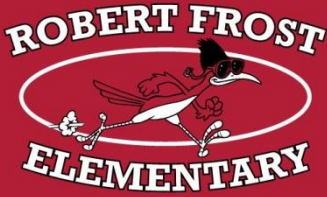


October 4, 2011



## Tuesday Bulletin: Jumbo Edition!

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### Communication is the Key!

This week families have the opportunity to meet with teachers and their students to discuss student progress and to develop meaningful achievement goals in a unique format. In the Lake Washington School District we use "Student Involved Conferencing." This process includes the student in developing meaningful learning goals for the year and helps facilitate a partnership between schools and families. This is a great opportunity to not only hear from the teacher, but also from your student. It is also an opportunity for parents to share interests, ideas, and concerns with your child's teacher.

We all have a common goal here at Frost: your child's continued growth and success. Our job is to do our best to help your child achieve and to communicate with parents about your student's progress, successes, and challenges. Parents are a critical partner in this process, and we rely upon your input. As you meet with teachers this week and as the year progresses, I encourage you to stay abreast of your child's progress. Your child's teacher is your point person for your child's education, so please communicate directly with your teacher when any questions or concerns arise.

We have excellent online tools to help families stay up to date with what's going on at school. Our Frost Website offers information about our teachers and programs (<http://www.lwsd.org/school/frost/>), and the online tool **Parent Access** allows parents to view student information, grade books, mathematics resources, and lunch balances. For more information about **Parent Access**, check out the info on Page 2 or visit <http://www.lwsd.org/Parents/Parent-Access>.

Sincerely,

*Mr. Brenner*

### Frost Start Time: 8:45

The playground is open and supervised at 8:45 each morning. Please be sure that students do not arrive before 8:45, as there is no playground supervision available before that time. Students arriving early for breakfast may arrive at 8:30 for the breakfast service, but may not be on the playground until 8:45. The first bell for class rings at 8:55.

We still have some students arriving too early, so please send your students at the appropriate time so we can provide proper supervision. Thanks.

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### Important Schedule Change This Week!

This week we will have parent/teacher/student goal setting conferences. Students will be dismissed at noon Monday, October 3 and Tuesday, October 4. On Wednesday, October 5, students will be dismissed at 2:00. On Thursday, October 6, students will be dismissed at noon. Students will not have school on Friday, October 7.

Because of the early release, lunches will only be served on Wednesday 10/5. Sack lunches for students to take are available upon request.



## Daily Schedule

### Monday, Tuesday & Thursday, Friday

8:30 Student breakfast begins

8:55 First bell rings-building open

9:00 Tardy bell-class begins

10:20-10:30 K-3 recess

10:30-10:40 4-6 recess

11:20-11:50 K-2 lunch recess

11:50-12:15 K-2 lunch

11:50-12:20 3-4 lunch recess

12:20-12:45 3-4 lunch

12:20-12:50 5-6 lunch recess

12:50 PM Kindergarten begins

12:50-1:15 5-6 lunch

2:10-2:20 K-3 recess

2:20-2:30 4-6 recess

3:30 School dismissal

**Remember:** Every Wednesday is an **EARLY RELEASE DAY!**

School dismisses at 2:00 PM and teachers are scheduled in professional development and collaboration meetings until 4:00 PM.

## Online Report Cards and More with *Parent Access*

Research shows that students do better when their parents are informed and involved in their education. **Parent Access** is a Web-based tool to help parents stay informed and engaged with their students' education. Parent Access allows parents to view their students' attendance as well as customized contact lists for their students' teachers, beginning the second week of school.

The **Parent Access** home page lists your student or students. One log-in links parents to all students in their family. The home page lists all of your student's teachers, providing email links to contact those teachers. If those teachers have websites, links are provided. The site also features links to district and school websites.

In the *Links for You* section, a variety of links are available for all parents, including the following:

- **EnVision Math Resources**
- **Family Access** (*Attendance, assignments, and grades*)
- **Atomic Learning** (*technology tutorials*)
- **Volunteer application**
- **Lunch Account Balances**

As a parent, we suggest you register for parent access and visit the site periodically, especially since new functions may be added. Teacher email links make it easier to keep in touch with your student's teachers, to ask questions or share concerns.

For more information about Parent Access, please visit the LWSD Parent Access page at <http://www.lwsd.org/Parents/Parent-Access>.

