

Lake Washington School District
Junior High School Athletic Policy
2011-2012

Interscholastic athletics in the Lake Washington School district are intended to provide opportunities for students to participate in structured and supervised programs that promote good sportsmanship and fair play in a competitive environment.

1. The athletic program of the Lake Washington School District Junior High Conference, though not regulated by, subscribes to the guidelines of the Washington Interscholastic Activities Association. A copy of the WIAA constitution, rules and regulations is maintained by each school.
2. Eligibility requirements, that each student athlete must meet prior to receiving equipment and participating in a practice, are as follows:
 - a. A physical examination with doctor's signature and current date on a school-provided physical form. The physical portion of the form is good for two years from the date of the examination.
 - b. Proof of medical insurance coverage or purchase of school insurance. Required yearly.
 - c. A medical emergency authorization form signed by a parent or guardian, together with an emergency contact number in the event a parent/guardian cannot be reached. Required yearly.
 - d. LWSD Athletic/Activities Drug-Alcohol & Tobacco Code signed by both the student and parent or guardian. Required yearly.
 - e. LWSD Concussion Information Sheet signed by both the student and parent or guardian. Required yearly.
 - f. Membership in the Associated Student Body (ASB) of Kamiakin Junior High. The ASB card may be purchased at the school and is valid for the current school year. Required yearly.
 - g. No outstanding fines or fees.
 - h. Athletic eligibility policy signed by both the student and parent or guardian. Required with each individual sport.
3. Attendance at practice sessions, meetings, and games is required unless absent from school, excused by a coach, or detained by another instructor. In the event of a medical or dental appointment, one-half day of attendance is mandatory. Coaches will establish individual sport policies regarding tardiness and unexcused absences from practice. If a student is suspended from school (in-house suspension or out-of-school suspension), that student is not eligible to participate in extra curricular activities that day.
4. After a second unexcused absence from practice, an athlete will be dropped from the team.
5. Student athletes are expected to participate fully in all regular school activities and classes each day, including physical education activities, in order to participate in an extra-curricular activity.

6. Use of tobacco, alcohol, and/or other illegal drugs during a sports season will constitute grounds for suspension from the sport or activity for the remainder of the season. A second violation in the same school year will constitute grounds for suspension from participation in the athletic program for the remainder of the year.
7. Student athletes are expected to demonstrate citizenship and conduct that is beyond criticism at all times. Student athletes violating school behavior expectations can expect school discipline and athletic discipline up to and including temporary and permanent suspension from the team.
8. In the event a student athlete is injured during a practice or contest, the supervising coach is to be notified immediately in order to obtain proper care and prevent further injury.
9. Student athletes receiving school-issued equipment are responsible for that equipment and, in the event of loss or damage, will be required to pay the replacement charge.
10. In most cases transportation is provided by the school district to athletic events. Athletes are required to travel to and from contests with the entire team, unless excused by a coach. Written parent request is required in order for the coach to release a student from riding the team bus. Students returned to the school by parent transportation cannot expect access to the locker room until the coach returns from the game site.
11. Student athletes represent their schools and are expected to be good ambassadors and display good sportsmanship at all times including on buses. Students failing to conduct themselves accordingly are subject to discipline up to and including suspension from the team.
12. Academic eligibility. Student athletes must have a GPA of 2.0 in all classes and no fails. Students not meeting academic eligibility or whose academic performance falls below the stated standard during a season may be placed on academic probation. A grade check will occur following the third week of each season with a 5-day probation period for athletes not meeting academic eligibility requirements.

Parent signature _____ Student signature _____

Date ____/____/____

I GIVE _____, GRADE _____
(Please Print)

PERMISSION TO PARTICIPATE IN _____
(ONE specific sport each season)