

Rose Hill Junior High Athletics Program

The student and parent/guardian must read, sign, and return a Lake Washington School District Athletic Policy.

A parent must fill out and provide the required signatures on the sports clearance card. This two-sided card contains the following;

1) The Physical Examination/Clearance Card.

This must be completed by a physician or appropriate licensed authority. **Physicals are valid for two calendar years from the date of signing. If you have questions, please check with the Athletic Director.**

2) The signed "Verification of Insurance Coverage" section demonstrates that the student is adequately covered by personal accident insurance. Accident insurance may be purchased through the school if the student is not covered by your personal insurance.

3) The "Medical Emergency Authorization" section also requires a signature and date.

4) The "Media Consent" section needs to be completed for publicity purposes.

5) The "Emergency Contacts" section must be completed in full.

6) Finally, the "Lystedt Law" concussion form must be read entirely and signed.

Any student involved in interscholastic sports must purchase an ASB membership and also be responsible for the Pay for Participation fee as outlined. **All outstanding fines must be paid before a student can participate in athletics.**

Students will not be allowed to turn out for a sport without all the above information completed.

Students must maintain a 2.0 GPA to participate on a school athletic team. Students have **five school days** to improve any grade that falls below a 'D'. If the grade is not raised, the student will not be allowed to participate in any team function which includes games, practices, or pictures until their grade has been brought back to an acceptable level.

Athletic Fees

Junior High School

\$105 per sport with an individual cap of **\$210**

Additional siblings at the same school are capped at **\$105**

Ex:

Student A has no siblings at the school and plays two sports. Fee: **\$210**

Student B has no siblings at the school and plays three sports. Fee: **\$210**

Students C and D are siblings at the same school. Student C plays three sports and Student D plays two sports. Fee: **\$315**

Please note that these fees could be subject to change.

Refunds will be provided under the following conditions:

1. Student quits due to illness or injury prior to 1st contest 100% refund
2. Student quits due to family moving prior to 1st contest 100% refund

*** No refunds will be given after the first league game/match of the season.**

If you have any questions, please contact Shane O'Brien (Athletic Director)
(425) 936-2460 Ext. 54708 or sobrien@lwsd.org

Season Schedules

First Season

Girls' Badminton (7, 8, 9)

Boys' Tennis (7, 8, 9)

Girls' Softball (7, 8, 9)

Boys' Basketball (7 only)

Football (7*, 8, 9)

Second Season

Girls' Basketball (7, 8, 9)

Boys' Basketball (8, 9)

Third Season

Wrestling (7, 8, 9 Boys & Girls)

Girls' Volleyball (8, 9)

Fourth Season

Girls' Tennis (7, 8, 9)

Boys' Baseball (7, 8, 9)

Girls' Volleyball (7 only)

Track (7, 8, 9)

***7th graders must weigh a minimum of 135 pounds to play football**