

PRINCIPAL'S MESSAGE

Dear Carl Sandburg and DCS Parents,
This is Fun Run Week, an exciting time of school spirit and fund raising at Carl Sandburg and DCS! Our community generously funds many important activities and events for our students, and they would not happen without the gifts that you are able to share with our PTSA. The money raised through the Fun Run has supported our Artist in Residence program, Outdoor Education for our sixth graders, Family Math Night, and has purchased many classroom materials and books. Fun Run is also an exciting event for our kids; we'll hit the track Friday afternoon and exercise, cheer, and dance (Yes, it's true, I've been know to dance on the track!) our way around the field. I encourage our students to dress in school t-shirts or colors, blue and silver for both Carl Sandburg and DCS, and come ready to have a great time!

This week also marks a change in weather. Mornings are cold, afternoons are warm. As a result, our lost and found is growing rapidly as kids discard their sweatshirts and coats on the playground. To help students find their clothing, please take a minute to help them write their name on the inside of their shirts and coats, and encourage them to take a look in the lost and found to see if they've left anything behind.

Last Friday teachers had a great day of learning on the first of our three LEAP Days. In the morning, we all met at school to continue to improve in our use of the ACTIVboards and projection stations in our classrooms. Research has shown that quality use of these tools has as much as a 17% improvement in student learning, so we work hard to incorporate their use effectively. We also experimented in using Microsoft OneNote as a tool to facilitate collaborative work between teachers. In the afternoon we met at Redmond High School to hear Ilene Schwartz from the University of Washington. Dr. Schwartz shared strategies and ideas for working with students with disabilities and students diagnosed on the Autism Spectrum.

Once again, thank you for supporting PTSA through your Fun Run donations and by supporting our LEAP Days; we are grateful for the opportunity to work together for the benefit of your students. Have a great week, we look forward to seeing many of you Friday!

Mark Blomquist, Principal
Carl Sandburg Elementary/Discovery Community School

UPCOMING EVENTS

Sandburg Singers
Meets every Monday

Family Math Night
Wed. Oct. 7th
6:30 to 7:30pm

Parent Ed Workshop
Wed. Oct. 7th
"Getting to Calm"
7:00 pm • Redmond HS

Fun Run
Fri. Oct. 9th
During Lunch recess

School Levy & Bond
District meetings
Oct. 7,8,13,14
Evening or Afternoon
(see schedule on page 3)

Chess Club begins
Wed. Oct. 7th

International
Walk to School Day
Wed. Oct. 7th

Green Team Meeting
Thurs. Oct. 8th 9:15am
Meet at Starbucks

Striders Club begins
Begins Fri. Oct. 9th

PTSA General Meeting
Thurs. Oct. 15th



FUN RUN UPDATE!

Monday's total for the Fun Run was \$12,698. That leaves us \$40,802 away from our goal of **\$53,500!** Fun Run funds pay for our entire budget and fund all of our 2009-2010 programs, including Art Enrichment, Outdoor Ed., Assemblies, Field Trip Transportation, Library Books and the Green Team. Please help us avoid future fund raisers, by contributing to Fun Run today!

FUN RUN - Friday October 9th during lunch recess. You can see all the Fun Run information online at <http://www.lwsd.org/school/sandburg/PTSA/Pages/Fun-Run.aspx> If you have any additional questions, contact Angela Johnson at ryanandalliesmom@yahoo.com or 425-814-4928.

Come count laps at the Fun Run! Fun Run Volunteers are still needed!

We need 6 volunteers from each class to come and count laps. If you haven't signed up yet, and you have a spare hour this Friday October 9th, please come and help out! Volunteer times are:

**All Day K - 2nd grade from 12:10-1:10 • Half-day K, 3rd-4th grade from 12:40-1:40
5th-6th grade from 1:10-2:10.**

If you can help, contact your classroom teacher or PTSA class rep. and let them know. ryanandalliesmom@yahoo.com or 425-814-4928.

Art Docent K thru 1st: The Kindergarten and 1st Grade Art Docents will meet in the library at 6:30 on Tuesday, October 6th. The meeting will be about 1 hour and will include a review of the lessons and a tour of the Art Portable. The kiln training will be help separately at a later date. If you are a grade 2 -6 parent and are interested in helping with Art in the classroom, there will be volunteer opportunities with the Art Enrichment program.

