

Robert Frost Elementary



November 3, 2009

Thursday 11-5	7:00 PM	Veteran's Day 6th Grade Performance
Tuesday 11-10		Reflections Entries Due
Wednesday 11-11		NO SCHOOL- Veteran's Day
Friday 11-20	12:00 PM	Early dismissal for Parent-Teacher Conferences; no PM K
Monday 11-23	12:00 PM	Early dismissal for Parent-Teacher Conferences; PM K attends in AM
Tuesday 11-24	12:00 PM	Early dismissal for Parent-Teacher Conferences; no PM K
Wednesday 11-25	12:00 PM	Early dismissal for Thanksgiving Break; PM attends in the AM
Thursday 11-26		NO SCHOOL- Thanksgiving Break
Friday 11-27		NO SCHOOL- Thanksgiving Break

Remember! Every Wednesday is Early Dismissal at 2:00 PM (PM K at 2:00 PM) School Office: 425-821-8238 Safe Arrival: 425-825-7687
Recent and archived Tuesday Bulletins can be accessed online: <http://schools.lwsd.org/frost/>

Veteran's Day Wednesday, November 11

Veteran's Day is a federal and state holiday in all states. An Act approved in 1938 made the 11th of November in each year a legal holiday, proclaiming November 11 to be a day dedicated to the cause of world peace and to be thereafter known as "Armistice Day." Armistice Day was primarily a day set aside to honor veterans of World War I, but in 1954, after many American forces fought in World War II and in Korea, the 83rd Congress amended the Act of 1938 by striking out the word "Armistice" and inserting in its place the word "Veterans." With the approval of this legislation in 1954, November 11th became a day to honor American veterans of ALL wars.



At Robert Frost Elementary School, we will observe Veteran's Day with a special student assembly this Thursday afternoon in which our 6th graders will perform patriotic and historical songs. The same Veteran's Day performance will be presented for parents in the evening at 7:00 PM.

PLEASE NOTE: There will be NO SCHOOL next Wednesday, November 11, in honor of Veteran's Day.

FAVOR DE NOTAR: No habrá escuela el próximo miércoles, 11 de noviembre, en honor a Día de Veterano.

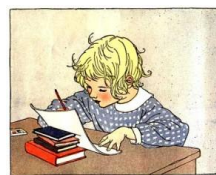
1st Grade News

from the classrooms of Ms. Hull, Mrs. Marlar & Ms. Penaranda

We have been very busy in first grade over the past month! We are learning about air and weather in science. We tested how air gets trapped in a plastic vial under water. It was really fun to try this out in our new art and science room! We also wrote about what we learned in our science journals.

In Math, we have learned many new games to teach us how to add numbers together and know if we have a bigger or smaller number. These games make learning math a lot of fun! We also have used some ActivBoard flipcharts and the ActiVotes to solve some math problems.

In Writing Workshop, we continue to write stories and recounts about our lives. We get to share what we write about during "author's chair" time! We love sharing our stories with others!



We continue to work very hard in our flexible reading groups on Read Well units, learning decoding, fluency, and comprehension skills. Those students who have completed Read Well continue to work on reading strategies using fun texts!

Our new social studies curriculum is very exciting! We have learned about following rules, getting along with others, people that help us at school, and how to help others. We even get our very own social studies notebook to write and create in!

Quest Elementary Program

The Quest Elementary Program for Highly Capable Students (Grades 1-6) will accept applications for the 2010-2011 school year beginning November 2, 2009, until 4 p.m. on November 30, 2009.

The Elementary Quest program offers two options for students who demonstrate superior ability, who exceed grade level standards in literacy and math, and who exhibit exceptional creativity in the classroom. Full time students are enrolled in an accelerated, self-contained classroom for the full day, five days a week. Enrichment Pull-Out students attend their home school four days a week and a pull-out enrichment classroom one day a week.

More information can be found in the Quest Information packet that will be available at all elementary schools, on the Quest Web site (www.lwsd.org/quest), and at the Quest Office on the third floor of the Resource Center (425-702-3238; Quest@lwsd.org).

All parents interested in the Quest Program are invited to attend one of the Quest Elementary Information Night sessions on Thursday, November 5 from 4:30-6 p.m. or 7-8:30 p.m. at Rose Hill Junior High School (13505 NE 74th St, Redmond, WA 98052). This program will explain more specifically what Quest offers to highly capable, academically gifted children.

If you plan to bring your children to the information session, we would recommend that you attend the early meeting.



Important Health Information!

Like other school districts around the country, Lake Washington School District is being hit with cases of the flu. According to King County Public Health, most flu cases in our area now are the H1N1 variety. We are taking steps to reduce the spread of the flu (both H1N1 and seasonal). We want to help our students and families stay healthy and to keep our schools open and functioning normally during this flu season. Here are some reminders of the things that we are doing at school that you also can do to help:

- **Remind your student to wash their hands** often with soap and water or an alcohol-based hand rub.
- **Remind your student to cover their coughs and sneezes** with tissues and wash their hands afterwards. They should cover up their coughs or sneezes using the elbow, arm or sleeve instead of the hand when a tissue is unavailable.
- **Remind your student not to share personal items** like drinks, food or unwashed utensils.
- **Know the signs and symptoms of the flu.** Symptoms of the flu include fever (100 degrees Fahrenheit, 37.8 degrees Celsius or greater), cough, sore throat, a runny or stuffy nose, body aches, headache, and feeling very tired. Some people may also vomit or have diarrhea.



If your student does become sick with flu symptoms:

- **Do not send your student to school if they are sick.** Any students who are determined to be sick while at school will be sent home. Students who exhibit flu symptoms at school will go to a separate room so they can be kept apart from other students until a parent or guardian can pick them up.
- **Keep sick students at home for at least 24 hours after they no longer have fever** or do not have signs of fever, without using fever-reducing drugs.

Call or take your child to a doctor right away if your child of any age has: Flu-like symptoms that improve but then return with fever and worse cough; fast breathing or trouble breathing; bluish or gray skin color; not drinking enough fluids; severe or persistent vomiting; not waking up or not interacting; being so irritable that the child does not want to be held; has other conditions (like heart or lung disease, diabetes, or asthma) and develops flu symptoms, including a fever and/or cough.

Please update your contact and emergency contact numbers at school if they have changed. Parents are advised to arrange for childcare now in case your child becomes ill and is unable to attend school. The district Web site has a page dedicated to H1N1 updates: <http://www.lwsd.org/News/News-and-Announcements/Pages/H1N1-Flu-Update-9-18-09.aspx>. This page includes links to additional resources such as the Center for Disease Control (CDC), Public Health Seattle & King County and Washington State Department of Health. Public Health's flu hotline is available Monday through Friday, from 9 a.m. to 5 p.m. at 8-77-903-KING (5464). They will have information about H1N1 flu vaccine clinics as vaccine becomes available.