

BEST Newsletter 2009/2010 Session 2

10903 NE 53rd Street, Kirkland, WA 98033 Phone: (425) 828-3289 Fax: (425) 828-3293
<http://www.lwsd.org/best>

PRINCIPAL'S MESSAGE

We have recently completed our first session at BEST. The first session, along with the second session, will award students with .25 credit for the classes in which they have mastered the summative assessments. We have also implemented our first Homework Club to assist students with their work. I have appreciated the high level of parent support in the implementation of our new programs. Students have two weeks to complete any outstanding assessments from first session that they have not mastered.

As you look at WebGrader, you will be able to determine if your student has mastered the assessments. A parent conference will be held for students not showing academic progress. Our biggest challenge is getting students to attend classes regularly and on time.

Please reinforce this with your students if you receive an automated absence call. Students are marked absent if they are ten minutes or more late to class. As always, if you have questions or concerns, please feel free to contact us.

Christina Thomas

cthomas@lwsd.org

Principal

SHAPE LWSD'S FUNDING, FUTURE THROUGH LEVY/BOND INPUT

Plan to attend a levy/bond input session or participate through online process

Help shape the future of our schools by giving input on what should be part of the school levy and bond measures on the ballot next February. Options include raising money for facilities and technology capital projects, possible bond measure for new schools and school grade configuration change. Parents, community members, staff and students are encouraged to attend.

Oct. 7 - 3:00-4:30 p.m., Redmond Junior High
Oct. 7 - 7:00-8:30 p.m., Eastlake High School
Oct. 8 - 7:00-8:30 p.m., Redmond High School
Oct. 13 - 3:00-4:30 p.m., Kamiakin Jr. High
Oct. 13 -- 7:00-8:30 p.m., Juanita High School
Oct. 14 - 7:00-8:30 p.m., Lake Washington High School

BEST SCHEDULES

Daily Schedule:

Period 1	8:35 - 9:30
Period 2	9:33 - 10:28
Period 3	10:31 - 11:01
Period 4	11:04 - 11:59
Lunch	11:59 - 12:50
Period 5	12:50 - 1:45
Period 6	1:47 - 2:42

Wednesday Schedule:

Period 1	8:35 - 9:10
Period 2	9:13- 9:48
Break	9:48 - 9:58
Period 4	9:58 - 10:33
Period 5	10:36 - 11:11
Period 6	11:14 - 11:59

LOOKING FORWARD TO SESSION 3

NOVEMBER 9 - DECEMBER 11

9 NOVEMBER	10	11 NO SCHOOL Veteran's Day	12	13
QUARTER 2				
16	17	18	19	20
23	24	25 Mid-Session Half Day	26 NO SCHOOL Thanksgiving	27 NO SCHOOL Thanksgiving
30	1 DECEMBER	2	3	4
7	8	9 LAST DUE DATE	10	11 End of Session

BEST NEWS

NATIONAL COLLEGE FAIR OCTOBER 18 & 19

FREE and OPEN to the PUBLIC, NACAC's college fairs allow students to interact with admission representatives from a wide range of postsecondary institutions to discuss course offerings, admission and financial aid requirements, college life in general, and other information pertinent to the college selection process.

In which grade should students attend a NACAC College Fair?

We believe the earlier the better. We encourage parents and students to investigate the college admission process as early as middle school. One of the best ways to do this is by attending a college fair.

What happens at a college fair?

College fairs are an exciting chance to talk to the people in the know. Admission representatives from a variety of colleges are all gathered in one place, just waiting to answer your questions.

Location:

Washington State Convention and Trade Center, Hall 4 E, 800 Convention Place, Seattle, WA 98101, 206-694-5000

For more information about the October 18 & 19 National College Fair being held in Seattle, please visit:

<http://www.nacacnet.org/EventsTraining/CollegeFairs/ncf/Fall/Pages/09FSea.aspx>

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WINTER WEATHER TIPS FOR STUDENT METRO RIDERS

Many LWS D students rely on Metro to get them to and from school. Metro would like you to be reminded of possible delays, route changes or cancellations because of winter weather. When waiting for a bus in these conditions, the best place to catch the bus is along a major arterial. Wait at the top or bottom of hills, and wait back from the curb. Please remember that Metro buses may be more crowded than usual and not always on schedule, so dress warmly and be prepared for delays.