Family Math Night - Wed., Oct. 7th 6:30 to 7:30 pm

K-6th Grade students and their families are invited to join us in the gym each month to play fun family math games. Interested in being a Math Docent this year? Contact Ms. Roy broy@lwsd.org or Ms. Arnold garnold@lwsd.org for details.

Green Team! Our first meeting of the year: Thursday, Oct. 8 at 9:15am in the Juanita Village Starbuck's meeting room. BYOC (bring your own cup) Please join us to talk about a student green team, food scrap recycling, etc.

Battle of the Books: This is an optional program sponsored by LWS D Library teachers that is offered to intermediate students, to promote enjoyment in reading quality literature.

Books are chosen by the LWS D Elementary Librarians based on current award nominees, professional reviews, and student interest. Each September, the list is posted for the upcoming school year. Students are responsible for creating their teams, submitting their registration form, and devising a strategy. In general, the more members of a team that have read a book, the more likely someone will remember the details of the question. Teams that have done well have read early, read often, and re-read books! Registration forms were given to students in library class the week of September 28th- October 1st. Students will have until October 16th to sign on for a team!

Teams participate in a double elimination tournament during lunch recesses, in the library. Battles begin in January 2010 (January 11-15, continuing the following week as necessary.) Ms. Caddock will moderate all battles. Our championship team then competes with other schools within our district, via a live web chat, in a single elimination tournament. District questions are different than the school battle questions and are more difficult. District Battles will be in February, 2010, times to be announced, always during lunch recess.

LEGISLATIVE UPDATE • IMPORTANT INFORMATION IN OUR COMMUNITY

Our PTSA not only supports the learning environment at Sandburg/DCS but also, through its affiliation with the Washington State PTA (WSPTA), provides a voice for our children to lawmakers in Olympia. The WSPTA is a non-partisan advocacy organization, which promotes effective legislative and public policy changes that benefit children in our state. The WSPTA does not endorse any political party or any individual candidate for office. However, the WSPTA may support or oppose specific bills or ballot measures impacting children and education. To learn more about WSPTA legislative priorities and positions on upcoming ballot measures, visit:

<http://www.wastatepta.org/advocacy/index.html>.

SCHOOL LEVY & BOND ELECTION - Please ATTEND THIS MEETING! YOUR INPUT IS NEEDED!!!

On February 9th voters in the Lake Washington School District (LWSD) will be asked to renew existing local school levies and potentially approve a new school bond measure. School levies are revenues drawn from local property taxes that are used to pay for ongoing classroom programs beyond what the state pays for basic education. School levies provide for more than 18% of the LWSD general fund budget for staffing and ongoing programs. Levies expire every 4 years and must be renewed by a simple majority of 50% + 1 voters. A school bond is a debt instrument used to finance a specific long-term asset, such as the construction of a new school building. Bonds must be approved by a super majority of 60% of voters. For more information about how LWSD schools are funded, and how your tax dollars are used, visit:

<http://www.lwsd.org/For-Community/Tax-Dollars/Pages/default.aspx>. also check out this article. http://www.pnwlocalnews.com/east_king/red/news/60338452.html

Please attend! The Lake Washington School District will hold a series of public information/ input meetings about the upcoming school levy & bond election as follows:

Oct. 7 3-5pm Redmond Jr. High or the evening meeting at Eastlake High School 7-9pm

Oct. 8 7-9pm Redmond High School

Oct. 13 3-5pm Kamiakin Jr. High or the evening meeting at Juanita High School 7-9pm

Oct. 14 7-9pm Lake WA High School

KIRKLAND ANNEXATION

Sandburg Elementary and its surrounding neighborhoods are located in a portion of unincorporated King County that is proposed for annexation into the City of Kirkland. On November 3rd voters in these neighborhoods will decide whether to approve the proposed annexation measure, which will appear on the ballot as "**Proposition A: Finn Hill, Kingsgate, and North Juanita Annexation, Assumption of Indebtedness, and Adoption of Zoning Regulations**". In order to approve annexation, at least 40% of voters in the proposed annexation area who participated in the November 2008 presidential election must cast a vote on Proposition A, and 60% of those voters must vote to approve its passage. For more information about how your neighborhood parks, law enforcement, government services, utilities, property taxes, and land-use regulations would be affected by the proposed annexation measure, visit:

