

Frequently Asked Questions

How do I sign my child up for a sport?

Approximately four weeks before a sport begins Evergreen will have a meeting during NIB for students interested in signing up for the next season's sports. If they miss this meeting, they may sign up on sheets provided outside of Mrs. Towers' office. Sign-up and clearance deadlines will be announced at school, placed on the reader board in the commons, and placed in parent organizer. Sign-ups for fall sports take place in the spring of the previous school year.

What does my child need to provide in order to be cleared to participate?

You and your student must fill out the athletic information packet paperwork which includes a signature page, information on insurance, a concussion information sheet, proof of a physical in the past two years, and an emergency form. They also must pay a \$20 ASB fee, a \$105 sports fee and any fines they have outstanding. There are individual and family caps on sports fees which are explained in detail in the athletic packet. Your child may pick up an athletic information packet at school or you may print it off the EJH website.

What do I do if I want my choice school student to participate in sports at Evergreen?

You must present a utility bill so that office staff can ensure that the student's address is in the EJH attendance area; 2) fill out the Evergreen student registration form (immunizations do not need to be checked if the student is coming from another in-district school); 3) complete the Evergreen Sports Packet and pay the sport's participation fee; 4) pay an ASB fee.

What are the typical practice times and days?

Generally practices are held Monday, Tuesday, Thursday, and Friday. Practice times vary, but are usually 2:45-4:45. A few sports may have later practices due to the coach's availability. Morning practices (usually Wednesday) may also take place, especially at the beginning of a season. There are no practices weekends, vacations, or holidays. If a practice is cancelled due to weather, students will be notified through the reader board in the commons or by an announcement. Questions about practice schedules should be directed to the coach. If you are unable to speak with the coach directly, contact the Athletic Director.

How does my son or daughter get to and from practice?

Transportation to and from practice is not provided by the school district. Students and parents are encouraged to carpool.

How does my student get to and from contests?

The school district transports athletes to and from Evergreen for all athletic competitions but parents must pick up their students at EJH after each event is over. If a parent wants to bring their student home directly from an event, they must inform the coach before leaving. If a student is getting a ride with someone other than his/her parent, he/she must present the coach with **written permission** from the parent.

How do I know what team (Varsity/JV or Regional) my student will play on?

The Junior Highs in Lake Washington School District have a full participation philosophy, which means every student who tries out for a sport will play at some level- Varsity, Junior Varsity, or Regional. Tryouts are typically held the first week of practice. Students may move up from one team to another on occasion.

How will I know if an athletic event has been cancelled due to weather or other factors?

Parents may always call the Evergreen Office at 425-936-2320. We will also put the information up on the reader board at the school as soon as we know so students are informed. Once all schools are using the Tandem Online Calendar for the district, cancellations will also appear on the calendar.

What sports can my ninth grader play at the high school?

In the fall, 9th grade students may participate in Boys Golf, Cross-Country, Girl's Swimming and Diving, and Girl's Soccer. In the Winter, Boy's Swimming and Diving and Gymnastics are offered. In the spring, 9th grade students may participate in Boy's Soccer or Girl's Golf at the high school. 9th Grade students are cleared at the high school for these sports.

What if my child loses his/her uniform or equipment?

All uniforms and equipment are the responsibility of the student. Any uniform or equipment that is lost will be billed to the student at replacement cost.