

# Weekly Bulletin

October 14-18, 2019



10/14 Monday (Homeroom)	
1 <sup>st</sup> Period	7:50-8:35
2 <sup>nd</sup> Period	8:40-9:25
3 <sup>rd</sup> Period	9:30-10:15
HR	10:15-10:50
4 <sup>th</sup> Period	10:55-11:40
A Lunch	5 <sup>th</sup> Period A
11:40-12:10	12:15-1:00
5 <sup>th</sup> Period B	B Lunch
11:45-12:30	12:30-1:00
6 <sup>th</sup> Period	1:05-1:50
7 <sup>th</sup> Period	1:55-2:40

10/15 Tuesday (ACT)	
1 <sup>st</sup> Period	7:50-8:35
2 <sup>nd</sup> Period	8:40-9:25
ACT	9:30-10:00
3 <sup>rd</sup> Period	10:05-10:50
4 <sup>th</sup> Period	10:55-11:40
A Lunch	5 <sup>th</sup> Period A
11:40-12:10	12:15-1:00
5 <sup>th</sup> Period B	B Lunch
11:45-12:30	12:30-1:00
6 <sup>th</sup> Period	1:05-1:50
7 <sup>th</sup> Period	1:55-2:40

10/17 Thursday	
1 <sup>st</sup> Period	7:50-8:40
2 <sup>nd</sup> Period	8:45-9:35
3 <sup>rd</sup> Period	9:40-10:30
4 <sup>th</sup> Period	10:35-11:25
A Lunch	5 <sup>th</sup> Period A
11:25-11:55	12:00-12:50
5 <sup>th</sup> Period B	B Lunch
11:30-12:20	12:20-12:50
6 <sup>th</sup> Period	12:55-1:45
7 <sup>th</sup> Period	1:50-2:40

## PSAT Testing – Wednesday, 10/16. Regular Wednesday hours: 7:50-12:45pm; Lunch: 12:45-1:10pm

Fresh.: Report to your assigned location. The information is posted outside the Counseling Office, Main Office, Commons and Portables.

Soph.: Report to your assigned classroom at the start of the day 7:50am

Juniors: If you are taking the PSAT or ASVAB test, report to your assigned classroom.

Not taking a test? Report to your chosen Workshops. See below for examples.

Seniors: Report to your chosen Workshops. See below for examples.

During testing, 9<sup>th</sup>, 11<sup>th</sup>, and 12<sup>th</sup> grades will see 'Angst', an indie film raising awareness around anxiety. There is also an evening showing for the greater community. [Click to view the attached flyer.](#)

### 9<sup>th</sup>, 11<sup>th</sup>, and 12<sup>th</sup> grades will also be able to sign up for special sessions including:

Study Sessions; College Basics; College Application Help; FAFSA & Financial Aid; Opportunities to take the military aptitude test; Stress Management; Therapeutic Benefits of Coloring; Mental Health 101; Learning the Practice of Meditation & Yoga; Get Organized; What Do I Want to Do When I Grow Up?

### No school on Friday, October 18th. LEAP

#### Menu:

Mon.:	Chicken Mashed Potato Bowl Honey Fire Chicken & Thai Sweet Chili Chicken
Tues.:	Korean Meatballs w/Rice Tuscan Veggie Macaroni Bar
Wed.:	Baked Potato Bar Chorizo Breakfast Burrito
Thurs.:	Beef or Chicken Ramen Soup Fiesta Bar
Fri.:	No School—LEAP



#### Important Dates:

##### October:

- 16 PSAT
- 18 No School—LEAP
- 26 Community Open House, 11am-2pm

##### November:

- 11 No School—Veterans Day Observed
- 14 Senior Meeting—Caps & Gown order
- 27 Half Day Dismissal—11am
- 28-29 No School—Thanksgiving Break



## Athletics:

**2019-2020 Winter Sports Registration is Now Open.** Our winter sports are: Basketball (Men's and Women's), Gymnastics (Women's), Swim & Dive (Men's) and Wrestling (Men's and Women's). [Click here for more details.](#)

## Clubs:

- Click on this link to take you to the list of clubs available at JHS! <https://jhs.lwsd.org/activitiesathletics/activities-clubs>

## College & Career Center:

- Military Visits have begun.* The Marines will be here Wednesday, October 15th. Details at the CCC.
- SCHOLARSHIPS!** New scholarships are always being added. Check [Power School Learning](#) for the latest list.
- College Visits have started!* See the updates schedule then stop by the CCC and sign up. Click here for College Visits this week. [Click here to see the entire list.](#)
- The SAT/ACT test schedule is posted on PowerSchool and in the CCC.
- Fear Free Practice dates for the SAT/ACT are also posted on PowerSchool and in the CCC.
- Kirkland College Fair** – Juanita High School, Nov. 7<sup>th</sup>. Joint College Fair with LWHS. College Admissions Presentation, 5:30-6:15; College Fair, 6:30pm-8pm.

## Counseling:

Practice for the SAT and ACT exams in Xello using Method Test Prep. These free practice sessions will help improve your scores and let you know what to expect on the tests. Sign in to Xello through PowerSchool Learning, go to the main Dashboard page and click on Method Test Prep under Links & Resources. There are practice quizzes, vocabulary builders, evaluation tests and much more!

## Misc.:

- School Photos** have arrived and are available from Ms. Liston in the Attendance Office.
- Senior Celebration tickets** are on sale now. The senior celebration is a fun, memorable, alcohol and tobacco-free senior party following graduation on June 12, 2020. This event is parent organized through the JHS PTSA and Gradnights. Purchase tickets before November 1st for early bird pricing. Registration forms and payment options can be found on the PTSA website <http://jhsptsa.com/Home> under the senior celebration tab. We want to encourage all seniors to attend. Questions or if you would like to join the senior celebration committee, please contact [alofquist@msn.com](mailto:alofquist@msn.com) or [pamzack@comcast.net](mailto:pamzack@comcast.net)
- Library:** Have you turned in your yellow "Student Computer Inspection Form"? If not, please drop it off at the library and check out a book while you're there! There are new books arriving and being shelved daily!
- AP Exam registration** begins on Monday, October 14<sup>th</sup> and ends October 25<sup>th</sup> at the end of B Lunch. AP Teachers will have information about how to register. Please see Mr. Ivy for additional questions. Detailed information will also be distributed in AP classes, and can also be found in the Career Center, and in the Counseling Office. [Read more about the changes College Board has made to the AP Exam registration process.](#)

**Be Kind.**



**Be Safe.**

**See or hear something threatening or unsafe?**

**Call or text the LWSD Safe School Alert:**

**425.529.5763**

**email: 1342@alert1.us**

**We Stand Together.**