

REDMOND HIGH SCHOOL WINTER SPORTS

John Appelgate, Director of Athletics 425.936-1812

GYMNASTIC SEASON BEGINS NOVEMBER 7, 2011
WINTER SPORT SEASON BEGINS NOVEMBER 15, 2011

SPORT	LEVEL	COACH
*Gymnastics	Varsity, JV	Jason Farr – jfarr@evergreenathletics.com
*Swimming/Boys	Varsity, JV, Soph	Julie Barashkoff – jbarashkoff@lwsd.org
Basketball/Girls	Varsity, JV	Andre Bararshkoff – abarashkoff@lwsd.org
Basketball/Boys	Varsity, JV, Soph	Jeff Larson – jlanson@lwsd.org
Wrestling	Varsity, JV	Paul Mullen – pmullen@lwsd.org

***Ninth graders residing in the RHS attendance area may compete in these sports. All 9th graders must process their eligibility forms at Redmond High School, but purchase their ASB card at their junior high school.**

ATHLETIC ELIGIBILITY PROCESS

All student athletes must complete the athletic eligibility process for each sport and for each season they participate.

1. Academic Eligibility

- Is based upon a student's GPA from the previous semester. Athletes must be currently enrolled in at least (5) five full-time subjects.
- Athletes must have passed all classes with a 2.0 GPA from the previous semester. A student who does not make the initial grade requirement will be placed on academic probation. As soon as the student is passing all classes and has a 2.0 GPA, they may then be reinstated for competition by the athletic director.

2. School Fines

- Athletes must pay all school fines and return all equipment/uniforms from previous sports teams.

3. ASB Card and Sports Participation Fee

- Athletes must submit proof of payment of **ASB fee of \$40** and **Sports Participation fee of \$275 per sport**.
- **Any concern regarding payment must be resolved with Mr. Appelgate prior to turning out.**

4. Eligibility Forms – both sides of all five forms must be completed All forms are on line.

- Gold Physical Examination Card for Interscholastic Athletics / Emergency Card
- Purple Kingco Athletic Eligibility
- Yellow Drug, Alcohol and Tobacco Year Round Code
- Green Health Insurance Portability & Accountability Act – Athletic Trainer Consent
- White Sport Specific Safety Rules
- White Concussion Form

5. Clearance Cards

- A clearance card will be issued to the student athlete after all the above requirements are met. Student athletes must present the clearance card to their coach on the first day of tryouts.
- **Without a current clearance card, athletes will not be allowed to participate.**
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Parent Night: Will be determined by each individual coach. Please contact the coach for details.

Sports Participation Fee Refunds are issued through the Athletics Department under the following conditions:

- **Student is cut from the squad by the coach after tryouts.**
- **Student quits due to illness, injury or family moving prior to the 1st contest.**