

GLOBAL FLAVORS

FEATURES

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|-----------|--|-----------|---|
| M | Tacos Al Pastor
Bean & Cheese Tacos
Turkey Carnitas | F | Roasted Chickpeas
Summer Squash |
| T | Teriyaki Meatball Sub
Sweet & Sour Vegetarian Chick'n Sub
Korean BBQ Chicken Sub | W | Wedge Fries |
| W | Chicken Tenders w/ Sauces
Vegetarian Chick'n Nuggets w/ Sauces | TH | Butternut Squash
Parmesan Green Beans |
| TH | Chicken Alfredo Mac
Cheddar Mac & Cheese Tuscan
Vegetable Mac | F | Frijoles a la Charro
Mexican Zucchini |
| F | Chicken Meatball
Vegetable & Cheese
Greek Turkey Gyro & Cheese | T | Spicy Asian Vegetable Blend
Soy-Roasted Potatoes |

SUPER FOODS

- | | |
|-----------|--|
| M | SMOOTHIE BOWLS
Very Berry • Sunshine • Tropical (No Bananas) |
| T | NOODLE BOWLS
Tokyo Teriyaki • Spicy Buffalo Chicken • The Grecian • The Garden |
| W | WRAPS & FLATBREADS
Turkey Cheddar Ranch • Classic Ham & Cheese • The Mediterranean • The Garden |
| TH | SUPER SALADS
Please Make Another Selection |
| F | SMOOTHIE BOWLS
Very Berry • Sunshine • Tropical (No Bananas) |

PLANT-BASED, VEGETARIAN, NATURAL & MORE...
ALL THE INGREDIENTS YOU LOVE!



- | | | | |
|----------|--|-----------|---|
| M | Including Kidney Beans
Variety of Fresh Fruit
Variety of Canned Fruit | T | Including Basil Corn
Salad
Variety of Fresh Fruit
Variety of Canned Fruit |
| W | Including Baby Carrots
Variety of Fresh Fruit
Variety of Canned Fruit | TH | Including Apple Glazed
Baby Carrots
Variety of Fresh Fruit
Variety of Canned Fruit |
| F | Including Celery Sticks
Variety of Fresh Fruit
Variety of Canned Fruit | | |



EVERYDAY SELECTS

- | | |
|-----------|--|
| M | Regular & Spicy Crispy Chicken Sandwich
Cheeseburger
Hamburger
All entrées served with Baked French Fries |
| T | Cheese Pizza
Pepperoni Pizza
Buffalo Chicken Pizza |
| W | Bean & Cheese Nachos
Beef & Cheese Nachos
Turkey Carnitas Nachos
All entrées served with Stewed Black Beans |
| TH | Chicken Nugget Basket
Fish 'n' Chips Basket
Herb Roasted Drumstick Basket
All entrées served with Seasoned Spiral Fries |
| F | Regular & Spicy Crispy Chicken Sandwich
Cheeseburger
Hamburger
All entrées served with Baked French Fries |

SAUCE IT UP!

Add a kick to any dish with our featured sauces.

Music City Sauce
Signature Nashville Hot Sauce
with just the right kick of heat

MK Special Sauce
The perfect blend of mayonnaise
and ketchup

Spicy Cool Sauce
Spicy sriracha meets cool,
creamy mayonnaise

Spicy K Sauce
Classic ketchup — with a kick!

IN A HURRY?

DOWNLOAD THE
APP + DECIDE
YOUR LUNCH
IN ADVANCE!

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

