

Friday, October 9, 2009

www.lwsd.org/school/muir



John Muir News

Weekly news from John Muir Elementary and the PTSA

News From our Counselor

As we move into a new school year here at John Muir, there are many things taking place in the counseling department. In the fall we are very busy with our program, **Operation School Bell**. We have 160+ students participating this year. These students are given \$100.00 to spend on clothes at Fred Meyer. The families shop in the evenings, and the funding for this program is through **The Assistance League of the Eastside**. We are very fortunate to have this kind of support for our students and families who need the extra help. The goal of **The Assistance League** is to make sure kids feel comfortable with what they have to wear each day. The Assistance League contributes over \$16,000.00 to our school each year. They also sponsor other elementary schools in the district, as well as schools in the Bellevue and Northshore School Districts.

We are also busy with the **"Operation Warm"** program sponsored by **The Rotary Club of Kirkland**. Each year they provide 200+ coats for our students who may need one. The Rotary Club foots the bill at a cost of close to \$6,000. So far, we have given out 120 coats and we know that by the end of the month there will be almost 200 students here at John Muir ready for the cold weather. Thank you Rotary Club of Kirkland for your continued support.

Classroom Guidance Lessons have started in the kindergarten classes. We have two programs for the lower grades that address how to get along with others: **KELSO** and **Second Step**. Both of these programs teach important friendship skills such as; the recognition of other people's feelings, as well as how to handle small conflicts as they arise. These lessons reinforce the *lifskills* we teach here at John Muir. Our goal is for our students to have the necessary tools to be successful throughout their lives.

Be on the look-out for additional counseling activities on my new counseling website which will be up and running soon.

Kathy Dryden
School Counselor

John Muir Calendar



SAFETY PATROL SQUAD 1

- Oct 12 Sally Foster order forms and \$\$ due
- Oct 12 Kindergarten Fieldtrip to Remlinger Farms
- Oct 15 Chitresh Das Dance Company Performance

UPCOMING EVENTS

- Oct 19 Studio East Mandatory Parents Mtg. 7-8pm, library
- Nov 5 Make up Individual Picture Day

Volunteers Needed

Health Room Volunteers are needed on Mondays and Fridays from 11:30 – 1:30 pm. Attend to boo boos, sick kids and give some extra TLC.



Do you love books, lots and lots of books??!! A Library Helper is also needed on Mondays. Help with shelving and sorting books. Contact DyAnn Dennie if interested.

Clothing Needed

Did your kids have a growth spurt this summer? Do you have boxes of clothes that don't fit them anymore? Our Health Room is in desperate need of sweatpants and underwear for our younger students, grades K-3. Please send any new or used clothing items to school marked "health room". Thank you



Studio East ArtReach! and John Muir PTSA are Bringing Musical Theater to our School!

Audition papers went home earlier this week with 3rd-6th grade students offering participation in our theater program and production of

THE EMPEROR'S NEW CLOTHES

If you would like your child to participate in the making of this production and your child is in 3rd, 4th, 5th or 6th grade please fill out the audition papers and return them with your payment of \$50 (made out to JME PTSA) to the front office no later than Friday, October 16th. The first 50 children to turn in their audition papers and payment will be guaranteed a spot in our production! Auditions will be offered on Monday, October 26th or Tuesday, October 27th.



THE LIFESKILL FOR
OCTOBER IS:
EFFORT

To do your best.
A serious attempt or try.

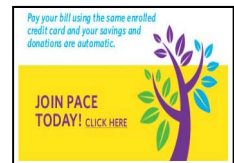


PTSA Fundraisers

There are so many ways you can help raise funds for our school. Check out the list below.