<http://your.kingcounty.gov/annex/kirkland.aspx>

<http://www.ci.kirkland.wa.us/depart/CMO/Annexation.htm>

NOVEMBER 3rd GENERAL ELECTION

Votes for the upcoming general election, which will be held Tuesday, November 3rd, will be cast entirely by mail. Ballots will be mailed to registered voters by October 16th. In addition to several state- and county-wide ballot initiatives and judicial races, voters in our area will have the opportunity to decide whether portions of unincorporated King County will be annexed into Kirkland in the upcoming election. If you are not presently registered to vote, you may do so in person at the King County Elections Office, located at 9010 East Marginal Way S, Tukwila, WA 98108, until 8 days prior to the election. Monday, October 26th is the voter registration deadline for participating in the November 3rd election. For more information about measures and candidates on the November 3rd ballot, visit: <http://www.secstate.wa.gov/elections/>. <http://www.kingcounty.gov/200911.aspx>

Chess Club Fall Session Starts Wednesday October 7th! Fun and educational! Taught by ChessStar owner and International Women's Grandmaster Elena Donaldson. Wednesdays 2:00 to 3:10 p.m. October 7th to December 16th (9 classes). Session fee \$78. Optional T-shirt (new design!) \$9. Registration forms in the Information Station next to Main Office. All levels (including no experience) welcome! --Questions? Please contact Stephanie Develle: 425-814-9873, stephanie.develle@gmail.com, Soha Dastbaz: 206-372-2793, soha_dastbaz@hotmail.com, or Elena Donaldson: 206-387-1251, chess64@comcast.net.

Foreign Language Enrichment Classes Begin this Week: The fall session for Spanish Club started on Monday, October 5th and Mandarin Chinese begins this Thursday, October 8th. If you are still interested in enrolling your K-6 grade student in either of these programs, complete the registration form and submit it with your payment (\$100 for Spanish; \$110 for Mandarin). Registration forms are available online at <http://www.lwsd.org/school/sandburg/PTSA/Pages/Forms.aspx> or can be picked up at the information center in front of the main office. *French Club has been canceled for the fall due to lack of enrollment. We will gauge interest again in December and offer it in January if enrollment meets the minimum number of students required.* Please direct any questions about any of the foreign language programs to Cameron Allison-Sadjo (casadjo@hotmail.com).

Notes from the Music room: It's not too late! Sandburg/DCS Singers (choir) began on Monday, Oct. 5 from 3:30-4:30 pm in the music room but, you can still join. The choir is for all interested 4th-6th grade students that like to sing. This year, due to budget cuts, we need to charge \$40 per student. Please make checks payable to Sandburg PTSA and put "Sandburg Singers" in the memo line. A brochure and contract was sent home with students on Sept. 22. Please email Mrs. Osborne with any questions: losborne@lwsd.org



Parent Education: There is a FREE PTSA sponsored Parent Ed night featuring Laura Kastner, Ph.D, an acclaimed author on teenagers. Topic: Getting to Calm, teen parenting communication strategies that work. Laura Kastner • Wed., October 7, 2009 • 7-9 pm • Redmond HS Performing Arts Theater • 17272 NE 104th Ave, Redmond - For more information please click <http://lwptsacouncil.schools.officelive.com/ParentEd.aspx>

Photo Day completed - Retakes are November 4th!

Our two photo sessions for student individual pictures have been completed. K-3rd students who missed the September 23rd date took their pictures on the 30th. 4th-6th and DCS students who were absent on September 30th will have to take their picture on our retake day which is on November 4th. Thank you to all the volunteers who helped keep the schedule going, and thank you to Lifetouch for their photo service. If there are any questions regarding pictures taken, please e-mail mylifetouch.com or call 1-866-955-8342 (Lifetouch).

Reflections Art Contest: This year's Reflections theme, "Beauty is..." will be approaching it's local deadline in a few short weeks. What a great way to encourage your kids to unleash their creative side and get it out there and share it with others. Reflections is a nation-wide opportunity for our children to experience the many different types of art through these 6 categories: visual arts, photography, literature, dance/choreography, film production and musical composition. Don't be intimidated by the competition or the theme! Remember that beauty is in the eye of the beholder and your child is the artist! Please submit entries to Bette in the main office before the deadline of October 28th. Entry forms can be found outside the main office in the Information Station. For more information, contact Becca Bassingthwaighte at (206) 250-3420 or Becca Bassingthwaighte: bbassackwards@yahoo.com, or (206) 250-3420. About Reflections: http://www.ptareflections.org/cs/about_reflections

INTERNATIONAL WALK TO SCHOOL DAY ON 10/07/09

Look for the Walk to School table at the front of the school and at the back gate before school on October 7th for stickers and healthy snacks!

