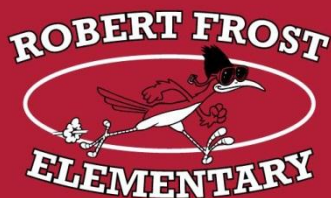


September 20, 2011



Tuesday Bulletin

INSIDE THIS ISSUE:

Frost Start Time	2
Skateboards	2
PTSA After School Programs	2
Frost Specialist Programs	3
Specialist Rubrics	4
Watch D.O.G.S.	5

To learn more about Robert Frost Elementary, please visit our website at:

<http://www.lwsd.org/school/frost/>

To learn more about the Lake Washington School District, please visit:

<http://www.lwsd.org/>

Building Connections

One of our primary goals here at Frost is to find ways to continue building connections between the school and our community. Events like last week's Curriculum Night are ways that we at Frost work to share more information about our programs and to build partnerships with parents to help collaborate on our shared interest: our kids. As a parent of two young children, I understand that taking time in the evening can be a challenge, and I appreciate the effort that families made to join us on Thursday to learn more about your child's classroom.

One message that I continuously heard as I began the transition into Frost this year was about what a strong and supportive community we have. In my short time here I have absolutely found this to be true, and I have enjoyed meeting families, both new and returning, whether it's on the sidewalk in the morning, at the circle during afternoon pickup, at our PTSA socials, or at our Meet & Greet and Curriculum Night. I have appreciated it when families have taken the time to introduce themselves and to share information about their students with me, and I look forward to continuing to meet our Frost families.

Sincerely,

Mr. Brenner

After School Dismissal

Every afternoon we oversee the transition of over 425 students from our classrooms out of our building and onto busses, daycare vans, family vehicles, to family members, or on to a safe walk home. This is a challenging task, yet we are able to do this successfully every day in less than 15 minutes! To accomplish this, we have all staff playing a role with supervising and monitoring the process to ensure that students get to where they need to be, and your support in working with our students is appreciated. Here are some key reminders to share with your students to help with the afternoon transition:

- Students waiting for parent pickup at the circle need to be sitting on the rock wall or benches so that staff and parents can safely supervise them and so that they can quickly get to their cars upon arrival. They should not be playing on the playground, as we do not have playground supervision at that time.
- Students who walk home *without* parents need to head home after school and should not be playing on the playground. These students interested in playing on the grounds after school need to be sure to go home first before returning to Frost to play.
- We need to know that everyone is getting home safely, so the only students remaining on the playground after school should be ones accompanied by their parents. There is no supervision of the playground after school.

Thank you for your support. Your cooperation will help ensure that every student gets home both quickly and safely.

Daily Schedule

Monday, Tuesday & Thursday, Friday

- 8:30 Student breakfast begins
- 8:55 First bell rings-building open
- 9:00 Tardy bell-class begins
- 10:20-10:30 K-3 recess
- 10:30-10:40 4-6 recess
- 11:20-11:50 K-2 lunch recess
- 11:50-12:15 K-2 lunch
- 11:50-12:20 3-4 lunch recess
- 12:20-12:45 3-4 lunch
- 12:20-12:50 5-6 lunch recess
- 12:50 PM Kindergarten begins
- 12:50-1:15 5-6 lunch
- 2:10-2:20 K-3 recess
- 2:20-2:30 4-6 recess
- 3:30 School dismissal

Remember: Every Wednesday is an EARLY RELEASE DAY!

School dismisses at 2:00 PM and teachers are scheduled in professional development and collaboration meetings until 4:00 PM.

Frost Start Time

The playground is open and supervised at 8:45 each morning. Please be sure that students do not arrive before 8:45, as there is no playground supervision available before that time. Students arriving early for breakfast may arrive at 8:30 for the breakfast service, but may not be on the playground until 8:45. The first bell for class rings at 8:55.