## Skating Parties

The Skating Parties for this year will be held on:

Tuesday, October 11

Wednesday, February 22

Tuesday, May 1



Our first Skating Party is coming up fast. It will be held on **Tuesday, October 11<sup>th</sup> at the Bellevue Skate King**. It will be from **6:00 – 8:00 in the evening**. Admission is **\$6.00** for admission and regular skates. In-line skates cost an additional \$4.00. The school is not providing transportation to or from Skate King or supervision, parents should remain to supervise their children. This event is sponsored by the Robert Frost Student Council. It's great fun, so please join us!

## The Frost Specialist Programs

At Frost we are fortunate to have excellent programs for your students to enrich their learning. Each day students have “Specialist” time, where they participate in a variety of programs. Last month we shared information about our Library, PE, and Counseling programs. Below is a description of our Music program.

### Music – Katie Sikorra – Music Teacher

Music at Frost is a hand on, moving, singing, dancing, instrument playing experience!! Like PE and Library, students come to music for 36 minutes on a six day rotating schedule. Half day kindergarten comes to music for one time per week.

National Standards and Washington State Music Standards are at the foundation of our curriculum. Grade levels are involved in activities aimed mastery of basic music elemental skills outlined in the Lake Washington Schools Music Curriculum Framework. Ms. Sikorra, a trained Orff Schulwerk Music Educator, teaches basic elements rhythm, melody, harmony, texture and expressive characteristics, explicitly at each grade level. Students move from the elemental to the whole as the elements are then integrated directly back into the context of the music. Music literature in our program is representative of a wide variety of cultures and styles.

Students are engaged in a variety of performance experiences over their years at Robert Frost. Assemblies and occasional evening performances occur in grades 3-6. Typically these performances integrate Social Studies Concepts and are planned with grade level teams. Performance skills and presentation skills are taught explicitly throughout the program, leading to growing independence over the years.

Students may also elect to belong to the Orchestra program, held at Juanita High School, beginning in Gr. 4, or the Elementary Band Program at Kamiakin Jr. High beginning in Grade 5. To learn more about these programs contact Kim Merkely at Juanita, or Ward Brannman, Kamiakin.

This year at Frost we are integrating World Drumming into the curriculum especially in grades 5/6. We are fortunate to have attained several drums both through a Juanita Region Foundations Grant, and through our district. Students at all grade levels are enjoying building their rhythmic and ensemble confidence with these exciting new tools.



### Daily Schedule

#### Wednesday Only

- 8:30 Student breakfast begins
- 8:55 First bell rings-building open
- 9:00 Tardy bell-class begins
- 10:20-10:30 K-3 recess
- 10:30-10:40 4-6 recess
- 11:20-11:50 K-2 lunch recess
- 11:50-12:15 K-2 lunch
- 12:05 PM Kindergarten begins
- 11:50-12:20 3-4 lunch recess
- 12:20-12:45 3-4 lunch
- 12:20-12:50 5-6 lunch recess
- 12:50-1:15 5-6 lunch
- 2:00 School dismissal

## Quest Changes

In the 2012-2013 school year, **Elementary Quest** will serve second through fifth grade students. Therefore, **only students in grades 1-4** may apply for elementary Quest. Kindergarten students may no longer apply. The elementary program will accept applications Oct. 3 through Oct. 28 at 4:00 p.m. Elementary Quest information nights will be either Thursday, Sept. 29, or Thursday, Oct. 6, at either 4:30 p.m. or 7:00 p.m. Meetings will be held at Rose Hill Junior High School: 13505 N.E. 75th St. Redmond, 98052. Attendance at information night is not required to apply.

**Students who are in grades 5 or 6** will attend **Middle School** for the **2012-2013** school year and must apply to **Middle School Quest**. Middle School applications will be available from Oct. 24 until Nov. 18 at 4:00 p.m. Middle School Quest information night will be Tuesday, Oct. 25 at 7:00 p.m., at Kamiakin Junior High School, 14111 132<sup>nd</sup> N.E. Kirkland, 98034. Attendance at information night is not required to apply.

For more information, please visit the LWSD Quest website at [www.lwsd.org/quest](http://www.lwsd.org/quest).

To learn more about Robert Frost Elementary, please visit our website at:

<http://www.lwsd.org/school/frost/>

To learn more about the Lake Washington School District, please visit:

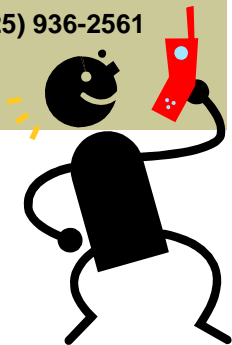
<http://www.lwsd.org/>

### Safe Arrival Line

Will your student be absent or late?

Please call the Frost Safe Arrival Line to let us know!