With approximately 5,000 schools participating, from all 50 states, walkers from the U.S. will join children and adults in 40 countries around the world, joining together to promote the benefits of this program.

- Enhance our health, by increasing the physical activity level of our children and our families.
- Improve our air quality and our environment.
- Create safer routes for walking and bicycling by highlighting pedestrian safety and how to best deal with traffic congestion.

If your family doesn't feel comfortable walking the entire way, consider finding a safe place to park that is farther from the school and walking the rest of the way. Plan to lace up your sneakers and walk to Sandburg/DCS, rain or shine! For more details check out www.walktoschool.org or to volunteer, contact the Wellness Team at chantalkoch@yahoo.com or amyneu28@hotmail.com.



Join the Sandburg/DCS Striders Team in the Seattle Kids Marathon: Participate in the Seattle Kids Marathon <http://www.seattlemarathon.org/kids/eventinfo.htm> as a member of the Sandburg/DCS Striders Team.

- Children K thru 8th grade complete a full 26.2 mile marathon at a rate that is fun and safe.
- The first 25 miles are "honor" miles. Run or walk them in one half or one mile increments, on a safe secure route designated by parents, coaches, mentors or teachers. Log your miles that counts for final Marathon day.
- Kids run the last 1.2 miles of their marathon together on race day, Sat., Nov. 28, 2009.
- One parent can run with each registered child free of charge.
- Encourages kids read 13 books and accomplish 13 do-rights (good deeds)

Sandburg/DCS Striders Club will begin this Friday Fall session starts October 9th - November 20th afternoon 3:30 - 4:15pm. In preparation for the Seattle Kids Marathon, Team Sandburg/DCS striders club will be logging miles toward the marathon goal. The team will run together, the final 1.2 miles on Saturday, November 28th at Memorial Stadium in Seattle. Fee for Fall Session is \$27.00 which includes Striders Club T-shirt and Seattle Kids Marathon Registration Fee. If you have your Striders Club Shirt from last year, fee is just \$15 for Marathon Registration! ***YOU DO NOT HAVE TO REGISTER INDIVIDUALLY FOR THE MARATHON. I will submit all registrations as a team. Registration for Fall Striders Club is due by October 1st.*** If you are interested, please e-mail Theresa Harrington at tk.harrington@verizon.net. or 425-821-2709. I will e-mail you a Striders Club Registration Form and answer any questions you might have. If you can't do Striders Club on Friday's you can still walk or jog as part of the Sandburg/DCS team. Just let me know that you are registering for the Marathon so we can coordinate a meeting time at the event.



Congratulations to Mrs. Yamamoto's Classroom for bringing in 212 Box Tops for the month of September.

The PTSA will recognize their efforts by bringing in popsicles at lunchtime on Monday, October 5, 2009 to their classroom. Each month the classroom with the most Box Tops turned in will also receive popsicles. To date we have received 2709 Box Tops - Each Box Top is worth .10 to our school - **That means we have already made \$270.20!!!! Great job everyone!** Not sure what a Box Top is? Qualifying Box Tops coupons can be found on packages of participating General Mills Big G cereals, Betty Crocker® products including Betty Crocker® fruit flavored snacks, Yoplait® yogurt multipacks, Yoplait® Go-GURT® yogurt, Gold Medal® flour, Green Giant® frozen meal kits and frozen sides, Old El Paso® products, Totino's® frozen snacks, Pillsbury® refrigerated and frozen products, Chex Mix® snack mixes, Cascadian Farm® cereals, Avery®, NESTLÉ®, Hefty®, S.C. Johnson Ziploc® and Kimberly-Clark products. Qualifying products are subject to change. For a complete list of participating products visit www.boxtops4education.com Keep clipping those Box Tops!



