



Lake Washington School District

# Eastlake High School

400 228th Ave. N.E., Sammamish, WA 98074 | 425 936-1500



Eastlake Credo: At Eastlake, through intentional actions, we create an environment where students and staff feel safe, appreciated and loved. This is Eastlake. This is home.  
This is family. **WSPS.**

Dear Wolves,

We have an eventful week planned at Eastlake with the excitement of Homecoming. We will have the Homecoming football game versus Skyline on Friday, October 5 and the Homecoming Dance on Saturday, October 6.

Our Homecoming will focus on the theme of "Beastlake," a celebration of what we believe and how it can drive us to achieve. We will have themed spirit days, and then at the end of the week we will honor our Homecoming Heroes, students from every grade that best represent the essence of Eastlake.

Part of this experience includes making positive choices both inside and outside of the classroom. As Homecoming week approaches, we need to work together to ensure a fun but safe experience for our kids.

Wolf Strong, Pack Strong

Chris Bede, Principal

## News From The Den

### Eastlake Daily Bell Schedule

Bell schedule week of [October 1st](#).

### Washington State 2018 Healthy Youth Survey

Our district is participating in the Washington State 2018 Healthy Youth Survey during fall 2018.

The Healthy Youth survey includes questions related to physical activity and diet, unintentional and intentional injury, substance use, risk and protective factors, access to school-based services, and sexual behaviors, abuse and orientation. Survey results are used by schools, communities and state agencies to plan programs to support our youth and reduce their risks.

Participation in the survey is voluntary and the students' answers are anonymous.

## Homecoming Week October 1st- 6th

The theme for homecoming week is: *Believe. Achieve. Unleash* = **BEASTLAKE**. The focus of the week is allowing students show their true passions and what really drives them and makes them a beast!

Daily Themes:

- **Monday: *Monster You Monday***. Dress up with your future in mind and wear what you see yourself in in the future(Where you see yourself in the future, what you want to be when you grow up, or something you believe in/love). You can look forward to a doughnut party at Eastlake at 6:30 pm right before the Dig Pink Volleyball and JV football game that night.
- **Tuesday: *Treat Yo-Self Tuesday***. Dress up wearing costumes or comfy clothes and stay comfortable and happy all day long. You can get excited for a movie night at 7:30pm at Eastlake and feel free to bring a blanket to stay warm and cozy. Come cheer on the JV boys tennis team at 3:45pm as they battle Newport.
- **Wednesday: *Wear-Wolf Wednesday***. Get suited up in your Eastlake gear and get ready to unleash your beast. That night there is a Cross Country meet and girls JV and Varsity Soccer games. At 8pm come into the commons and have some fun at the ice cream social!
- **Thursday: *Throw-back Thursday***. Come to school dressed in your favorite throwback clothes. Get ready to groove to some throwback songs in the halls.
- **Friday: *Full moon Friday***. Come to school in your class colors (Freshman: gray, Sophomore: White, Junior: Red, Seniors: Black). After school come to the tailgate at 5:30 in the parking lot by the bus loading area, It will be a hoot and a howl.
- **Saturday: *Homecoming Dance at Eastlake*** - 8pm - 11pm. Tickets are available at the bookkeepers office before school and at both lunches. Ticket prices \$20 per person in advance and \$30 per person at the door on Saturday.

**Did you know that all EHS Dances are Fundraisers for our Associated Student Body?** When students attend dances like Homecoming and Tolo they are not only celebrating with their friends, but helping raise money for their Class. Students decide how to use this money- for activities, events and especially for each Class's biggest event- Prom!

### Attendance Office Tips:

**Did you know...?** If you have a DOCTOR'S NOTE that covers your child's absence, that absence will not be counted in your child's Semester Totals. If there is no doctor's note because of the common cold, headache, general sickness, etc, that absence can still be excused by a parent or guardian, however it will be included in the Semester Total count.

More information regarding attendance procedures is located in the [Eastlake Student Handbook](#)

### Mandatory National Honor Society Meeting

There will be a mandatory National Honor Society Interest Meeting Wednesday, October 3rd in the Main Gym at 12:30pm. New and returning members must attend this meeting to understand the new application process and receive the PowerSchool Learning Access Code.