Bus snow reroutes are also posted on the Metro's Riderlink web site:

<http://transit.metrokc.gov/> or the 24-hour Rider Line 206-553-3000.



EASY WAYS TO SUPPORT BEST

Recycle printer toner cartridges, fax toner cartridges, ink jet cartridges and cell phones.



Cartridges and cell phones donated will be disposed of properly and not end up in landfills. Please bring them to the main office.



Donate:

Plain white copy/printer paper - a ream or a box.

Tissues - perhaps you could grab an extra bundle next time you are at Costco, or pick up one or two extra boxes when you get some for home. We are entering the cold and flu season, and boxes of tissues are flying out of the storeroom at an alarming rate! Just as with printer paper, costs are rising for tissues.



Thanks for helping BEST and our environment!

Help us Raise Money for BEST!

We are participating in a powerful fundraising opportunity called eScrip. eScrip is a hassle-free way for BEST to raise funds through your everyday purchases made at eScrip merchants. Fundraising money will go into our General Fund here at BEST to help support student field trips, vocational programs and other educational opportunities.

USING SMALL GIFTS TO MAKE A BIG DIFFERENCE FOR STUDENTS

Saul Haas Foundation

The Saul and Dayee G. Haas Foundation provides assistance to financially deprived students in secondary schools in Washington State. This program differs from other financial aid programs in the flexibility of conditions under which a student may receive aid. The funds are readily available making immediate assistance possible. It is a fund to be used when other student welfare programs have been explored but cannot fill the particular need.

Despite having partnered with schools for 45 years, few people outside of the schools know about the Haas Foundations. This is because our founders desired to remain low-profile to students while giving to schools. To accomplish the Foundation's goals of increasing support to the secondary schools and their students in need, they now appeal to the public.

The demand for funding from BEST increases each year while the annual grant we receive has gone down, making the importance of the Challenge Matching Grant program ever more necessary.

Many employers offer matching gift programs that can double or triple a donation. Please check with your employer's website or Human Resources Department concerning your employer and eligibility.

The Haas Foundation will also match up to an additional 50% of our original annual grant which allows BEST to double the available funds in our Haas account and serve twice the number of students. If BEST raises money through community fundraising and we put the proceeds into our school Haas account, the Foundation will match that amount.

If you are interested in making a donation BEST's Saul Haas fund, please contact Mary in the main office. If you would like further information about the Foundation, please visit their website: www.haasfoundation.org.

Thank you for your support.

ATTENDANCE LINE

The phone number for calling in your student's absence is **425-828-3287**.

Remember, students and parents are responsible for school attendance. The parent or legal guardian of any student who is absent from class is requested to leave a phone message on the BEST Attendance Line at 425-828-3287 *within 24 hours* of the absence to explain the circumstances of an absence. If the parent is aware of an impending absence, please call to notify the school in advance.

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DISTRICT NEWS

H1N1 FLU UPDATE

Flu season is on its way if it isn't already here. It's a good time to review with your student the following ways to stay healthy during flu season:

- Remind your student to wash their hands often with soap and water or an alcohol-based hand rub. They should take about 20 seconds to wash their hands.
- Remind your student to cover their coughs and sneezes with tissues and wash their hands afterward. If a tissue is not available, they should cover up their coughs or sneezes using the elbow, arm or sleeve instead.
- Remind your student not to share drinks, food, unwashed utensils or other personal items.

As a reminder, here are the signs and symptoms of the flu:

- Fever (100 degrees Fahrenheit or greater). Your student may appear flushed, be sweating or shivering, or feel warm to the touch.
- Cough
- Sore throat
- Body aches
- Headaches
- Chills
- Fatigue

Diarrhea and vomiting are also possible symptoms of the flu. If your student has the flu or a flu-like illness:

Keep your student home until at least 24 hours after the fever has passed without the use of fever-reducing drugs.

Students need to stay home from child care, sports practices and other activities as well.

The district office is working closely with Public Health Seattle & King County to monitor conditions and make decisions about the best steps to take concerning schools. Check our school's Web site and the district Web site often for updates.

