

Rachel Carson Student Council is pleased to announce that
every FRIDAY will be a

WASTE FREE LUNCH DAY



On our Waste-Free Lunch Day, students will be asked to bring lunches that include as many items as possible that can be eaten, reused, or recycled and as few items as possible that must be thrown away. You can help your child pack his or her waste-free lunch by including only what your student can eat, using reusable containers or bags, or buying non-perishable foods in bulk.

Items Include:

- Sandwiches in reusable containers.
- Whole fruits without packaging.
- Drinks in containers that can be reused, such as a thermos
- Snacks purchased in bulk and brought in reusable containers.
- Reusable ice packs.

Don't Include:

- Individually wrapped snacks
- Plastic baggies that are not reusable
- Disposable forks and spoons

Thank you for your support as we try to make Fridays and every day a waste-free lunch day! If you have any questions about the Waste-Free Lunch Day, please contact Jodie Brown or Gina Davis. For more information on waste-free lunches please visit www.epa.gov/epaoswer/education/lunch.htm.

And don't stop after just one day of packing waste-free! Pack your child a waste-free lunch every day and pack your own waste-free lunch for work. Thank you so much for your support,

The Rachel Carson Student Council