(425) 936-2561



## Get ready for Picture Day, Monday, October 17!

With fall portraits by Lifetouch, you can capture your child's unique personality and preserve a treasured memory for years to come. Portraits will also be used for the school yearbook – so encourage your child to attend and look his/her best! If you have any questions, contact Karrie or Steve Gengo ([ogneg@msn.com](mailto:ogneg@msn.com)).

Picture order envelopes went home Tuesday, October 4th. Look them over and check out Lifetouch's new online order feature.

Visit [www.lifetouch.com](http://www.lifetouch.com) for more details to make the most of Picture Day.

¡Preparan para el Día del Retrato, el lunes, 17 de octubre! Con retratos de otoño por Lifetouch, usted puede capturar la personalidad extraordinaria de niño y preservar una memoria estimada por años para venir. ¡Los retratos se utilizarán también para anuarios de escuela, así que alenta a su niño a asistir y aparecer el mayor él o ella pueden aparecer! Si usted tiene cualquier pregunta, contacte Karrie Steve Gengo a [ogneg@msn.com](mailto:ogneg@msn.com). Visite [www.lifetouch.com](http://www.lifetouch.com) para más detalles acerca de cómo hacer el la mayor parte de Día del Retrato, o para ordena por internet.





## The 2011 Frost Seattle Kids Marathon

**What is it?** A 5 week running club where runners try and complete a 26.2 marathon by jogging, running or walking. (If you are out of town for the Seattle race, you may still run for fun in the mornings for no cost, but no prizes or T-shirts will be provided). If you wish to compete in Seattle race, you join the Robert Frost team and run in the annual Seattle Kid's Marathon. You join online (easy, see directions below) or see Mrs. Dub for a registration pamphlet.

**When? Monday October 17th thru Friday November 18th.** (At Frost Running) Student participants registered for the Seattle Kids marathon will finish their last 1.2 miles of the Marathon at the Seattle Center Marathon finish site on **Saturday Nov 26<sup>th</sup>** in Memorial Stadium. (Details for race-day, coming soon please enter an email address when registering either online or by mail)\*\*On pamphlet **do not forget to sign the very bottom where a parent signature or guardian it is (required)**. All pamphlet's due to Mrs. Dub no later than **Monday October 31<sup>st</sup>**. I will mail for everyone as a group, online is easiest if possible☺

**Where?** Students will walk, jog and run laps before school around Frost's grass field in the front of school. Optional time: **daily before school from 8:30-9:00am Monday, Tuesday, Wednesday and Friday only NO THURSDAY RUNNING (staff meetings on Thursdays) Meet by the big toy.** (Students do not need to come every day, but they might need to run at home if they don't come in every morning. Send me an email if your child runs at home, so I can keep their mileage up-to-date. Mrs. Dub will keep track of participant's mileage and email out updates to the participants if email address is provided. **5.5 perimeter laps** around Frost's front grass field is one mile. Mrs. Dub, will monitor and keep students updated on mileage and prizes (toe-tokens) unless parents wish to distribute themselves. Parents are welcome to come run with son/daughter (It's a great way to start your morning!). If I am ever sick (which happens with a new baby) the office will post a memo on the front entrance, and participants may run **only if a parent accompanies** them and keeps track of mileage.

This is a great opportunity for your children who love running and physical activity. All participants receive award tokens. Finishers receive a T- shirt, completion certificate and other prizes at the finish line in Seattle if they sign up for the official **Seattle Kid's Marathon and go on race day**.

### Directions:

\*Online registration: <http://www.seattlemarathon.org/kids/register.php>

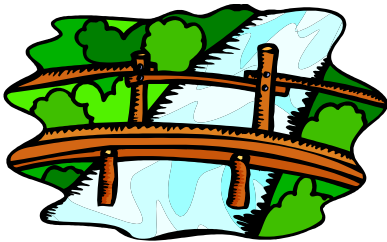
2. Under the **KIDS** pull down tab select: Register Now
3. Fill out the Seattle Children's Kids Marathon Online Registration Form
4. In the "What school do you attend?" box put in **Robert Frost ELEMENTARY**
5. Under the **Group** Tab scroll down and select **Robert Frost Elementary**
6. Under **Group Keyword** type in **FROSTIES**
7. Click all the boxes under Waivers & Signatures and add your electronic signature **Press** the continue button and complete the registration process on the following page and you should be set to go.