PACE

www.4pace.com/seattle/



Labels for Education

www.labelsforeducation.com/ and
[www.fredmeyer.com/services/
Pages/school_programs.aspx](http://www.fredmeyer.com/services/Pages/school_programs.aspx)

Sally Foster (ends Oct. 12)

[www.sallyfoster.com/sally/
home.jsp](http://www.sallyfoster.com/sally/home.jsp)



Personal Donations

Accepted anytime, just write a check to the JME PTSA.

eScrip

escrip.com/



Parent Education Night Supporting Parents and Families

Date: Thursday, October 15, 2009 7-8:30 p.m.

Social time is from 6:30 - 7:00

Place: Keller Elementary Library
13820 108th Ave. N.E., Kirkland, WA 98034

Laura Doerflinger, MS, LMHC Child and Family Therapist
Presents

Stop means Stop! What Parents need to know about Bullying

Bullying is an abusive behavior meant to have power over others. The Kaiser Foundation study showed that 86% of children admit to being bullied at one time. How can parents help? Come learn about bullying at this very informational event! Parents will learn: what bullying really is, how bullying effects both bully and victim, how to prevent bullying behavior, how to reverse bullying patterns, how to raise resilient children, how to coach the bystander on when or when not to get involved, how to teach assertiveness and get children to speak up!, and how to teach compassion and encourage self-esteem.

11.

Don't miss this speaker and presentation! We all want our children to succeed. Come learn ways to help achieve that!

Coffee and cookies provided by our Keller Baking Committee!

Reflections FAQs



Q: If a student elects to participate, when are the entries for the art contest due?

A: **October 26-28** (we will have a collection box at school).

Q: May a student submit only one entry?

A: Go crazy! This year our PTSA will accept up to one entry per student per category (there are six categories).

Q: Does the child's family have to be a PTSA member to enter?

A: NO –it is open to all students at John Muir Elementary.

Q: Do they need to mat their artwork?

A: Yes, in the following categories: Visual Art and Photography entries should be mounted on a stiff mat no larger than 24” by 30” (for Visual Art) or 11” by 14” (for Photography). If you need mat board the Reflections Coordinator will have a limited amount available, so just ask.

Q: Should my student put his or her name on the front of their piece?

A: No! Just write the student's name on the back and loosely attach the entry form signed by the student and parent to the back of the submission. For Literature, Musical Composition, Dance Choreography and Film Production – please refer to the guidelines.

Q: What is the Required Artist Statement?

A: On the entry form, the student should simply explain how their work relates to the theme, “Beauty Is...” A Title of the work must also be listed on the entry form, and the form should be signed by the student and their parent.

Q: Can the PTSA visit my class to explain more?

A: Yes, we would love to give a short presentation to your students explaining how easy it is to participate in this great program. If you are planning a class project around the theme, we can also send a volunteer to help out the teacher.



Q: Will there be any recognition?

A: Of course! All students will receive a certificate and ribbon as well as being displayed in the John Muir annual art show with a chance to be elected Best in Show, and a picture in the yearbook. Those submissions that are selected by the judges to represent our school in the district competition will receive special recognition. We are also planning something special for the class with the highest rate of participation!

Q: How have John Muir students done in the past?

A: Great! Last year many entrants were selected as finalists and their works were displayed at the LWSO show which was quite well attended. Three of our students then received Awards of Merit or Awards of Excellence and went on to the State level, for their work in Literature. Check the bulletin board for an example! In addition, a student's Visual Art entry was voted Best in Show by our own PTSA community.

Q: Where can I find the entry forms in English and Spanish, and more information?

A: The entry forms and the attached student flyer were distributed in the Friday Flyer and can be found on the bulletin board outside the school office. This e-mail does not include entry forms because the bottom portion should be pre-filled with our local PTSA information, which we have done with the copies on the bulletin board. So just send a student over to pick up some forms!

You may also find it handy to look up Reflections on the PTSA website <http://www.lwsd.org/school/muir/PTSA>. The entry form and guidelines for all the categories are posted for you. Finally if you have any question, major or minor, that you need help with please don't hesitate to contact the Reflections Coordinator Shawn Thornsberry at s.thornsberry@hotmail.com or 425-283-8344.

Thank you for your support with Reflections!!

