

## GLOBAL FLAVORS

**M** NO SCHOOL

**T** Beef and Cheese Enchilada  
Bean and Cheese Enchilada  
Enchilada Suiza

**W** Old School Spud  
Broccoli and Cheese Baked Potato  
Taco Beef Potato  
Roasted Turkey Baked Potato

**TH** Spaghetti and Meat Sauce  
Lasagna Roll Ups

**F** Teriyaki Chicken w/ Rice  
Sweet & Sour Chick'n w/ Rice  
Orange Chicken w/ Rice

Frijoles a la Charro  
Mexican Zucchini

Aztec Corn  
Low Country Green Beans

Butternut Squash  
Parmesan Green Beans

Spicy Asian Vegetable Blend  
Soy-Roasted Potatoes

## EVERYDAY SELECTS

**M** NO SCHOOL

**T** Chicken Sandwich  
Burgers Including Vegetarian  
Whole Grain Chicken Corn Dog  
*All entrées served with Baked French Fries & Burger Toppings*

**W** Cheese Pizza  
Pepperoni Pizza  
Taco Pizza  
*All entrées served with Caesar Salad*

**TH** Bean & Cheese Nachos  
Beef & Cheese Nachos  
Fajita Chicken Nachos  
*All entrées served with Stewed Black Beans*

**F** Chicken Nugget Basket  
Fish 'n' Chips Basket  
Cheese Filled Breadstick  
Seasoned Spiral Fries

## SUPER FOODS

**M** **SUPER SALADS**  
NO SCHOOL

**T** **SMOOTHIE BOWLS**  
Very Berry • Sunshine • Tropical • Banana Berry

**W** **GRAIN BOWLS**  
Tokyo Teriyaki • Spicy Buffalo Chicken • The Grecian •  
The Garden

**TH** **WRAPS & FLATBREADS**  
Garden • Chef • Chicken Caesar • Spicy Buffalo  
Chicken

**F** **SUPER SALADS**  
Turkey Cheddar Ranch • Classic Ham & Cheese •  
The Mediterranean • Spicy Buffalo Chicken

**PLANT-BASED, VEGETARIAN, NATURAL & MORE...  
ALL THE INGREDIENTS YOU LOVE!**

**M** NO SCHOOL

**T** Caesar Salad  
Basil Corn Salad  
Variety of Fresh Fruit  
Variety of Canned Fruit

**W** Super Salad  
Baby Carrots  
Variety of Fresh Fruit  
Variety of Canned Fruit

**TH** Caesar Salad  
Corn  
Variety of Fresh Fruit  
Variety of Canned Fruit

**F** Spinach Salad  
Ginger Carrot Salad  
Variety of Fresh Fruit  
Variety of Canned Fruit

## SAUCE IT UP!

**Add a kick to any dish with our featured sauces.**

Music City Sauce  
*Signature Nashville Hot Sauce  
with just the right kick of heat*

MK Special Sauce  
*The perfect blend of mayonnaise  
and ketchup*

Spicy Cool Sauce  
*Spicy sriracha meets cool,  
creamy mayonnaise*

Spicy K Sauce  
*Classic ketchup — with a kick!*

**IN A HURRY?**

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