We love it when kids are just itching to get to school, but please help us by holding them back until our campus opens. We appreciate your support in helping us to ensure the safety of all students at Robert Frost Elementary.



Skateboards, Scooters, and Bikes

Per LWSD policy, skateboards are not allowed on any school district property. Please remind your students to leave these their skateboards at home. If you have High School/Jr. High students coming to Frost to meet their younger siblings, please remind them as well.

Bicycles and scooters are allowed, but must be walked on campus. I know that this can be hard for kids as they arrive and leave school grounds, but this is in place to keep students safe, both riders and walkers. To a child, bikes and scooters are meant to be ridden, not walked, and this is especially challenging for students bringing them into the building. For that reason, bikes and scooters cannot be brought inside, and should be stored and locked to the outdoor bike racks.

More information is available in the Frost Student Handbook for those students interested in bringing these items to school.

PTSA After School Programs

Who wants to play ball? **Playball** is a program designed to improve children's lives by teaching life skills and building self-esteem through sport and movement. **Playball** introduces boys and girls of all abilities to a wide variety of sports; teaching basic skills used in baseball, basketball, soccer, tennis, volleyball and hockey. The 1st session will be offered for 5-7 year olds, grades K-2, on Thursdays after school in the Frost gym from 3:30-4:30. Classes will begin on September 29th and run through November 17th. Parents need to pick children up at 4:30 in the gym.

PTSA
everychild.onevoice.

Do you have a passion for art? In this after school program, **Landscapes and Visual Arts**, we will explore landscapes using a variety of media. Children will use pencils, charcoals, soft pastels, oil pastels, watercolor, and acrylic on canvas as well as 3D sculpture from clay. This class is open to all age groups and will be on Wednesdays from 2:00 till 3:00 starting September 28th, and will run thru November 30th.

The Frost Specialist Programs

At Frost we are fortunate to have excellent programs for your students to enrich their learning. Each day students have “Specialist” time, where they participate in programs for Music, Physical Education, and Library. Below are some descriptions of our Library and Physical Education programs.

Library—Lisette Cauble, Teacher Librarian

Library is an integral part of your child’s education. Most classes on the 6 day rotation plan have a 37 minute period in the library with a lesson of approximately 27 minutes and a 10 minute book check out time. Morning and afternoon kindergartens have approximately 20 minutes in the library and Mrs. Beckwith’s class meets every Friday afternoon for 30 minutes. The mission of the Frost library is to ensure that students are effective users and producers of ideas and information. To this end, library lessons include the proper care of books and materials, exposure to a variety of genre, research and information skills, awareness of multimedia technology, and independent use of the library. Students are welcome to visit the library during open recess times to read and check out books, research, work on classroom projects, and play board games or a few select online games.

In addition, each year intermediate students are invited to form teams and participate in the Battle of the Books, and 1st through 3rd grade students participate in voting on their favorite book among the Washington Children’s Choice Picture Book Award nominees.

Students may check out books for up to two weeks and can often renew a book if no one else has requested it. For further information on book check out as well as overdue and lost books, please read the information at the Frost library website:

<http://www.lwsd.org/school/Frost/Library/Pages/Checkout-Policy.aspx>

If you have any questions, please feel to contact me at: lcauble@lwsd.org

Physical Education—Shelby Weigand, PE Teacher

Welcome to Frost’s super fit Physical Education Program! No special uniform is required, but appropriate clothes and closed heel /toed **TENNIS SHOES** are required on P.E. days. Main objectives are: for students to learn skills for lifetime physical activities maintain/improve on personal fitness levels and to enjoy and have fun while participating in physical movement. I believe all students can and will behave appropriately in my classroom. Some tasks may be challenging, but if students follow the “**SPORT**” program: **S**afety, **P**articipation, **O**beyes Rules, **R**espect, **T**eamwork and has few absences they will succeed in our program. Natural consequences in the gym will include verbal warnings followed by time-out and filling out a “thinker slip”. If your child’s activities are to be limited for a medical reason, please send a note or email of explanation including the dates of elimination. This year our traveling units include: Omnikin balls, Scooter unit, Tchouckball, Track and Field, Fitness - Step Bench/Free Weights/Muscle Toners, Gymnastics, Spooner boards, Basics of Bicycling, and bowling. Program extensions will include: Seattle Kids Marathon, intramurals (2 seasons Intermediate, 1 season Primary) and Field Day. Thanks all, Shelby Wiegand ☺

