January 16th — January 22nd



Important Dates:

January 16th NO SCHOOL MLK Jr Day

January 27th Last day 1st Semester

Counseling

With the semester change coming soon, you may be asking yourself how you can request a schedule change for 2nd semester. Schedule change requests can ONLY be submitted by students (via online form) on **January 30 – February 1st**. Schedule changes are granted only in specific circumstances, such as senior missing a graduation requirement. Schedule change requests cannot be emailed or made in person – they must be submitted via the form available 1/30 – 2/1.

From the College & Career Center

- **WANIC Presentation** Jan 18th, during ACT. Sign up in FlexiSched
- WANIC Registration opens Tuesday, January 24th!
- **FAFSA OPENED OCT 1st!** It's still not too late to apply for financial aid. Come by the CCC if you have questions or need help.
- FAFSA Webinar Jan. 17th, 6:30pm. Register here.
- **CCC CLOSED** Friday, Jan. 20th until 11:30 AM. Will be back for A-lunch
- **AC Tea** Jan. 25th during AC Time. Sign up in FlexiSched or the CCC.
- Military Visits
- Marines Jan. 17th during lunch

The Class of 2023 is selling customizable corsages and boutonnieres for the Blizzard Ball! Corsages start at 25 dollars and boutonnieres start at 15 dollars. Preorders run from Monday 23rd to Friday 27th. Help the class of 2023 raise money for prom with your choice of flowers! Order forms are available on the website and in the main office. Turn in your completed form to the bookkeeper. Any questions, please send to tsalmi@lwsd.org

Construction on NE 132nd Street is expected to begin on January 3, 2023 . For more details go to <u>NE 132nd Street to Juanita High School Right</u> <u>Turn Lane – City of Kirkland (kirklandwa.gov)</u>

Did you know that you student needs to have an Early Dismissal Pass in hand for their absence to be excused?

How do you get an Early Dismissal Pass for your student?

Report the early release to the Attendance Office by either email <u>JHS-attendance@lwsd.org</u> or leaving a voicemail at(425) 936-1607. We request you report the early release either the night before or morning of. This way we have time to get the pass to your student.

Reporting Attendance

Unfortunately, we have been having intermittent issues with our attendance voicemail line. If you encounter any problems leaving a voicemail, please send an email to <u>JHS-attendance@lwsd.org</u> or submit your attendance via Skyward instead.

Registration for current students is now open for the

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2023 –2024 School Year. Registration will close

3PM ON THURSDAY 1/19

For more details on Course Registration and Grad

planning go <u>HERE</u>



Advanced Placement Exam Ordering for the 2022-2023 School Year

Lake Washington School District encourages all students enrolled in Advanced Placement courses to take the qualifying AP test(s) in May.

Students should complete their registration and pay for their exams during the fall registration window. A late registration window with a late fee of \$50 per test will also be offered in late winter.

2022-2023 AP Exam Registration Deadlines and Fees

Order Type	Dates	Description	Exam Cost (per exam)
Regular Registration Window	September 9 – October 31	Exam(s) ordered and paid for during the regular fall registration window.	\$99
Late Registration Window*	February 1- March 3	Exam ordered during this late registration window will have a late fee of \$50 per test.	\$99 + \$50 late fee = \$149
Unused/Cancelled Exams		Exam(s) cancelled or not taken by a student will have a cancellation fee from College Board and LWSD of \$45.	Final refund to student per test: \$99 - \$45 = \$54

Placement can be found <u>HERE</u>

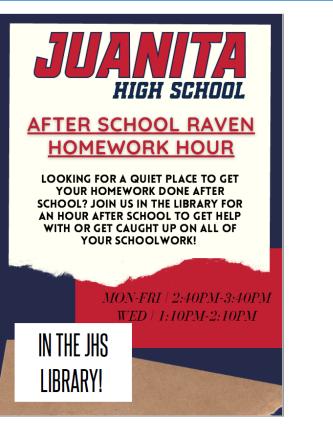
More details about Advanced



*IMPORTANT NOTES:

1. Late order fees do not apply to AP single-semester courses offered in the second semester.

Late fees (\$50 per exam for exams ordered after October 30, 2020) apply to all students including students who qualify for reduced fee exams.



Student Expectations

Please see the link below that outlines different expectations for students here at JHS to ensure the safety and learning for all.