Questions: Email Mrs. Dub @ [swiegand@lwsd.org](mailto:swiegand@lwsd.org)

## 4<sup>th</sup> Grade Trip to the Mercer Slough

Fourth grade had wonderful field trip to the Mercer Slough in Bellevue on September 29<sup>th</sup>. We had the opportunity to walk through a forest and compare the woods to the wetlands, looking for plants that are “tattletales” to being indigenous to the wetlands. For example, skunk cabbage and bulrushes are plants that are only found in the wetlands. We learned that the land is wet and soggy and when you bounce up and down, the land sinks a bit under your feet and you can actually feel the earth moving. We had the opportunity to net some critters from a pond and take our pond water to the lab where we studied it with microscopes, looking for insects, tadpoles, and life moving around.

The most important part of our adventure was learning how important wetlands are and that we need to take care of them because they are habitats for many animals, a nursery for baby animals, and the plants actually help to keep the land from flooding by storing water in their stems.



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## PTSA Fundraiser!

The annual PTSA Catalog Fundraiser is on! Yesterday packets went home with students with information about how families can help support our school through participation in the PTSA Catalog fundraiser. If you did not receive a packet, please let us know and we will send one home. The fundraiser lasts from now through October 14<sup>th</sup>.

**PTSA<sup>®</sup>**  
*everychild.one voice.*



# 2011 Frost Holiday Bazaar

Saturday December 3<sup>rd</sup>, 2011

10am-2pm

Robert Frost Commons

11801 NE 140<sup>th</sup> ST

Kirkland, WA 98034

- Table Fee \$40 each.
- Checks payable to the Robert Frost PTSA
- Home based businesses are first come first serve, no duplicates.
- Sign-ups and checks due to Rachael Good by November 15, 2011.
- All vendors should arrive at 9am to set up and expect to tear down from 2-3pm.
- All vendors are required to provide their own extension cords and power strips.

-----  
Name: \_\_\_\_\_

Business Name: \_\_\_\_\_

Items to be sold: \_\_\_\_\_

Phone number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Comments: \_\_\_\_\_

Number of tables needed @ \$40/table \_\_\_\_\_

Do you need an outlet? Yes \_\_\_\_\_ No \_\_\_\_\_

# PTA<sup>®</sup> Reflections unleashes your artistic talents

Dance Choreography

Photography

Film Production

Musical Composition

Literature

Visual Arts

## 2011-2012 Theme: Diversity Means...

Reflect on the theme. Create an original work. Be recognized.

**Deadline for entries: November 7, 2011**

For details, contact [cassandrasage@yahoo.com](mailto:cassandrasage@yahoo.com)

Entry Forms on the  
Robert Frost Homepage

Soon!

[www.lwsd.org/frost](http://www.lwsd.org/frost)

National Media Sponsor of PTA Reflections Program

**parenting**  
school years

  
PTA REFLECTIONS<sup>SM</sup>





# Watch DOGS Pizza Night Invite



**Attention All 'DADS' of  
*FROST* Students!**

## Watch DOGS Pizza Night Event! FREE Pizza, Drinks and Fun!

Fathers and Father-figures,

On **Thursday, October 13, 2011** from **6:00 – 7:00 pm** we will be having our **2<sup>nd</sup>** annual Watch DOGS Pizza Night at our school. You will meet in the school cafeteria at **6:00 pm** for **FREE** pizza and drinks. At **6:30** we will have a presentation about our **WATCH D.O.G.S.® (Dads Of Great Students) Program**. **WATCH D.O.G.S.®** is an innovative program being used by schools across America. Through the program our students will be positively impacted by the committed involvement of fathers and father-figures. Our goal is to have you spend at least one day this year at the school being a positive male role model and to provide an extra set of eyes and ears.

Dads, granddads, uncles, step-dads and adult brothers . . . this is your chance to have a night out alone with your student in a fun atmosphere at school.

In order to participate, you need to do two things:

1. Fill out the bottom portion of this slip and return it with your student by **10/1/11** saying that you will attend the pizza night so we'll have an accurate head count for the food.
2. Mark your calendars, and we'll see you **October 13, 2011** from **6:00 – 7:00 pm**.

Sincerely,

**Stephanie Marshall, Frost School Counselor**

Please Print Legibly to Complete and Return Bottom Portion to School by **10/1/11** Return one form per family!

### Watch DOGS Pizza Night RSVP – Return to Mrs. Marshall

     **Yes!!! We'll be there!**                      (#)      of 'Dad' and students attending

Father/Father-figure Name \_\_\_\_\_ Email \_\_\_\_\_

Phone(s): Home \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_

Student(s) Name \_\_\_\_\_ Teacher's Name \_\_\_\_\_

Student(s) Name \_\_\_\_\_ Teacher's Name \_\_\_\_\_

Student(s) Name \_\_\_\_\_ Teacher's Name \_\_\_\_\_