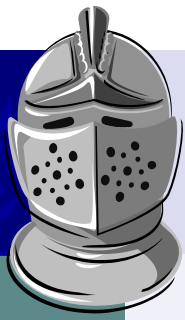


Knighly News

A PUBLICATION OF THE INGLEWOOD JUNIOR HIGH SCHOOL PTSA OF SAMMAMISH, WASH.



FROM YOUR PTSA CO-PRESIDENTS

Welcome to a new and exciting year at Inglewood Junior High! Back-to-school business days went fairly smoothly as a whole, and having the event in the gym seemed to help the process go faster. Co-Chairs Becky Kleinknecht and Carlene Camera did a great job keeping things moving along, as did the wonderfully helpful parent and student volunteers, IJH staff and administrators who pitched in. Life-touch returned as our photographers and we'd like to thank photo co-chairs Diane Garland and Irene Russo for their great organizational efforts.

After-school transportation during the first few days ran a little smoother than usual, thanks to the oversight of new Assistant Principal Monica Garcia, who vowed "no child would be left behind," and, thankfully, none were. There were also a number of parent volunteers on hand to ensure the students managed to get on the right bus. Welcome to Monica and thanks for stepping into the fray with such enthusiasm!

We'd also like to thank everyone who has reached out so generously in our Pass-the Hat fundraising effort. Traditionally the only active PTSA fundraiser of the school year, concerns were that we would not be as successful as in years past due to the current economic climate, and would have to consider adding more fundraisers during the school year. At this point, however, we are delighted to say our IJH community has raised more than \$13,000, which goes toward enriching our students' educational experiences. The amount is *slightly* below our usual fundraising and we would love to see all families in the Inglewood community continue to support our students' successes by making those Pass-the Hat contributions. Please, too, remember that many of the area's major employers will match any of their employees' donations to our PTSA.

The popular E-Scrip program has continued to be a successful fundraiser as well. For those of you who signed up, a percentage of every purchase you make at Safeway is automatically contributed from Safeway to the IJH PTSA. Currently, we are averaging approximately \$500 per month from those purchases. E-Scrip is a painless way to donate to the school, as no money is taken directly out of pocket, so it would be wonderful to see as close to 100 percent participation as possible. There are many other ways for parents to participate at Inglewood Junior High besides financial support.



Recently, families were invited to attend the annual fall Curriculum Night. It's a great opportunity to meet teachers, hear about what will be going on in your children's classrooms throughout the year and get an idea of what your student's experience is like at IJH. Curriculum Night is also the night for picking up your copies of the all-important IJH Student Directory. A huge thank-you goes out to our hardworking Student Directory Committee for doing such a great job producing the directory, gathering advertising and getting it out to the IJH community in a very timely fashion. In addition, we'd like to thank our wonderful directory advertisers for their generous support of IJH. If you did not make Curriculum Night and are a member of the PTSA, your directory will be given to your student in homeroom.

Your time is also a precious resource that can be shared with the Inglewood community. Soon, volunteers will be needed to help out with the annual ASB magazine drive as well as with chaperoning the upcoming October dance. Volunteers are also always needed to support the health room and to participate in the lunch time "Walk About" program. You can even volunteer from home, either helping our membership committee with data entry or participating in the LWSD levy research project over the phone. Day or night, there are many ways for you to be involved. If you would like to help out, please contact Volunteer Coordinators [Becky Kleinknecht](#) or [Carlene Camera](#) and they will be happy to fit you in with a volunteer opportunity.

Thank you all so much for your kind and generous support of Inglewood Junior High. Together we will make it another great year!

~ [Suzanne Spinelli](#) & [Lee Patzman](#)

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PRINCIPAL'S POST

The 2009-2010 school year is off to a great start. I certainly hope that all of our new students have found IJH to be a welcoming place that also provides a challenging learning environment. This year is unique because there are not any new teachers to introduce to the community. I am pleased to say that all of the faculty members are returning and already know the culture that we work to maintain. The benefit of this experience was plainly obvious during the first few days of school. This year we have had an exceptionally smooth start, reducing stress for all of our students.

We do have one new staff member to introduce. I am pleased to announce that we have added a new administrator to IJH. [Monica Garcia](#) is a new assistant principal. Mrs. Garcia comes to us from Cedar Heights Junior High School in Port Orchard. She has a background in profes-

sional development and is a nationally board-certified science teacher. From what I have observed, Monica is a natural leader of adults, and is also very kind to students. She has done an excellent job thus far, already earning recognition from the staff. Monica will be working with students whose last names begin with "A" through the letter "K." Please help me welcome Monica.