STUDENT EXPECTATIONS

Athletics

"There will be an informational meeting for students interested in <u>Women's Badminton</u> on Wednesday, February 1^{st} , during lunch (12:45 – 1:10pm) in Coach Cheng's room, Room 333. Come turn out for badminton this Spring. It will be SMASHING!"

There are other medical conditions besides COVID-19 which may require your student to stay home from school.

If your student has any of the following symptoms, please keep them home and contact their school.

LWSD non-COVID too sick for school symptoms

Please see the <u>January Yearbook Newsletter</u> for important yearbook information, topics we are covering, and our deadlines. We need all the help we can get documenting the school year, so send us your pictures and stories!

Few things to note...

Topics covered this month: Email photos and stories to yearbook-482@lwsd.org

- Winter season- Snow day. What did you do over break? Holiday and celebrations.
- Winter Sports
- Student Life: Send us pics and stories of your PETS, JOBS, and HOBBIES!
- Thanksgiving/What are you grateful for?
- New Years- Best moments of 2022- reflections, NY Resolutions and hopes for 2023
- Veterans Day/ Pictures and stories
- Student Store- What are your favorite items?
- MLK Day- Black History Month
- Raven Fan page- What are your thoughts/pics of Rory the Raven?

Academics- Send in examples of your classwork. what are your favorite classes? Shout out to teachers!

See the JHS website <u>https://jhs.lwsd.org/studentsfamilies/yearbook</u> for more yearbook information

*NEXT YEARBOOK PRESALE WILL BE FROM FEB 1st-22nd- Purchase with the JHS bookkeeper or on the district portal.

LWSD Culinary Competition 2023

Sweet and Savory categories WHO: Any high school student in LWSD

WHAT: Culinary Competition

WHERE: Remotely (PowerPoint presentations will be submitted)

WHEN: Submissions due February 22

WHY: It's fun! Practice/show off your cooking skills! Prizes too!

Contact the JHS Culinary Arts Teacher, Mrs. Kraft, for details and to be added to the competition TEAMS page.

JUANITA

Community Ride Service by King County Metro

More information online https://kingcounty.gov/depts/transportation/metro/travel-options/on-demand/community-ride.aspx

Informational Flyer HERE

Need a little extra food over the weekend?

Maybe some household supplies?

Come to **room 220** before school or during lunch and chat with Lynn Lawrence

If email is easier, we can do that as well <u>llawrence@lwsd.org</u>

Is your child experimenting with drugs/ alcohol/ vaping?

Please take a few moments to review the list of signs and symptoms of use you may see at home and what you can do to support your child.

- Talking about alcohol, vaping or other drugs
- Glorifying drug use, defending it
- Tardiness, absences (more than used to)
- Change in behavior, mood swings, inappropriate laughing
- Lower grades, failing grades, lack of interest
- Change in friends/not introducing you
- Secretive/door closed more or closes phone/laptop around you
- Excessive talking or fidgeting
- Argumentative when not normally so
- Bloodshot eyes, dilated pupils (large), pinpoint pupils (tiny)
- Excessive sniffing
- Poor health, chronic coughing
- Spending less time with family than used to
- Smelling incense, room/body sprays, cologne/perfume more and more

Some of these are normal adolescence, but if you are concerned that they might be using substances, you can ask them, search their rooms, look on their social media, texts, give them a home urinalysis, etc. Childhood is not a democracy and you have every right to know what they are up to, who they are with, what they are keeping in their rooms and what they are posting on social media.

By not taking a stand against drug use, talk or behavior, we send messages that it is acceptable or you aren't concerned about them using. You are in an excellent position to help them get support if their use is creating problems in their lives (any use is changing their brain chemistry and not allowing to mature/develop naturally).

You can reach out to me at the school via phone, email or zoom (I am in all 4 high schools with 1 day in each building). You can also refer your teen to me to chat confidentially at the school or you could attend YES' Alcohol Drug Education Class with them on a Saturday morning from 9:30am-12:30pm on zoom and is no-cost for LWSD families (register at <u>www.youtheastsideservices.org/adec</u>) Or you can check out this website to access mental health, substance use or other kinds of counseling at <u>https://findtreatment.samhsa.gov/</u> in your community.

Let's keep working together to support your students to make healthy choices for their futures. <u>an-drea.frost@youtheastsideservices.org</u> (encrypted email) or 425-586-2307 (confidential voicemail).

Andrea Frost (she/her) MPA, SUDP

Substance Use Disorder Professional Prevention Intervention Specialist EHS, JHS, LWHS, RHS **NEW CRISIS PHONE LINE DIAL 988