Please consider the requirements to be accepted in the fall as a candidate and potentially inducted in the spring as a member:

- Cumulative GPA of at least 3.50 as of the beginning of the 2018-2019 school year for high school years.
- Be in good standing as a member of the Sophomore, Junior, or Senior class.
- No discipline record on file (no suspensions, bullying, forgery, plagiarism, theft, etc.) in grades 9-present.
- A history of scholarship, leadership, community service, and high character within the last three years or a plan of how you will display these characteristics during the course of your membership in NHS.

If you have any questions or concerns or cannot attend the meeting, email Ms. Ruge ([sruge@lwsd.org](mailto:sruge@lwsd.org)) or Mrs. Okroy ([mokroy@lwsd.org](mailto:mokroy@lwsd.org)).

**HOSA**

Future Health Professionals will be meeting Wednesdays at 12:30 pm in room C132 beginning with an informational meeting on October 3rd. HOSA is a student run organization focused on leadership, service, and technical skills for students interested in pursuing a health related career. For more information, please contact [Maria Garsi](#). Information about HOSA can also be found at [hosa.org](http://hosa.org).

## Library

The EHS Library is on fire for Banned Book Week sponsored by the ALA, Sept 23 - 29. Stop by the EHS Library to witness the wizardry of Sue Hawkinson's hot and dangerous book display and learn about the history of some of the most challenged and banned books in America - Kathleen Dunbar

## Prevention and Intervention Specialist - Cathleen Leader

Please read this introduction letter from Cathleen Leader, [Prevention and Intervention Specialist](#) from YES (Eastside Services).

## Travel to Peru? Two Spots Left!

Is your student interested in traveling next year? There are only two spots available for the Peru trip with Ms. Egashira and Mrs. Don Chokr during spring break 2019. This trip is open to all Eastlake students. Trip highlights will include a visit to Machu Picchu, tours of Lima and Cuzco, an excursion on Lake Titicaca to the Uros Islands, and a school visit. For questions please email [Ms. Egashira](#) or have your student stop by E201. Price increases October 1.

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## Athletics

[Kingcoathletics.com](http://Kingcoathletics.com) is the source for all schedules and standings.



Fans, come out and support all Fall sports!

### Dig Pink Volleyball Event - October 1st

Please join the Eastlake Volleyball Teams on Monday, October 1st at Eastlake High School for our fight against breast cancer during our 'Dig Pink' Volleyball game vs North Creek. JV and C team games start at 5:15pm. Varsity starts at 7pm. There will be a bake sale and opportunity to donate.

All proceeds benefit Wings of Karen, a local non-profit breast cancer foundation supporting research in the Pacific NW, benefiting women everywhere.

### Read About Eastlake Sports - Week of September 17th

Read all about how the [WOLVES](#) did this week!

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## Counseling, College & Career News

### Eastlake College Visits for the Week of 9/21:

Click [here](#) to view what colleges are visiting Eastlake the week of 10/3.

\*Review the full [college visit calendar](#) and [sign-up](#).

### Area Events - through November 2nd:

Click [here](#) to view exciting Area Events happening soon. Some events require registration, always check.

### Eastlake Financial Aid and Scholarship Night, 10/3, 7 pm, EHS Theater

[Do you need money for college?](#)

### Free Application for Federal Student Aid (FAFSA)

[The Free Application for Federal Student Financial Aid \(FAFSA\) will open October 1st.](#)

Career Exploration Opportunities - [here](#)

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## Seniors

### Submit Your Senior Photo for the Yearbook!

Senior photos need to be submitted digitally. **Deadline is January 4, 2019!**

For instructions on submitting your senior photo visit the [Eastlake website](#).

If you have any questions, concerns, or issues regarding senior photos, please contact the Yearbook adviser, [Meghan Delaney](#).

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400 228th Ave N.E.,  
Sammamish, WA 98074

Tel (425) 936-1500  
Attendance (425) 936-1539

[Calendar](#)