As many of you know, we have a Homeroom program that meets four days a week. Three of the meetings are short 20-minute check-ins, and one is an hour-long extended period. During October, we will be discussing Internet safety as well as cell-phone safety. Your student will learn about common problems encountered on social networking sites such as Facebook and MySpace.

We will also be discussing a more difficult issue,

"sexting," which is the practice of taking a nude or provocative picture with a cell phone and sending it to another person. IJH has had students that have experienced negative outcomes after participating in this type of activity. Unfortunately, the social consequences of this behavior are very difficult to undo. The national statistics surrounding it are also discouraging. As is our practice, we want to educate students about safety issues and provide them with the tools needed to make healthy and safe choices. More on this topic will follow.

Lastly, please know that you can access your student's grade-book records in a private and secure way via the Web. To do so, please go to www.lwsd.org and navigate to Parent Access. Let's work together to help kids!

Have a great year!!
~ [Tim Patterson](#)

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Volunteer Opportunities

Buy magazines; benefit IJH!

Your PTSA is set to launch its annual magazine drive, with proceeds benefiting the ASB. Students win prizes based on the number of orders received. Stay tuned to ParentOrganizer as we prepare to launch the drive, which kicks off Oct. 1 with a school assembly. Volunteers are needed for myriad tasks, including:
Oct. 5: Post card/Internet turn-in and slush-drink party during homeroom (2 volunteers in the Commons)

- Oct. 9:** Turn-in day (6 volunteers)
- Oct. 12:** Prize day (2 volunteers during lunch)
- Oct. 16:** Turn-in day (6 volunteers)
- Oct. 19:** Prize day (2 volunteers during lunch)
- Oct. 22:** Ice cream social during homeroom (2 volunteers)

Please e-mail [Donna Madsen](#), chair of the ASB Magazine Drive, if you are able to volunteer on any of the above dates. You may also call her at 425-647-8413.

WORK FROM HOME!

Want to volunteer for IJH from your home? Volunteers are needed to make calls within LWSD regarding an upcoming school levy. You will have a set number of calls to make and will be provided with a script to use. All you need is a phone and computer. You will NOT be asking for money or supporting a political candidate. You will be only asking a short series of questions and recording them. The only requirement is that you attend a training session on **Nov. 10** to learn the computer software that will enable you to make calls from your home and record them on the computer. Please contact Co-Legislative Chairs [Suzi Latham](#) or [Wendy Tibista](#) at for more details.



College Bound?

It's never too soon to start planning ...

Inglewood students and their parents are invited to attend a presentation by Eastside College Consultants in the Eastlake High School auditorium on **Oct. 14 at 7 p.m.** Following the Eastlake PTSA general membership meeting at 6:30, college consultants will present: "When to start looking at colleges and beyond."

The presentation will cover:

- What classes should your student take in high school
- How to choose the right college
- When to make college campus visits
- College application process
- What should your student's college timeline look like
- When should your student take the SAT or ACT
- What are colleges looking for in a student

Confused about where and when to start your college search? You are not alone! Selecting the right college fit can be a difficult, confusing and overwhelming task for both student and parents. This is one presentation you will not want to miss and is an excellent opportunity for both parents and students to attend. The presentation is open to the general public, so feel free to invite your family and friends.

MARK YOUR CALENDARS



UPCOMING EVENTS AT IJH

OCTOBER

- 1 Magazine Drive Kick-Off Assembly
- 2 No School – LEAP Day
- 5 Magazine Drive Post Card/Internet Turn-In Day
- 9 Magazine Drive Turn-In Day
- 12 Magazine Drive Prize Day
- 14 PTSA Board Meeting in Conference Room
- 16 Picture Retake Day
- 16 Magazine Drive Turn-In Day
- 16 ASB Dance
- 19 Magazine Drive Prize Day

For a complete list of PTSA- and IJH-related events for the school year, [click here](#). You may also visit the [IJH Web site](#).

