

Norman Rockwell PTA

Beagle Bugle

newsletter 10.05.09

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Washington State Attendance Law

Important Information

Rockwell Elementary requires that the parent/guardian call the Attendance Office at **425 702-3450**, when a student is going to be absent. A message can be left 24 hours a day.

[CLICK HERE to view letter to parents](#)

Walk to School Week



Walk To School Week is
October 5-9

How many steps does it take you to get to school? Count your steps and see. Charts will be available in the classroom for the student to track how many steps it takes to get to school. Students who walk 3 or more days will receive a cool water bottle at the end of the week. Keep in mind as you get out your walking shoes that walking is good for the mind and body, and is better for the environment.

Mary Klug
Chairperson, Get In Motion

PTA Special Needs Group

Helpful Phone Numbers

Safe Arrival
702-3451

Front Office
702-3450

Extended Day
702-3452

Preschool
861-3056

Food Service Office
702-3393

Transportation
882-5120

Coming Soon

October 5

Vision and Hearing
Screening

October 5-9

Walk to School Week

October 7

LWSD - Levy/Bond Input
Meeting @ RJH 3pm

October 8

PTA Board Meeting

Math Challenge #1 Due

Papa John's Dines Out Night

LWSD - Levy/Bond Input
Meeting @ RHS 7pm

October 13

Ask Me About Autism
Assembly



Hello Rockwell Families,

October is already here and with it **National Disabilities Awareness Month**. As you already know, we are busy at Rockwell making sure that all our kids celebrate the talents, skills and strengths of all their peers. I would like to ask you to extend this celebration to your homes. Kids with special needs are your kids friends and peers of today, their co-workers and partners of the future. We all need to make an effort to include special needs kids in our families, our communities and our lives.

Now, as a mother of two kids with special needs, I know that this is easier said than done. Playdates, birthday parties, school events, are not always easy for my kids, let alone for the hosting families. And it is not because they don't want to accommodate them, but because, sometimes, they don't know how to deal with their challenges.

It is the goal of Rockwell's PTA Special Needs Group to help all families at Rockwell to be able to understand the challenges of our kids with special needs and to facilitate their inclusion in our lives. We will work with our kids to have them "walk in their shoes", we will keep you updated on everything they are doing and experiencing in school so that you can extend the conversation to your dinner table and we will publish ways to deal with different kids in the Bugle each month. We will talk about kids with ADHD, kids with behavioral challenges, kids with autism, kids with Down Syndrome...what challenges they face and how you can make them part of your lives.

Please feel free to contact me with your suggestions, questions and comments.

[Pilar López](#)

Special Needs Liaison

Rockwell Dines Out

October 15
PTA General Membership Meeting
7pm in the Library

October 16
4th gr Field trip to Salmon Hatchery

October 19
School Photo Day!

October 22
Disabilities Fair

October 26
Love and Logic Classes Start

October 27
Special Needs Meeting

Community Bulletin Board

[Rockwell Bulletin Board](#)

[Sammamish Arts Commission - Art of the Sari](#)

[Evergreen Family Theatre - Acting for TV & Film](#)

[Kirkland Dance Center Fall Schedule](#)

[Studio East Fall Theater Classes, Camps, Workshops & Productions](#)

[Kirkland Art Center - Fall 2009 Youth Classes](#)

[PNW Traditional Moo Doe Assoc Free Martial Arts Classes](#)

[Village Theater - Kidstage Fall Classes](#)



Too Busy to cook? Want to Raise Money for Rockwell? Like Pizza?

This year the Rockwell PTA is partnering with Papa John's to raise money for our school. The **second Thursday of every month** is Rockwell Night at the Redmond Papa John's restaurant. When you place a telephone or in-person order, just mention "Norman Rockwell Elementary" and 20% of your order total will go directly to our school. And you can still use your coupons. It's that simple!



Parents make it an easy night! On **Thursday, October 8th** let Papa John's do the cooking for you.

Minerva Butler

Fundraising 2009/2010

Math In Action News!