Need a submission form? Please go to: <http://www.lwsd.org/school/sandburg/PTSA/Pages/Fundraising.aspx>

Operation Crayon Oct. 7 - 23rd Kids can help kids at Seattle Children's Hospital. Each year the hospital goes thru over 500,000 crayons and spends \$12,000 on this resource. This year the Child Life department is asking for donations to help reduce this cost. Child Life is an essential service at the hospital that helps kids cope with the anxiety of being in a hospital setting. You can help by bringing in boxes of Crayola brand crayons to donate to the Child Life Program at Seattle Children's. Crayola Brand crayons only please. There will be a collection box in the office or you can send in donations with your child. If you have questions or would like more information, email Alex Lytle at Alex.Lytle@gmail.com. Thanks!

Parent Education "BECOMING A LOVE AND LOGIC PARENT" Improve communication with your children. Discover new ways to help your children make responsible choices? Learn how to use love and logic when you discipline your children. **Location:** Redmond Elementary School Library Mondays, October 26th thru November 23rd • 6:30-8:00 PM • **Cost:** (Optional) \$9.00 for Parent Manual • **Child Care:** FREE; provided with advance registration; For Children Ages 3 and up. To register and info go to <http://www.lwsd.org/school/sandburg/PTSA/Pages/Parent-Education.aspx>

PTSA Membership: Thank you to all that signed up to be PTSA members. We have 282 members, 105 couples and 72 individuals. It is not too late to become a member. Please sign up: www.lwsd.org/school/Sandburg/PTSA/Documents/membership%202009.pdf We need your support.

Save the date - Our First General PTSA meeting is coming up October, 15th 7:00

Our first PTSA General Meeting is Thursday, October 15th in the library at 7pm. We hope you can attend. At this meeting we will introduce the PTSA board, approve our standing rules, approve the PTSA budget, go over Fun Run figures, and talk about what PTSA is doing. We hope you can make it. Remember if you have any PTSA related questions, comments or ideas please email sandburgdcspta@yahoo.com. We want to hear from you! Sincerely, Marlene Vacknitz and Tricia Davis PTSA Co-Presidents.

Community Bulletin Board: This is a link on the LWSd.org site and our school website for parents to access flyers from companies in our community. <http://www.lwsd.org/SCHOOL/SANDBURG/FOR-PARENTS/BULLETIN-BOARD/Pages/default.aspx>

LUNCH PROGRAM PROCEDURES

Over the last few years, there have been an increase number of students' lunch accounts with a negative balance. We encourage you to make sure your account has sufficient funds to provide lunch for your child. We want to remind you of our procedures around school lunch charges.

Emergency lunch is when there is not enough money in a student's account to pay for lunch on a given day. Students will be allowed two emergency "charged" student lunches. The student will be given a lunch and the account will be charges the regular lunch price of \$2.25.

After two "full priced" lunch charges, the student will be asked to bring cash or a lunch from home until a deposit can be made to the student's account.

We notify parents each week as to low and negative balances by "School Messenger" an automated lunch account balance phone or email system. If you would like to be emailed and/or to be phoned, please contact Food Service office at 425-702-3393.

Prepayments to students lunch accounts can be made 3 ways:

1. Send a check or cash to your school
2. Call the Food Service office at 425-702-3393 and sign up for ACH (automatically deducts a set amount from your checking account every month)
3. Call the Food Service office at 425-702-3393 and pay by Visa or MasterCard.
4. Call the Food Service office at 425-702-3393 and either listen to the phone message that will describe how to pay on line or you can go to the Lake Washington School District web page to the PARENT's tab and select PARENT ACCESS and review the registration information on how to proceed.

Thank you for cooperation,
Food Services Department.

PTSA Enrichment programs that need you!

This year we have a couple of wonderful programs that are desperately in need of a chairperson.

5th grade Math Olympiad and Women in History are two programs that will unfortunately not be able to be presented unless we have a chairperson to run them. If you are interested in either program, or would like more information, please contact Sarah Turner (425)820-5991 sarahmturner@comcast.net

A friendly tip from the Green Team...

Fall is here and with it, chilly mornings and evenings. When it's time to turn the heat on in your house, remember that reducing the temperature you set your thermostat to by 1 degree can save up to 3% of your heating costs and about 2,000 lbs. of CO2 annually.

Reducing the temperature in the house 10 -15 degrees when sleeping or when the house is not occupied, you can save up to 10% on your heating bill and reduce your CO2 output even more.

source: www.energysavers.gov