Introducing your PTSA Board for 2009-2010

Co-President – Suzanne Spinelli

Co-President – Lee Patzman

Co-VP-Programs – Karen DeStefano

Co-VP-Programs – Sosie Sagherian

Co-VP-Volunteers – Carlene Camera

Co-VP-Volunteers – Becky Kleinknecht

Co-VP Communications – Cherish Whyte

Co-VP Communications – Debbie Crisler

Co-VP Ways & Means – Elaine Benveniste

Co-VP Ways & Means – Kathy Vander Kooi

Co-Secretary – Lauren Steinberg

Co-Secretary – Nicole Barlow

Treasurer – Gail Coken

Co-Legislative – Suzi Latham

Co-Legislative – Wendy Tihista

Community Liaison – Diane Loofburrow

Emergency Management – Amy Weisner

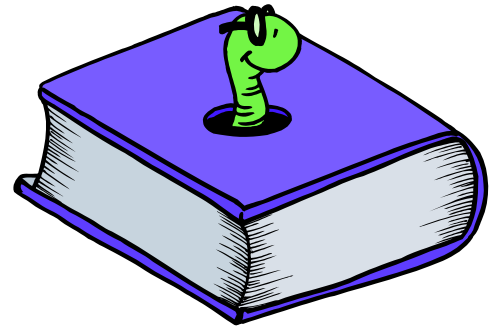
Membership – Tracy Updegrove

For a complete list of contact information for all Board members and committee chairs, [click here](#).



Check it out!

Join our book club for parents



There are two things my spouse and I enjoy the most: eating and talking. We took a trip last winter to Thailand where we spent much of our time doing both. A memorable event involved taking a cooking class where we took a trip to the local market to shop for ingredients. The cookbook we received from the instructor now sits on our shelf with memorable titles that have been added to our home library. It's no coincidence that cookbooks take up a majority of that space.

When we cook and eat a meal together, the conversation moves through the topics of work, friends, movies we want to see, chores that need to be done, and who gets to do the chores that were addressed. I remember one time that I read the book "The Road," by Cormac McCarthy, and recommended it at dinner. That sparked a great weeklong discussion about the book, our thoughts and fears that came from it (if you've read it, you'll understand), and speculation about the film that comes out in a few weeks.

Books have that power – to elicit a great discussion at different levels, even if both readers disagree on their fondness of the book. They just have that powerful ability to create connections and meaning.

Your sons and daughters are assigned books in their Language Arts classes, and reading them together as a family can be a great way to start some conversations around your dinner table (or breakfast table, or car, or backyard).

The IJHS library is sponsoring a book group for parents of seventh- and eighth-grade students. We will read and discuss the same books that students are assigned in their LA/SS classes. The meetings last an hour and are on **Tuesdays at 7 p.m.** See our reading for the year below. If you are interested in joining the book club or would like more information, please [e-mail](#) me.

Cormac McCarthy may not be a good choice for a family read, but books by S.E. Hinton, Orson Scott Card, Meg Cabot and other young adult writers would be great authors to get to know. They may even become a part of your discussion around the dinner table, while working in the back yard, or on the way to soccer practice.

~ IJH librarian [Richard Snyder](#). Check out the [Library Home Page](#) and [Knighly Reading Blog](#), too.

7 TH -GRADE PARENTS		8 TH -GRADE PARENTS	
Oct. 6	<u>The Outsiders</u> by S.E. Hinton	Oct. 13	<u>Ender's Game</u> by Orson Scott Card
Nov. 3	<u>Freak the Mighty</u> by W. R. Philbrick	Nov. 10	<u>To Kill a Mockingbird</u> by Harper Lee
Jan. 5	Civil War novels (multiple titles)	Jan. 12	<u>Touching Spirit Bear</u> by Ben Mikaelson



Help combat the spread of flu; Here's what to do

As you may know, the flu virus can spread easily from person to person. Therefore, we are starting this school year by taking steps to reduce the spread of flu, whether the regular flu or the H1N1 virus, also known as the swine flu. We want to keep our students and families healthy and our schools open and functioning normally during this flu season. **But we need your help to do this.**

Our school district is working closely with Public Health Seattle King County and the Washington Department of Health to monitor flu conditions and make decisions about the best steps to take concerning schools. We will keep you updated with new information as it becomes available. For now, we are doing everything we can to keep our school functioning as usual.

Here are some of the things that we are doing at school that you also can do to help:

Teach your children to wash their hands often with soap and water or an alcohol-based hand rub. You can set a good example by doing this yourself. If you would like to bring an alcohol-based hand rub to school for student use, make sure it is 60 percent alcohol and does not have a scent or flavor. Students in

kindergarten through second grade must be supervised when using these products.

Teach your children to cover their coughs and sneezes with tissues and wash their hands afterward. They should cover up their coughs or sneezes using the elbow, arm or sleeve instead of the hand when a tissue is unavailable.

