, apprenticeship representatives. This year the fair is being hosted at Lake Washington High School. The fair is for anyone to attend! Encourage your students to mark their calendars!

CLUBS: [Click here to be taken to our club listings](#)—we have approximately 36 clubs to choose from!!

- Japanese Club: Wednesdays at lunch in Rm 166. Bring your lunch and let's get started! You do not have to know Japanese to join—all those interested in Japan and Japanese culture are welcome!

Sports:

- All JHS Sport Schedules can be found at www.KingcoAthletics.com
- **Juanita Wrestling** will have a team information meeting on Tuesday, October 30th at 2:50pm in the Mat Room. Come and learn why you should wrestle and what the experience is all about. Contact Mr. Horwat thorwat@lwsd.org for further details
- **Suplex City Wrestling** will have club practice on Wednesdays from September 12th through November 14th. These practices will take place 4:30-6:30 pm in the Juanita HS Mat Room located upstairs in the Fieldhouse. The club is free to join for anyone grades 6 and up with a valid USA Wrestling membership. Contact Coach Jacob and Tom at suplexcitywrestlingclub@gmail.com for further details.
- **Strength & Conditioning**—all JHS students are invited to bodyweight strength & conditioning on Tuesdays and Thursdays from 3:30-4:30 pm. Bodyweight movements include lower body, upper body, & core strength work, plyometrics, tumbling, & running. We will meet in the JHS weight room above the pool. This opportunity is available from now until November 8th. Contact Mr. Horwat thorwat@lwsd.org for further details.

VOLUNTEERS:

- Looking for student helpers for 2nd lunch. Please come see Dede the Kitchen Manager. Also, everyday you help, you get a FREE LUNCH!

YEARBOOKS: [Click here for more info regarding baby ads for the yearbook!](#)

FRIENDLY REMINDER:
SENIOR PHOTOS are due October 12th
You can submit your photos by
uploading them to the school web page [https://jhs.lwsd.org/
studentsfamilies/yearbook](https://jhs.lwsd.org/studentsfamilies/yearbook)
e-mailing them to Ms. Lowry at clowry@lwsd.org
or delivering them to Ms. Lowry in room 100

Please submit your photo as a JPEG at the highest resolution.
Label your file with your last name, then first name of your student: Eg.
LowryCynthia

Senior photos submitted digitally will produce a higher quality photo for the
yearbook than an actual photograph.

Do you only have a photograph or a CD?
Turn them in to Ms. Lowry in Rm.100.

Viva Volunteers Fair

Saturday, October 20 10 am to 2 pm (drop by anytime)

Peter Kirk Community Center (852 Kirkland Ave 98033)

Free Admission!

Come learn about additional one-time and ongoing volunteer opportunities throughout the greater Kirkland area. Complimentary snacks and door prizes. This event is sponsored by the Kirkland Senior Council.

No RSVP needed. For more information: 425-587-3323