

Staff and Students:

I am in the process of forming groups for students who have been affected by alcohol or other drugs. If you know any students who may benefit from these groups please refer them. The groups will meet once per week and rotate periods each week. Below are the groups I would like to start ASAP.

1. Students who have a parent or a loved one who is using alcohol or other drugs
2. Students who are clean and sober and want support with their sobriety
3. Choices – Exploring choices and their effects: physically, emotionally, academically, socially

Students can self refer – I am here on Tuesday and Friday.

All Interactions with me are confidential by federal law.

Tena Youngberg, CDP, NCAC

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Drug/Alcohol Counselor, RHS Tues/Fri 425.936.1841

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