

Martial Arts Class

Winter Session

Time: Thursday 3:45 to 4:15pm
Location: Ben Franklin Commons
Instructor: John Andrews
Class Dates: January 12 till March 22
Cost: \$75

A basic introduction to Martial Arts, this class is designed for students with little or no Martial Art experience. Basic stances, blocks, and strikes with an emphasis on critical life skills such as confidence and self-control. Mr. Andrews has extensive experience volunteering at Lake Washington schools, including teaching some PE classes at Ben Franklin. Students who sign up for this class may attend a 2nd day a week at Washington Black Belt Academy for no addition charge.

Please return this by Friday 1/6. Classes start Thurs 1/12.

(Please return this form, with your check for \$75 made out to **Ben Franklin PTA**, to your child's teacher or the office.)

Student's Name: _____ Teacher/Grade: _____
Parent's Name: _____ Phone: (____) _____
Address: _____
Email address(es): _____
Emergency Contact + Phone: _____
How student will be picked up _____

All classes offered through the PTA require one or more Parent Representatives. Please check the dates you would be able to attend the class as the PTA Parent Representative.

Jan. 12	Feb. 23.....
Jan. 19	Mar. 1
Jan. 26	Mar. 8.....
Feb. 2.....*Note: ½ day class starts at 12:05	Mar. 15.....
Feb.9.....	Mar. 22.....

The fine print: Please note that all classes are offered SUBJECT TO THE CONFIRMATION OF A PARENT REPRESENTATIVE and minimum enrollments. Prompt pick up of your child is required for class attendance. You will receive email letting you know the status of the class prior to its start.

If you are able to chaperone for the entire session, your child will receive 50% discount on tuition for session. For more info email education@mybenfranklinpta.org

Days with early dismissal please send a snack.

Forms can also be found on: <http://www.lwsd.org/school/franklin/Activities/Pages/default.aspx>