MIA ONLINE is an enrichment math online program available for Rockwell Students (K-6).

Don't Miss Out! Fee is very affordable, which is only \$15 for the entire school year (instead of \$79). Register through www.mathinaction.org.

We are using www.ixl.com, which provides unlimited math practice for elementary school students.

Benefits of program:

- AFFORDABLE AND FUN
- UNLIMITED MATH PRACTICE
- ADAPTABLE TO YOUR CHILD'S ABILITY
- IMMEDIATE FEEDBACK
- EXCELLENT AWARDS

Additional prizes are available to motivate students throughout the school year. Students from grade 2-6 also can compete in Online Math League (fee is included). For more information go to www.mathinaction.org.

MATH CHALLENGE #1 is now available.

Math Challenge is a series of math challenges published every other week in the Bugle and on math in action website. Students from grade 1 to grade 6 are invited to participate. Those who complete at least 10 challenges will be honored at the award assembly in June 2010. Go to www.mathinaction.org to view the PDF printable

[Redmond Toddler Group -
Enroll Now](#)

[Music for Kids Foundation is
offering scholarships!](#)

[Boy Scouts - Cub Scout
Packs 557 & 591](#)

[Camp Fire USA Fall 2009](#)

[Boy Scouts Troup 557](#)

[StoryBook Theater 2009-10
Season - Musical Fairytale
Adaptations for Children
Ages 3-10 and families](#)

[Redmond Parks Youth
Basketball League](#)

[Boys & Girls Clubs K-2nd
Basketball](#)

[Eastside Basketball Club for
Grades 3-6](#)

[Eastside Basketball Club
Little Shooters](#)

[Home Court - Home School
PE](#)

[Home Court Basketball for
K-2nd Grade](#)

[Eastside Precision Drill Team](#)

[WAVE Aquatics Swim Team](#)

[Eastside Basketball Club
Speed and Strength Training](#)

[WAVE Aquatics Swim Team
Registration](#)

[Boys & Girls Club 3-6th
Grade Basketball](#)

[Redmond/Sammamish Boys](#)

challenge, prize, and how to participate.

Elly Sarwono

PTA General Membership Meeting, October 15th



All PTA members, please plan to attend the general membership meeting on **October 15th at 7:00** in the Rockwell library.

Rockwell 6th graders will provide on-site kid-sitting.

We will be discussing new academic enrichment programs we'd like to bring to the school as well as voting on our standing rules, so come let your voice be heard!

PTA Position Openings

Picture Day

Picture day is scheduled for **Monday October 19th**, so mark your calendars. We would love to have volunteers to help out with pictures on the 19th.

Please contact Julea Leiter at mark@leiter.com if you are interested in volunteering. Thank you in advance for your time!



Kid's Care

Rockwell's **Kid's Care program** gives back to charities locally and nationally, but needs your help to happen this year.

The PTA is looking for a chairperson for Kid's Care. This chair will run Trick-or-treat for UNICEF, toy drives and food drives at Rockwell. If you love to give back to the community and are looking for a way..... this job is for you.

Please contact [Stephanie Sullivan](#) for more information.

Disabilities Fair

[& Girls Club Sports Programs](#)

[Boys & Girls Club Pee Wee Sports Classes](#)



We need volunteers to help set up and run the **First Rockwell Disabilities Fair**, to be held **October 22nd**. This will be an easy and very rewarding job! You will man a station and help the kids experience the challenges people with disabilities face each day.

Let's make this Fair happen! Please, volunteer. We can't do it without you!

Please contact [Pilar López](#) to sign up or to find out more!

Did You Know?

Join PACE for a Triple Play!!!

Did you know that by joining the **PACE** program, you can support wonderful local restaurants and businesses, who in turn send **5%** of your sales or check total to Rockwell, **and** you get a check back the first time you visit each restaurant. Also, the participating retailers run special "Member Only" savings opportunities throughout the year.

WIN! WIN! WIN!

