

Lake Washington School District  
Emergency Seizure Plan

Student name: \_\_\_\_\_

School year: \_\_\_\_\_

**DESCRIPTION: GRAND MAL SEIZURE IS OCCURRING**

TREATMENT

1. DO NOT TRY TO STOP THE SEIZURE.
2. DO NOT PUT ANYTHING IN CHILD'S MOUTH
3. STAY WITH THE CHILD.
4. IF POSSIBLE MOVE ANY HARD OR SHARP OBJECTS AWAY FROM THE CHILD.
5. HELP THE CHILD ONTO THE FLOOR ONTO HIS SIDE OR TURN HIS FACE TO TO THE SIDE-TO KEEP HIS AIRWAY OPEN.
6. PLACE SOMETHING SOFT UNDER THE CHILD'S HEAD.
7. NOTIFY 911 UNLESS A RELEASE HAS BEEN SIGNED BY DOCTOR.
8. NOTIFY 911 EVEN IF A RELEASE HAS BEEN SIGNED IF---
  - ANOTHER SEIZURE BEGINS SOON AFTER THE FIRST
  - THE CHILD DOES NOT REGAIN CONSCIOUSNESS AFTER CESSATION OF JERKING MOVEMENTS
  - RESPIRATORY DISTRESS OR TROUBLE BREATHING
  - OTHER CONCERNS
9. NOTIFY PARENTS.
10. NOTIFY NURSE
11. DOCUMENT THE TIME AND LENGTH OF THE SEIZURE AND WHAT OCCURRED.