

LIFE SKILLS

RECOGNITION FOR APPROPRIATE BEHAVIORS:

The Pride Award is given by staff members to recognize students who demonstrate one of the following Life skill behaviors we call "The John Muir Way". Each Friday 7 names are drawn, one from each grade level and these students are recognized.

- Compassion:** To feel and show concern for others. Desire to help others in need. Shows kindness and a willingness to help others whenever possible.
- Cooperation:** To work together toward a common goal or purpose.
- Courage:** To act according to one's beliefs despite fear of adverse consequences. Is willing to put one's beliefs into practice.
- Effort:** To do your best. A serious attempt or try.
- Flexibility:** To be willing to alter plans when necessary. Is ready to adapt as needed to the changes in people and circumstances that arise in daily life.
- Initiative:** To do something of one's own free will because it needs to be done. Thinks and acts on own ideas without prompting from others.
- Integrity:** To act according to a sense of what's right and wrong. Is truthful at all times, never takes advantage of the trust of others, and never deceives or steals. Is dependable and reliable.
- Perseverance:** To keep at it even when things get difficult. Demonstrates the quality of trying hard and continuously in spite of obstacles and difficulties. Continues to work hard, persist. Endure, and put forth effort.
- Respect:** Holds persons and property in esteem and special consideration. Shows concern and regard for self and others.
- Responsibility:** To respond when appropriate, to be accountable for your actions, and to follow through with commitments. Is dependable and reliable.

KELSO'S CHOICES

Do you have a SMALL problem? Try 2 of Kelso's Choices:

- **Go to Another Game**
- **Share and Take Turns**
- **Talk it Out**
- **Walk Away**
- **Ignore It**
- **Tell Them to Stop**
- **Apologize**
- **Make a Deal**
- **Wait and Cool Off**

If you have a BIG problem, tell an adult you trust.