Watch for the membership packet in your student's backpack this week. The membership fee is \$25 - of which \$10 is sent directly back to Rockwell. And it only takes a couple restaurant visits to earn back your membership fee! Signing up is easy. Visit the PTA's fundraising page for more details and a list of local restaurants and businesses.

[CLICK HERE for more information about PACE](#) [CLICK HERE to visit the PACE website](#)

Rockwell earns 5% on every purchase through your everyday shopping!

Minerva Butler
Fundraising, 09/10

Other Information

[Becoming a Love and Logic Parent](#)

Presented by The Neighborhood Schoolhouse

Would you like to improve communication with your children? Are you looking for new ways to help your children make responsible choices? Would you like to learn how to use love and logic when you discipline your children? If so, this course is for you.



Location: Redmond Elementary School Library

Dates: **Mondays, October 26th thru November 23rd**

Time: 6:30-8:00 PM

Cost: (Optional) \$9.00 for Parent Manual

Child Care: FREE with advance registration; For Children Ages 3 and up.

[CLICK HERE for Printable PDF Registration Form](#)

PTSA Special Needs Group

Behavioural challenges? ADHD? Learning issues? Health problems?

It might be food related!!!

Tuesday, Oct 27, 2009 meeting

7:00 - 8:30pm

Speaker: Sally Hara, MS, RD, CDE from ProActive Nutrition, Kirkland

Restlessness, defiance, anger, anxiety, distractibility, headaches, stomach aches, runny nose, red ears, excessive ear wax, ETC! Is your child eating foods that can cause these health effects? Children with behavioral challenges, those on the autistic spectrum, with ADHD and typical children often have learning and health problems that can be affected by the foods they eat. Not all food affects every child the same.

Sally Hara, Registered Dietician, medical nutrition therapist and most importantly, mom of a child with special needs, will share the top foods and combinations to avoid and will share her strategies for meal times with children who struggle with feeding challenges, ritualistic feeding habits, problems with food textures etc.

Sally will share insightful guidance through the maze of nutrition therapies for a special population. Bring your Qs and get your As to set your child up for success this school year! Tell your friends and join us!

Thank you!

Thank You

BBQ Volunteers

A Bushel of Thanks! To the over 500 people who attended the Back-to-School BBQ and social event!

B(est) B(eyond) Q(uestion) Volunteers! The BBQ was a success because of the amazing support of many people.

And Thanks to the folks in the background. [CLICK HERE to read the full article.](#)

BBQ Organizers

Many thanks to **Allyn & Kerwin Higashi** and **Nicole & George Hulett!!!** You put together a very organized, successful and delicious Back to School BBQ.

Stephanie Sullivan

What a Great Community Event

Thanks to the Norman Rockwell Community for such a fabulous turn out for our first school-wide event. It was wonderful to meet many new faces and have a chance to say hello to those who are returning. It is through these kinds of events that we change from faces to friends and neighbors. At Rockwell we are fortunate to have a community rich in diversity and interests. We invite you to bring your visions of what Rockwell can be to the PTA.



Our next event will be the PTA General Membership Meeting on October 15th at 7:00. We will be discussing new academic enrichment programs that we'd like to bring to the school, funding requests from the Rockwell Staff, as well as adopting new PTA Standing Rules. Your voice as a PTA member is invaluable.

Thanks again,
Celia Kennedy
Norman Rockwell PTA President

Art for Kids School

I would like to extend a huge thank you to all the parents of the children participating in the Art for Kids School on Wednesdays. I truly appreciate your participation in our training session and for readily signing up to be volunteers. It is through this support that we can continue to bring after school programs to Norman Rockwell.

Thanks!!
Celia Kennedy
Chair, AFKS

Bugle Article Submissions Welcome

The Deadline for submissions for the next weekly Bugle is the preceding Thursday at 1pm. Articles need to be PTA or school related and brief. Longer articles will be posted on the website with a link in the Bugle.

Contact the Bugle staff or submit articles at rockwellbugle@yahoo.com.

Sincerely,

Beagle Bugle Editors
Norman Rockwell Elementary