

Lake Washington School District

2009 JUNIOR HIGH

TRACK & FIELD SCHEDULE

Pre-Season Meeting	Wednesday, March 25 th (4:15 @ Rose Hill Junior)
Practice Begins	Monday, March 23 rd (10 practices to be eligible – 11 before 1 st meet)
Seeding Meeting	Tuesday, May 26 th (5:30 @ Kamiakin Junior)
Final Meet	Tuesday, June 2 nd @ Juanita High School
Post-Season Meeting	Wednesday, June 3 rd (3:30 @ Kamiakin Junior)
Contact	Mike Bush mbush@lwsd.org

MEET #1 – Friday, April 17th

Rose Hill	- BYE	
Kamiakin	@ Redmond	(RHS)
Evergreen	@ Inglewood	(EHS)
Finn Hill	@ Kirkland	(LWHS)

MEET #4 – Friday, May 8th

Evergreen	- BYE	
Kirkland	@ Kamiakin	(JHS)
Inglewood	@ Rose Hill	(LWHS)
Finn Hill	@ Redmond	(RHS)

MEET #2 – Friday, April 24th

Finn Hill	- BYE	
Kirkland	@ Evergreen	(RHS)
Redmond	@ Inglewood	(EHS)
Rose Hill	@ Kamiakin	(JHS)

MEET #5 – Friday, May 15th

Redmond	- BYE	
Kamiakin	@ Evergreen	(RHS)
Inglewood	@ Finn Hill	(JHS)
Rose Hill	@ Kirkland	(LWHS)

MEET #3 – Friday, May 1st

Inglewood	- BYE	
Kamiakin	@ Finn Hill	(JHS)
Kirkland	@ Redmond	(RHS)
Rose Hill	@ Evergreen	(EHS)

MEET #6 – Thursday, May 21st

Kirkland	- BYE	
Kamiakin	@ Inglewood	(EHS)
Redmond	@ Rose Hill	(LWHS)
Evergreen	@ Finn Hill	(JHS)

FINAL MEET – Tuesday, June 2nd

@ JUANITA HIGH SCHOOL
STARTING @ 3:30