Additional information/sources of information:

Public Health Seattle & King County:

<http://www.kingcounty.gov/healthservices/health/preparedness/pandemicflu/swineflu.aspx>

Washington State Department of Health:

<http://www.doh.wa.gov/h1n1/>

Centers for Disease Control:

<http://www.cdc.gov/H1N1FLU>

COMMUNITY NEWS

GREEN KIRKLAND JUANITA BAY PARK RESTORATION

Please join us to plant over 1,500 native plants; our largest Green Kirkland



volunteer planting event so far! An EarthCorps crew and Native Plant Stewards will be leading activities as part of implementing the Juanita Bay Park Restoration Action Plan. Some invasive plant removal might be included in the activities.

Date: Saturday October 17

Time: 9 a.m. until Noon

Place: Juanita Bay Park (2201 Market St., Kirkland).

Directions are given below. **Please arrive early** to find street parking and allow time for sign-in.

Sponsor: Snacks from Village Mart, 12116 Juanita Drive.

Suitable for: Adults, Teens, and Families. Minors under the age of 14 years must be accompanied by an adult. Youth 14 to 17 years should be accompanied by an adult, or bring a signed waiver form, or a parent/guardian to sign you in. Youth waiver forms can be obtained in advance from the City or EarthCorps websites.

EarthCorps will be managing the event. Please sign up at the [EarthCorps website](#). Advance signup is important for planning purposes. However, volunteers who show up on the day are also welcome. Please contact project manager Lina Rose if you have questions about the event, lina@earthcorps.org, 206-322-9296 x 225.

EarthCorps and Kirkland Parks will provide tools and equipment.

Continuing the Green Kirkland Partnership is made possible through a grant from King Conservation District. For more information on the Green Kirkland Partnership please check out the city's [Green Kirkland web page](#) and [Cascade Land Conservancy's web page](#).

Please also remember to mark your calendar for **Saturday November 14** at Cotton Hill Park. Sign up on the [EarthCorps website](#).

Juanita Bay Green Kirkland Team

City of Kirkland, EarthCorps, Washington Native Plant Society, Juanita Bay Park Volunteers, Cascade Land Conservancy

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KIRKLAND LIBRARY TEEN READ WEEK

Celebrate Teen Read Week October 19-23!

Visit the Kirkland Library's temporary location inside Parkplace Books (next to the movie theater in downtown Kirkland) during Teen Read Week, tell them your favorite book, and get a prize! Teens only! While supplies last, visit soon!

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Sarah Hunt

Teen Services Librarian
Kirkland Library

TECH NEWS

PARENT ACCESS REGISTRATION INSTRUCTIONS

1. The first step is to go to the following website <http://www.lwsd.org/Parents/Parent-Access/Pages/default.aspx>. On this page you will find an area for Parent Access to log in or register - click on *Register Now*.
2. As a parent or guardian, you may activate your account by accurately entering your first and last name along with the e-mail address that the school already has on file. **If you do not have an e-mail address on file with the school, please go to the school office and supply an e-mail address.** They will need to confirm your identity for your security and protection.
3. When you are finished entering your name and e-mail address, click on the submit button. If you are successful, the information in red will give you further directions on the registration process.
4. Within the next 12 hours you will need to access your e-mail at the address you entered in the registration process.
5. You should receive an e-mail from the LWSd parent questions account. Open the e-mail and follow the detailed information to complete the registration process.
6. While you are connected to the internet click on and open the link in the e-mail message.

If you have any problems registering for Parent Access, send an e-mail to: parentquestions@lwsd.org.

HOW TO COMMUNICATE WITH BEST STAFF

OUR MAIN OFFICE NUMBER IS 425-828-3289 AND BEST OFFICE HOURS ARE 7:30 AM - 4:00 PM DAILY.

IF YOU ARE CALLING BEFORE OR AFTER OFFICE HOURS YOU MAY LEAVE A MESSAGE FOR THE MAIN OFFICE BY PRESSING 2.

*Please communicate late arrivals and absences on the
BEST Attendance Line 425-828-3287*

Or you can call 425-828-3289
and press 1 and leave a message.

Thank you from the Office Staff

Staff Emails & Extensions:

Christina Thomas Principal cthomas@lwsd.org	Stephanie Monaghan English/Social Studies stmonaghan@lwsd.org
Mia Arends Art marends@lwsd.org	Justin Ochsner Math jochsner@lwsd.org
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Tracy Bumgarner Health/Food Science tbumgarner@lwsd.org	Wendy Simmons School Counselor wsimmons@lwsd.org
Jennifer Camara Infant Daycare Assistant jcamara@lwsd.org	Nattolie Sinclair Social Studies nsinclair@lwsd.org
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