

“NATURAL HELPER PLEDGE”

I am a natural helper, I am a person of value and there are good things about me that I will share with others

-I will try to learn more about myself so that I can better understand others.

-I will try to become more aware of people around me and will reach out to those who may need a friend.

-I will become a better listener, not judging, but more sensitive and genuine.

-I will try to put myself in the other person's position and accept others as they are.

-I will try to make my school a good place for everyone to be. I will reach outside my group with a smile or a positive word.

-I will be aware of my limitations and will be ready to refer problems outside my scope to a professional person.

Each day I will be aware of who I am and will try to do one small thing to make my school, my community, and my world, a better place for all of us to be.