Daily Schedule

Wednesday Only

8:30 Student breakfast begins

8:55 First bell rings-building open

9:00 Tardy bell-class begins

10:20-10:30 K-3 recess

10:30-10:40 4-6 recess

11:20-11:50 K-2 lunch recess

11:50-12:15 K-2 lunch

12:05 PM Kindergarten begins

11:50-12:20 3-4 lunch recess

12:20-12:45 3-4 lunch

12:20-12:50 5-6 lunch recess

12:50-1:15 5-6 lunch

2:00 School dismissal

Lake Washington School District Specialist Rubric

EFFORT

MUSIC, PHYSICAL EDUCATION, LIBRARY

ABOVE STANDARD (4)

This student performs at standard (3) and in addition is a consistent, independent, and self-motivated learner. The student actively contributes to the classroom learning experience.

AT STANDARD (3)

This student regularly:

- focuses and engages in the class activity
- listens to and follows instructional directions and asks for help when needed
- follows class rules
- respects people and school property
- cooperates with others to accomplish lesson goals

APPROACHING STANDARD (2)

This student sometimes:

- focuses and engages in the class activity
- listens to and follows instructional directions and asks for help when needed
- follows class rules
- respects people and school property
- cooperates with others to accomplish lesson goals

NOT AT STANDARD (1)

This student seldom:

- focuses and engages in the class activity
- listens to and follows instructional directions and asks for help when needed
- follows class rules
- respects people and school property
- cooperates with others to accomplish lesson goals

Box Tops for Education

Remember to collect your box tops and have your students bring them to school this week. They're due on Friday. See whose class can collect the most! Box Tops are used to purchase items beneficial to students and teachers.





Watch DOGS Pizza Night Invite



**Attention All 'DADS' of
FROST Students!**

Watch DOGS Pizza Night Event! FREE Pizza, Drinks and Fun!

Fathers and Father-figures,

On **Thursday, October 13, 2011** from **6:00 – 7:00 pm** we will be having our **2nd** annual Watch DOGS Pizza Night at our school. You will meet in the school cafeteria at **6:00 pm** for FREE pizza and drinks. At **6:30** we will have a presentation about our **WATCH D.O.G.S.® (Dads Of Great Students) Program**. **WATCH D.O.G.S.®** is an innovative program being used by schools across America. Through the program our students will be positively impacted by the committed involvement of fathers and father-figures. Our goal is to have you spend at least one day this year at the school being a positive male role model and to provide an extra set of eyes and ears.

Dads, granddads, uncles, step-dads and adult brothers . . . this is your chance to have a night out alone with your student in a fun atmosphere at school.

In order to participate, you need to do two things:

1. Fill out the bottom portion of this slip and return it with your student by **10/1/11** saying that you will attend the pizza night so we'll have an accurate head count for the food.
2. Mark your calendars, and we'll see you **October 13, 2011** from **6:00 – 7:00 pm**.

Sincerely,

Stephanie Marshall, Frost School Counselor

Please Print Legibly to Complete and Return Bottom Portion to School by **10/1/11** Return one form per family!

Watch DOGS Pizza Night RSVP – Return to Mrs. Marshall

 Yes!!! We'll be there! (#) of 'Dad' and students attending

Father/Father-figure Name _____ Email _____

Phone(s): Home _____ Cell _____ Work _____

Student(s) Name _____ Teacher's Name _____

Student(s) Name _____ Teacher's Name _____

Student(s) Name _____ Teacher's Name _____