

LUNCH BUDDY PROGRAM


▶ What is a Lunch Buddy?

A Lunch Buddy is a caring, adult volunteer who has been matched with a student at a local elementary school. The student has been identified as needing positive recognition and individual attention.

The Lunch Buddy Program gives adults a chance to make a difference in a child's future by volunteering at a local school and getting to know the children of our community.

▶ What do Lunch Buddies do?

Lunch Buddies spend one lunch hour a week with their student, first eating lunch together and then spending the rest of the time in a variety of activities such as reading, playing games or talking.



▶ How do Kids Benefit?

The student benefits in many ways. They have a special, healthy relationship with an adult friend...someone who will listen to them, talk with them, and laugh with them. A positive relationship can greatly enhance a child's self-esteem.

Children who have positive self-esteem are more successful in school. Having a lunch buddy provides that opportunity.

▶ What will I Gain From the Experience?

- You will have a relationship with a child who considers you a friend.
- You'll gain the satisfaction of knowing you have made a difference for a child.
- You will have made a positive contribution to your community.
- You will have fun too!

▶ What are the Qualifications for Being a Lunch Buddy?

You must be willing to make a commitment to come to lunch once a week and have the ability and desire to talk to children. You should have an appreciation of the problems faced by many children today and be willing to respect the confidentiality of your relationship with the child.



▶ For More Information

COME TO:

John Muir Elementary
14012 132nd Ave NE
Kirkland, WA 98034

OR CALL:

Partnerships Office
P.O. Box 97039
Redmond, WA 98073-9739
(425) 702-3228

OR CONTACT:

an Elementary School near you