Teach your children not to share personal items like drinks, food or unwashed utensils.

Know the signs and symptoms of the flu. Symptoms of the flu include fever (100 degrees Fahrenheit, 37.8 degrees Celsius or greater), cough, sore throat, a runny or stuffy nose, body aches, headache and feeling very tired. Some people may also vomit or have diarrhea.

Here's what to do if your child does become sick with flu symptoms:

Do not send children to school if they are sick. Any children who are determined to come to school while sick *will be sent home*. Children who exhibit flu symptoms at school will go to the health room so they

can be kept separate from other students until you are able to pick up your child.

Keep sick children at home for at least 24 hours after they no longer have fever or do not have signs of fever, without using fever-reducing drugs. Keeping children with a fever at home will reduce the number of people who may get infected.

If the flu becomes more severe, we may take additional steps to prevent the spread, such as:

Conducting active fever and flu symptom screening of students and staff.

Making changes to increase the space between people, such as moving desks farther apart and postponing class trips.

Dismissing students from school for at least seven days if they become sick.

For more information, visit www.flu.gov or call 1-800-CDC-INFO. For more information about flu in our community and what our school district is doing, updates will be posted on the [District Web site](#). We will notify you of any additional changes to our school's strategy to prevent the spread of flu.

~ Principal [Tim Patterson](#)



LET'S DANCE!

Mark your calendars for IJH's 2009-2010 dance schedule:

- Oct. 16
- Dec. 4
- Feb. 19
- May 14

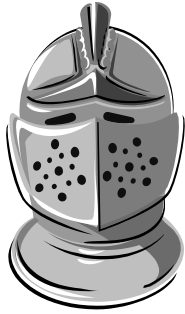


Themes will be determined by Student Leadership. Look for more details in Parent Organizer or the Knighly News closer to the event. Thank you, parents, for showing your enthusiasm and support of these dances by signing up for our chaperone volunteer pool. If you would like your name added to this list, please send your name, e-mail address, phone number and grade level of your child to [Pam Pohl](#).

~ Dance Chaperone Co-Chairs:
[Pam Pohl](#), [Stephanie Owen](#) & [Denise Kelce-Pollis](#)



SPOTLIGHT ON 7TH-GRADE LA/SS



Our new seventh-grade students got off to a fabulous school year in junior high school. It was surprising and encouraging how well this group managed to find all their classes the first week of school.

LA/SS began with many getting-to-know-you activities, such as "Four Corners" and scavenger hunts. Then students moved on to begin interviewing a peer and writing an essay about the peer to present to class. Teachers reviewed revision and edit strategies with students to enhance their writing.

Also, many students have begun to write a letter to themselves that will be delivered to them in ninth grade to see how much they have



changed, emotionally as well as academically.

Additionally, students began a citizenship unit zeroing in on life skills people need to survive in the work place and at school. They also wrote their first current

event article and discussed it with their peers.

In a couple of weeks we will begin reading the wonderful novel called "Freak the Mighty," and if you haven't read it yet I would encourage you to get a library copy so that you can have lively dinner conversations about this book. The seventh-grade LA/SS teachers look forward to a fulfilling and productive year with your children.

~ Gale Paul, 7th-Grade LA/SS & 8th-Grade Safety Net Teacher, & LA/SS Dept. Chair



QUESTIONS REGARDING

Knightly News?

For submissions:
Contact [Debbie Crisler](#),
Co-VP of Communications

For newsletter content, questions & corrections:
Contact [Cherish Whyte](#),
Co-VP of Communications

For technical issues:
Contact [Gerald Lenocker](#),
Webmaster

SECRETARY'S DESK:

Call the school to report absences, or the school will call you!

New attendance procedures are in place at IJH. The school has adopted the district-wide School Messenger system. If your student is marked absent from class, first thing in the morning at 7:40 a.m. the automated messenger system will call home informing parents that their student is **unexcused** and **missing** from school. It is important that parents notify the school on the 24-hour attendance line at 425-836-5033 to inform the school of why the student is missing. If a student needs an early dismissal, please send a note with him/her so they may get a pass from the office and meet you out front.



~ VP Secretary Creslyn King (425-836-7280)

IJH QUESTION OF THE MONTH:

Q: How can your student join IJH's Honor Society?

A: Students are first eligible for induction when they are in eighth grade, and they must maintain a 3.5 GPA. Additionally, by completing 15 hours of community service, students are eligible to participate in a field trip at the end of the year. [Click here](#) for more information on the Honor Society.



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