

GLOBAL FLAVORS

M Spaghetti & Meat Sauce
Lasagna Roll Ups (if Available)

T Korean BBQ Flatbread
Asian Meatball Flatbread
Three Cheese Flatbread(v)

W Taco Beef Calzone
Taco Turkey Calzone
Cheese Calzone(v)

TH Greek Meatball Flatbread
Three Cheese Flatbread(v)

F Buffalo Chicken Rollup
Cheese Calzone

Butternut Squash
Parmesan Green Beans

Spicy Asian Vegetable Blend
Soy-Roasted Potatoes

Frijoles a la Charro
Mexican Zucchini

Roasted Chickpeas
Summer Squash

Low Country Green Beans
Potato Wedges

SUPER FOODS

M NOODLE BOWLS
Tokyo Teriyaki • Spicy Buffalo Chicken • The Grecian • The Garden

T WRAPS & FLATBREADS
Turkey Cheddar Ranch • Classic Ham & Cheese • The Mediterranean • Spicy Buffalo Chicken

W SUPER SALADS
Garden • Chef • Chicken Caesar • Spicy Buffalo Chicken

TH SMOOTHIE BOWLS
Very Berry • Sunshine • Tropical • Banana Berry

F NOODLE BOWLS
Tokyo Teriyaki • Spicy Buffalo Chicken • The Grecian • The Garden

PLANT-BASED, VEGETARIAN, NATURAL & MORE...
ALL THE INGREDIENTS YOU LOVE!



M Garden Salad
Kidney Beans
Variety of Fresh Fruit
Variety of Canned Fruit

T Caesar Salad
Basil Corn Salad
Variety of Fresh Fruit
Variety of Canned Fruit

W Super Salad
Baby Carrots
Variety of Fresh Fruit
Variety of Canned Fruit

TH Caesar Salad
Chilled Corn
Variety of Fresh Fruit
Variety of Canned Fruit

F Spinach Salad
Celery Sticks
Variety of Fresh Fruit
Variety of Canned Fruit



EVERYDAY SELECTS

M Cheese Pizza
Pepperoni Pizza
Sausage Pizza
All entrées served with Caesar Salad

T Crispy Chicken Sandwich
Classic Cheeseburger
Fishstick Sandwich
All entrées served with Baked French Fries

W Chicken Nugget Basket
Fish 'n' Chips Basket
Cheese Filled Breadstick
All entrées served with Seasoned Spiral Fries

TH Cheese Pizza
Pepperoni Pizza
Sausage Pizza
All entrées served with Caesar Salad

F Bean & Cheese Nachos(v)
Beef & Cheese Nachos
Fajita Chicken Nachos
Mexican Black Beans

SAUCE IT UP!

Add a kick to any dish with our featured sauces.

Music City Sauce
Signature Nashville Hot Sauce
with just the right kick of heat

MK Special Sauce
The perfect blend of mayonnaise
and ketchup

Spicy Cool Sauce
Spicy sriracha meets cool,
creamy mayonnaise

Spicy K Sauce
Classic ketchup — with a kick!

IN A HURRY?

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

